EXCEL STANDARD SOCIAL STUDIES

PUPIL'S BOOK 6

FIRST EDITION

BY

EXCEL PUBLISHERS

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For Excellence in Social Studies

ACKNOWLEDGEMENT

Developing a book of this nature requires a lot of support from colleagues, friends and family. I would like to register my deep-rooted gratitude to the following people for their unlimited assistance offered towards the completion of this book.

All teachers of Social Studies in Victoria Mutundwe Primary School and Makindye Junior school with whom I worked at various levels for their positive advice and criticism.

All authors whose books we used and consulted during our research for some of the materials in this book.

We do sincerely regret any mistakes which may be found anywhere in this book. It is not intended to be part of this book but accidental.

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PREFACE

Excel Standard Social Studies, Pupils' Book Six has been developed basing on the revised Primary Six Social Studies Syllabus as prescribed by the new curriculum of the National Curriculum Development Center (NCDC). The book contains accurate, relevant and current information covering all topics in all terms of the year in their order. It is intended to guide both teachers and learners.

The pupil's book cares for the interests of the learners in terms of simple and concise language used, simplified content to cater for all learners with different abilities and clear illustrations to make learning enjoyable through observation. Key words for each topic have also been included in order to enrich the learner's vocabulary and mastery of concepts.

The topics have well organized, relevant, and easy to understand notes and facts. It is written in a simple language and is well aided with maps and illustrations/diagrams where necessary to ease understanding.

The book is remarkably precise but detailed in content with no fact left hanging. It has been mainly written for Primary Six in a language that is suitable for both rural and urban Pupils. The book can therefore be used with minimum teacher guidance.

The book has inbuilt and continuous assessment activities at the end of topic. These questions are to help the learners to test their understanding of the concepts covered and are to enable the teacher to track progress as coverage goes on. This also makes the book convenient for individual and class learning by the pupils.

The content of the book has been enriched to enable learners get solutions to the three main levels of assessment at primary level that is to say: Knowledge, Comprehension and Application.

The book is intended to provide learners with knowledge, skills and the desired attitudes and values of Social Studies and the Environment that are important to prepare learners for final assessment of the primary level.

The book is written and developed by experienced teachers of Social Studies and Religious Education and we welcome all comments on the publication with an open mind for the improvement in the teaching and learning of Social Studies. Comments and orders can be communicated directly through the following contacts.

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THEME: LIVING TOGETHER IN EAST AFRICA

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TOPIC 1: **EAST AFRICAN COMMUNITY**

LOCATION OF THE EAST AFRICAN COMMUNITY MEMBERSTATES

- Location is the determination of features where they are found.

Ways of locating places on a map

- ❖ By using the grid reference system.
- ❖ By using the compass direction.
- ❖ By using neighbourhood.

Ways of locating direction of places

- ❖ By using the position of the sun.
- ❖ By using land marks.
- ❖ By using a compass.

Locating places using the grid reference system.

- Grid reference system is the method of locating place using lines of latitude and lines of longitude.
- East African Community (EAC) member countries are located between lines of latitude 12°S, 13°N and lines of longitude 24°E,42°E

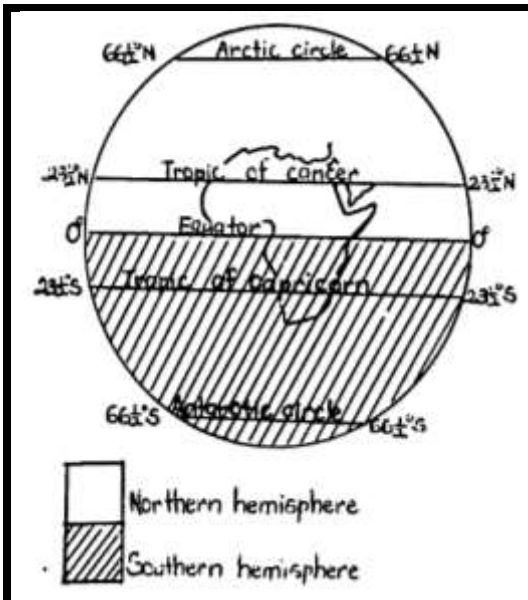
LINES OF LATITUDE

- Lines of latitude are imaginary lines drawn on a map or globe from West to East.
- Latitude is the distance in degrees North or South of the equator.
- Parallels is the general name given to lines of latitude.
- They are called parallels because they do not meet at any point.
- All lines of latitudes are measured in degrees.

Major lines of latitude.

- The Equator (0°)
- Tropic of Cancer (23½°N)
- Tropic of Capricorn (23½°S)
- Arctic circle (66½°N)
- Antarctic circle (66½°S)

A diagram showing the position of major lines of latitude.



The Equator

- The Equator divides the world into two equal parts (hemispheres)
- The Equator is marked 0° because it is the starting point for all latitude readings.
- The Equator is the most important line of latitude because it crosses the world at the centre.
- All countries which are crossed by the equator lie in both the Northern and Southern hemisphere.
- *A hemisphere* is a half part of the world as divided by the equator or prime meridian.
- The area between the Tropic of cancer and the Tropic of Capricorn is called the *Tropical region*.
- The equator crosses lake George and lake Victoria in Uganda.

Learning activity.

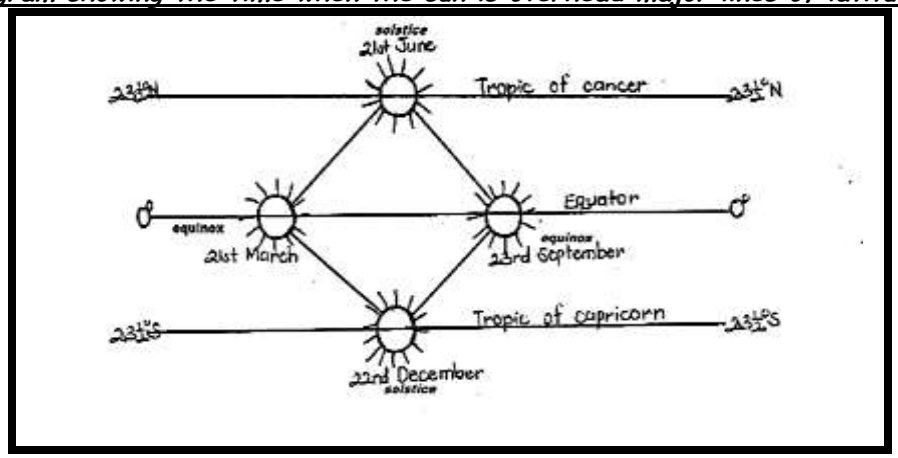
Use the political map of East Africa in your Atlas and identify all East African countries that;

(i) are crossed by the Equator.
(ii) completely lie in the Northern hemisphere
(iii) completely lie in the Southern hemisphere.
(iv) lie in both the Northern and the Southern hemisphere

Note:

- ✓ *During the revolution of the earth around the sun, the sun is overhead the Equator on March 21st and September 23rd.This period is called Equinox.*
- ✓ *The revolution of the earth is the movement of the earth around the sun.*
- ✓ *The revolution of the earth* ***causes changes in seasons.***
- ✓ *During this time, the night and day time period worldwide is equal, sometimes high temperatures is experienced and heavy rainfall is received along the equator.*
- ✓ ***Tropical region*** *is the area of land lying between the Tropic of cancer and Tropic of Capricorn.*
- ✓ ***Equinox*** *is the time of the year when the sun is overhead the equator.*
- ✓ ***Solstice*** *is the time of the year when the sun is overhead the tropics.*

A diagram showing the time when the sun is overhead major lines of latitude.



- **As the earth revolves the earth/moves around (orbits) the sun, it is tilted at 0°. The point is in a fixed direction.**
- **Therefore in March and September the areas along the equator point towards the sun and receive sunlight for long hours causing a lot of heat in those places.**
- **The revolution of the earth takes 365 days(1 year).**

Effect of the earth's revolution.

-It causes changes in seasons e.g spring, autumn, winter and summer seasons

NB: *Uganda experiences only two seasons i.e.wet season and dry season.*

The rotation of the earth

- **The rotation of the earth is the turning of the earth on its axis. It takes 24 hours for the earth to make a complete turn.**
- **The rotation of the earth is seen in the rising and setting of the sun.**
- **Places far in the East see the sun earlier than those in the West because the earth rotates from West to East.**
- **The Rotation of the earth on its axis causes days and nights.**

Other effects of the rotation of the earth

- ❖ **It causes formation of tides.**
- ❖ **It changes the direction of wind.**
- ❖ **It causes ocean currents.**

Neighbours of the EAC crossed by the equator

- ❖ **Somalia**
- ❖ **Democratic Republic of Congo(D.R.C)**

Importance of lines of latitude.

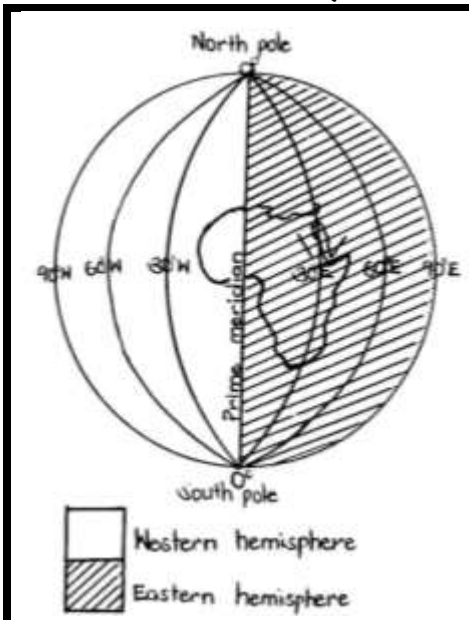
- ❖ **They help to determine the climate of an area.**

LINES OF LONGITUDE

- These are imaginary lines drawn on a map or globe from the North pole to the South pole.
- Longitude is the distance in degrees East or West of the Prime meridian.
- Meridians is the general name given to lines of longitude.

Major lines of longitudes

- Prime meridian/Greenwich meridian (0°)
- International Date Line (180°E or W of the Prime meridian)



The Prime meridian/ Greenwich meridian

- The Prime meridian is also called the *Greenwich meridian* because it crosses Greenwich town in London.
- The Prime meridian is marked 0º because it is the starting point for all longitude readings.
- The Prime meridian divides the world into the Eastern and Western hemisphere.
- All countries crossed by the Prime meridian lie in both the Eastern and Western hemisphere.

Countries in Africa crossed by the prime meridian

-Algeria -Mali -Ghana -Burkina Faso

NOTE;

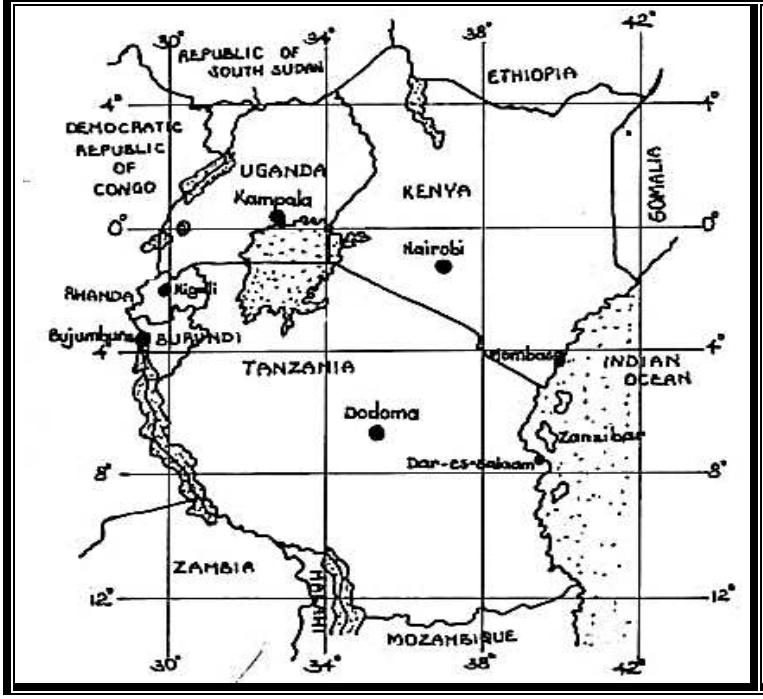
- ***Accra,*** *Ghana is a city in West Africa which is crossed by the Prime meridian.*
- *The Prime meridian helps in telling international time.*
- *The International dateline separates one day from the next day.*

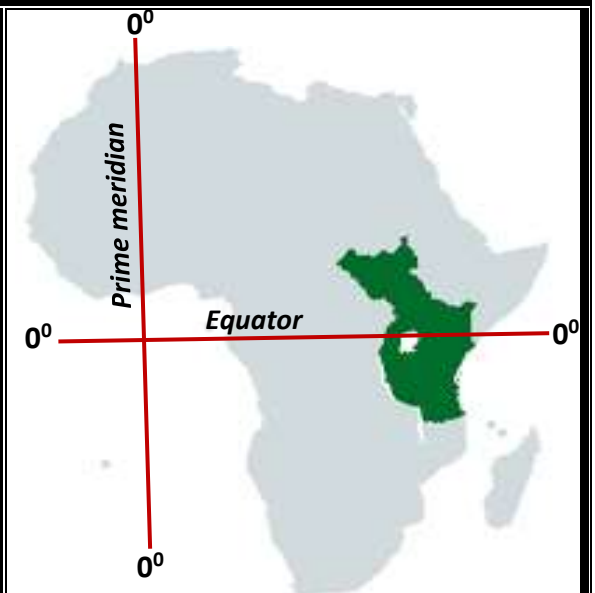
e.g. East of the Greenwich meridian may be Friday while West of it is Thursday.

East africa completely lies in the Eastern hemisphere.

- *Lines of longitude help to determine time zones.*
- ***Both lines of longitude and lines of latitude help in locating places on a map.***

Location of lines of longitude and lines of latitude on the map of East Africa.





Location of the EAC member states on the map of Africa

Finding time according to Greenwich Mean Time (G.M.T)

- **The earth makes a full rotation of 360° in 1 day(24hours). Therefore the earth moves 15° in every 1 hour.**
- **Every 15°Eor W of the prime meridian is a time zone.**
- **Different regions in the world have different time zones according to the distance from the prime meridian.**
- **Places in the same time zone have the same standard time.**
- **East African countries like Uganda, Kenya and Tanzania have the same time because they lie in the same time zone. The time zone for Uganda, Kenya, and Tanzania is known as the East African Standard Time. The three countries lie at longitude 45°.**

How to calculate time using the lines of longitude.

Points to note when calculating time in any given country.

- ✓ *When you travel 15^0 westwards, you lose an hour while travelling 15^0 eastwards makes you gain an hour.*
- ✓ *We usually add **(+)** hours for places which are in the East and subtract **(-)** the time when finding the time for places which are in the West.*
- ✓ *Changing of the time to and from **24hr** clock (by either adding or subtracting 12 hrs) affects the units in which the time is given.(ie. From am to pm and viceversa).*
- ✓ *Time in each time zone is calculated basing on the Greenwich mean time (GMT) which is at 0^0 longitude.*

Example 1.

Find the time in East Africa which is 45^0 if it is 2:00pm at GMT.

Solution,

15^0=1hr

45^0=($\frac{45}{15}$) hrs.

=3hrs

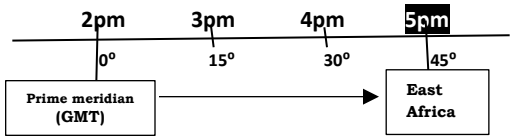
Time in East Africa=2:00pm

+3.00hrs

5:00pm

*Therefore, time in East Africa is **5:00pm.***

OR:



*Therefore, time in East Africa is **5:00pm***

Example 2.

What time will it be in a country which is 60^0W if it is 2:00pm in Ghana?

Solution,

15^0=1hr

60^0=($\frac{60}{15}$) hrs

=4hrs

Time in that coutry is = 2:00pm (+12hours)

-4.00hrs

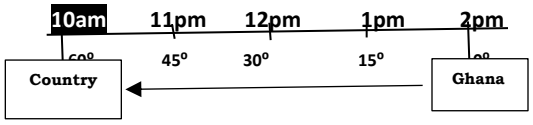
=14.00hrs

-4.00hrs

10:00am

*Therefore, the time in that country will be **10:00am**.*

OR:



*Therefore, time in that country will be **10:00am***

THE HISTORICAL BACKGROUND OF THE EAST AFRICAN COMMUNITY.

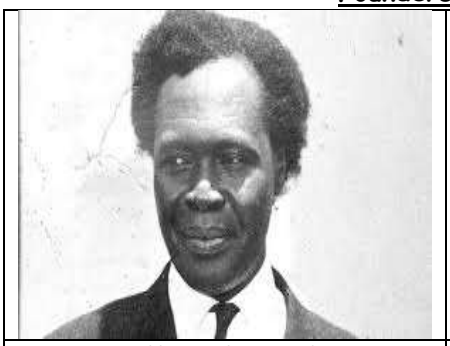
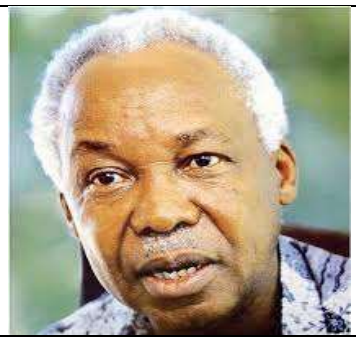
- **The East African Community is a group of countries in Eastern Africa that are united to promote trade. It is an example of common markets or regional groupings.**
- **It is an inter-governmental organisation meaning it brings several states together.**
- **The EAC was formed on 1st December 1967 to replace the East African Common Services Organisation. The East African Common Services organisation had been formed in 1961.**
- **The EACSO had its headquarters at Nairobi in Kenya.**

- The EACSO replaced the East African High Commission (EAHC) which had been formed in 1946 after the second world war.
- Creech Jones, the British colonial secretary in East Africa by then, advocated for the formation of the EAHC.

The EAC as a common market

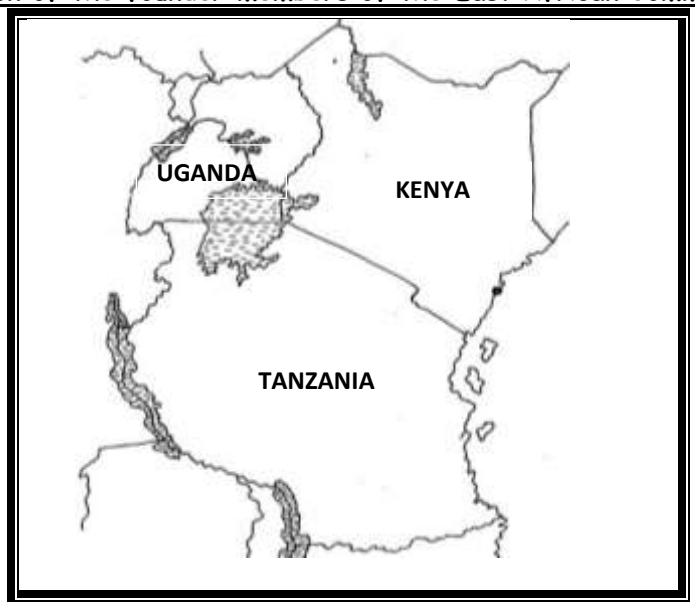
- A Common market is an organisation that brings countries together with an aim of promoting trade.
- It can also be called a regional economic grouping or an economic bloc.

Founders of the East African Community

		
Apollo Milton Obote	***Jomo Kenyatta***	***Julius Nyerere***

Founder member of EAC	*Founder of EAC*
• Uganda • Kenya • Tanzania	• Dr.Apollo Milton Obote • Mzee Jomo Kenyatta • Mwalimu Julius Kambarage Nyerere.

Location of the founder members of the East African Community



Reasons for the formation of the East African Community (Objectives/ Aims of EAC)

- To promote regional trade.
- To set up a similar currency value.
- To have common taxes on goods for similar prices.
- To equally share the services of the former East African Common Services Organisation.
- To widen market for goods from member states.
- To promote cooperation and unity among the member states.
- To promote easy movement of goods and people across borders of the member states.

Departments of the former East African Community and the services they provided.

Department	*Headquarters*	*Services Provided*
East African Development Bank (EADB)	Kampala	-It funded developmental projects of the member states. -It provided loans to member states.
East African Flying School (EAFS)	Soroti	-It trained pilots of the East African Airways.
East African Airways (EAA)	Nairobi	-It provided air transport. -It was responsible for development of airports and airfields.
East African Examinations Council (EAEC)	Nairobi	-It was responsible for setting, marking and releasing examination results.
East African Railways and Harbours(EARH)	Nairobi	-It dealt with railway and water transport.
East African Posts and Telecommunication Cooperation (EAPTC)	Kampala	-It provided telephone services and delivered letters and parcels.

Other departments of the defunct EAC.

- East African Income Tax- Nairobi
- East African Industrial Research- Nairobi
- East African Meteorological Department- Nairobi
- East African Customs and Excise Duty- Mombasa
- East African Marine Fisheries Research- Zanzibar
- East African Institute of Medical Research- Mwanza
- East African Civil aviation Board- Arusha
- East African Virus Research Institute- Entebbe
- East African Railway Repair Workshops- Kisumu
- East African Fresh Water Fisheries Research- Jinja
- East African Trypanosomiasis Research- Tororo
- East African Literature Bureau- Nairobi
- East African School of Library and Information Science- Nairobi

Achievements of the former EAC 1967-1977.

- It helped to start industrial projects through the EADB.
- It promoted regional cooperation through its common services.
- It promoted peace and unity among the member states.
- It created a wider market for goods from member states.

THE COLLAPSE/DISINTEGRATION OF THE EAST AFRICAN COMMUNITY IN 1977

Reasons why the EAC collapsed

- Political and ideological difference.
- Declaration of Idi Amin Dada to take control of the Western part of Kenya.
- Harassment of Kenyans in Tanzania
- Misunderstandings among the three heads of state of the EAC.
- Economic imbalances / unequal distribution of resources among the member states .
- Shortage of funds to facilitate its activities.
- The closure of border between Kenya and Tanzania.

Heads of state of the EAC member states at the time of its collapse.

- Idi Amin dada
- Jomo Kenyatta
- Julius Kambarage Nyerere

		
Idi Amin Dada	***Jomo Kenyatta***	***Julius Nyerere***

Effects of the collapse of the EAC

- ❖ **It led to decline in trade.**
- ❖ **It restricted the movement of people and goods in East Africa.**
- ❖ **It led to mistreatment of people from member states .**
- ❖ **It led to enmity among the East African countries.**
- ❖ **The community assets were shared.**
- ❖ **It became difficult for Uganda to access her neighbours' sea ports.**

Departments that survived the collapse of the EAC.

- **East African Development Bank.**
- **East African Flying School**
- **East African School of Library and Information Science.**

Problems that were faced by the East African Community.

- ❖ **Shortage of funds to run its activities.**
- ❖ **Political and ideological difference.**
- ❖ **Military coup in Uganda.**
- ❖ **Production of similar goods.**
- ❖ **Internal conflicts.**
- ❖ **Absence of a common language.**
- ❖ **Absence of a common currency.**

REVIVAL OF THE EAST AFRICAN COMMUNITY IN 2001.

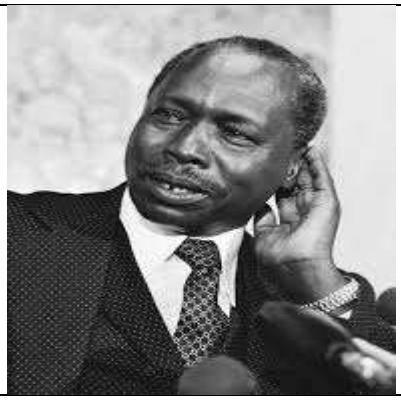
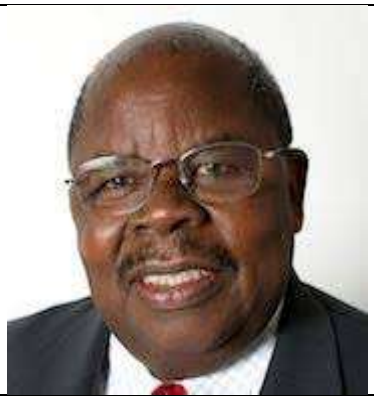
- **The final agreement to revive the East African Community was signed on 30th November,1999.**
- **It was signed at Amri Abeid Memorial stadium in Tanzania.**

Note:

-The East African Community was called the ***East African Cooperation*** *from 1993-1999.*

Presidents who revived the East African Community.

- **Yoweri K. Museveni of Uganda.**
- **Daniel Arap Moi of Kenya.**
- **Benjamin Mkapa of Tanzania.**

		
H.E Yoweri Museveni	***Daniel Arap Moi***	***Benjamin Mkapa***

Reasons why the East African Community was revived.

- ❖ To have common taxes on goods.
- ❖ To reduce smuggling of goods.
- ❖ To have a common currency in East Africa.
- ❖ To promote peace and security in the region.
- ❖ To promote cooperation and unity among the member states.
- ❖ To promote easy movement of people and goods across borders of the member states.
- ❖ To reduce on trade barriers.

The Expansion of the East African Community

- Rwanda in 2007
- Burundi in 2007
- South Sudan in 2016

Reasons why Rwanda, Burundi and South Sudan joined the East African Community.

- ❖ To easily handle oversea goods through port Dar-es -salaam and Mombasa.
- ❖ To enjoy free movement of people and goods among member states.
- ❖ To get a wider market for their goods.
- ❖ To get some goods they do not produce.
- ❖ To promote cooperation and friendship with their neighbours.

The current member states of the East African Community.

Country	*Capital City*	*President*	*Currency Used*	*Area of land (km2)*
Tanzania	Dodoma	John Pombe Magufuli	Tanzanian shilling	945,087
Uganda	Kampala	Yoweri Kaguta Museveni	Ugandan shilling	241,037
Kenya	Nairobi	Uhuru Kenyatta	Kenyan shilling	580,367
Rwanda	Kigali	Paul Kagame	Rwandan Franc	26,338
Burundi	Gitega	Evariste Ndayishimiye	Burundian Franc	27,834
South Sudan	Juba	Salva Kiir Mayardt	South Sudanese pound	619,745

Note:- *The largest country among the EAC member states is* ***Tanzania.***
-The smallest country among the EAC member states is ***Rwanda.***

A map showing the location of the current East African Community member states.



Benefits of the East African Community.

a) To an individual/ people of East Africa.

- ❖ It has created employment opportunities for people.
- ❖ People are able to get goods that is not produced in their countries.
- ❖ It has widened market for traders' goods.
- ❖ It has allowed free movement of people and goods across borders.
- ❖ It has reduced taxes imposed on their imported goods.

b) To member states of EAC.

- ❖ It has promoted cooperation and unity among member states.
- ❖ It has promoted peace and stability in the member states.
- ❖ It has created a wider market for goods produced in the member states.
- ❖ It has enabled land locked member states to access sea ports.

c) To non-member states of EAC.

- ❖ It has created a wider market for their goods.
- ❖ The EAC member countries provide skilled labour to non-member states of EAC.
- ❖ The EAC member countries provide security to non-member states of EAC.
- ❖ The EAC member states provide jobs to people from non-member states of EAC.

LAND LOCKED MEMBER STATES OF THE EAC

- **A land locked country is a country without a coastline.**
- **Land locked countries are completely surrounded by other countries.**

Member states of EAC which are land locked.

- Uganda
- Burundi
- Rwanda
- South Sudan

Neighbouring countries of the EAC which are land locked.

- Ethiopia
- Malawi
- Zambia
- Central African Republic (C.A.R)

Problems faced by land locked countries.

- ❖ Delay of oversea goods in transit.
- ❖ High taxes charged on imported oversea goods.
- ❖ High transport costs when importing and exporting goods.
- ❖ High prices for imported goods.

Possible solutions for the above challenges.

- ❖ By joining the regional grouping.
- ❖ By improving on the air transport system.
- ❖ By encouraging local industrial production.
- ❖ By cooperating with non-land locked countries.
- ❖ By building modern road networks.
- ❖ By using various sea ports when importing and exporting goods.

NON-LAND LOCKED COUNTRIES.

- **A Non-land locked country is a country which has coastline.**

Non-land locked member states of the EAC.

- Tanzania
- Kenya

Neighbouring countries of the EAC which are non-land locked.

- Mozambique
- Democratic Republic of Congo (D.R.C)
- Sudan
- Somalia

Major sea ports that handle East Africa's goods.

- Port Mombasa
- Port Dar-es-salaam
- Port Matadi in Democratic Republic Of Congo

Benefits enjoyed by non-land locked countries.

- They pay low taxes on imported goods.
- Their oversea goods do not delayed in transit.
- They meet less transport costs when importing their oversea goods.
- They get taxes through taxing goods of land locked countries that pass through them.

ORGANS OF THE EAST AFRICAN COMMUNITY.

- The Summit
- The Council of Ministers
- The Secretariat
- The East African Legislative Assembly (EALA)
- The East African Court of Justice (EACJ)
- The Coordinating committee
- The Sectoral committee

The Summit

- It is the topmost organ of the EAC.
- It is composed of the heads of state of the EAC member states.
- Its main role is to direct the activities of the EAC.
- It is headed by the chairperson.
- The current chairperson of the EAC is _____.

The Secretariat.

- The secretariat is based in Arusha, Tanzania.
- It is headed by the secretary general.
- It runs the daily affairs of the EAC.
- The current secretary general is Dr. Liberat Mfumukeko.

Duties of the secretary general.

- To administer and manage the finances of the EAC.
- To give information on the community programmes to stake holders and general public.
- He/she monitors the community activities.
- Mobilises funds from development partners to implement community projects.
- Prepares and submits the budget of the EAC.

Secretary Generals of the EAC from 1996

Name	*Year*	*Country*
Francis Muthaura	1996-2001	Kenya
Amanya Mushega	2001-2006	Uganda
Juma Mwapachu	2006-2011	Tanzania
Dr. Richard Sezibera	2011-2016	Rwanda
Dr.Liberat Mfumukeko	2016-to date	Burundi

The Council of Ministers.

- It is composed of ministers of foreign affairs from each member state.
- Its role is to make decisions on behalf of the summit.
- It monitors the implementation of the EAC policies.

The Sectoral committee.

- Its members are appointed by the council of ministers.
- It prepares development programmes.
- It monitors the implementation of the policies of the EAC.

The Co-ordinating committee.

- It consists of the permanent secretaries for ministers of regional co-operation from each member state.
- It reports to the council of ministers.
- It implements the decisions of the council of ministers.
- It coordinates the activities of the sectoral committee.

East African Legislative Assembly (EALA)

- It serves as the parliament of the EAC.
- It makes laws for the EAC.
- It is made up of members of parliament, 9 from each member state.
- It is headed by the speaker.
- The current speaker of the EAC is Hon. Martin Ngoga.
- It discusses and approves the EAC budget.

Speakers of EALA since the revival of the EAC.

Name	*Year*	*Country*
Abdulrahman Kinana	2001-2006	Tanzania
Abdirahim Abdi	2006-2011	Kenya
Margaret Nantogo Zziwa	2012-2014	Uganda
Hon.Daniel Fred Kidega	2014-2017	Uganda
Hon.Martin Ngoga	2017-present	Rwanda

The East African Court of Justice.

- It is headed by the president.
- The current president of the EACJ is Emmanuel Ujirashebuja.
- It promotes human rights among the EAC member states.
- It settles disputes among member states.

Departments of the current East African Community.

- Lake Victoria Basin Commission (LVBC)
- Inter-University Council of East Africa(IUCEA)
- Civil Aviation Safety and Security Oversight Agency.(CASSOA)
- Lake Victoria Environment Programme (LVEP)
- Lake Victoria Fisheries Organisation (LVFO)
- East African Development Bank (EADB)
- East African Flying School (EAFS)

Problems/ challenges facing EAC as a common market

- Lack of a common language.
- Shortage funds to finance its activities.
- Production of similar goods.
- Absence of a common currency.
- Desire for prestige by some member states.
- Political differences among member states.
- Political instability in some among member states.
- Importation of low quality goods.
- Poor transport and communication.

Suggested solutions to challenges facing common markets in east Africa

- By forming a joint army to promote security in the region.
- By forming economic partnerships with other regional groupings.
- By adopting a common language like Kiswahili.
- By promoting good governance and democracy in the region.
- By improving the transport and communication network.

Ways regional bodies promote trade.

- By promoting free trade zones.
- By promoting peace and security in the region.
- By organising trade fares.
- By widening market for goods and services.

- ❖ By developing a common taxation policy.
- ❖ By promoting free movement of people and goods across borders of the member states..
- ❖ By developing a common currency.

SYMBOLS OF THE EAST AFRICAN COMMUNITY.

- The EAC flag
- The EAC anthem
- The EAC constitution
- The EAC motto
- The EAC emblem

The East African Community Flag



- ➢ The EAC has six colours and an emblem in the middle.
- ➢ The Blue background represents the waters of lake Victoria.
- ➢ White, Black, Green, Yellow, and Red colours are taken from the flags of the EAC member states to signify their cooperation.

Places where the EAC flag can be raised.

- Schools
- Embassies and High Commissions of the Member States
- Airports
- Hospitals
- Public offices

Note:- *The EAC motto is **One People One Destiny**. It encourages unity among people of the EAC.*

Importance of the EAC flag.

- ❖ It promotes regional unity.
- ❖ It promotes regional identity.
- ❖ It promotes patriotism.

The EAC emblem.



- ➢ *A Map of East Africa in the middle of the EAC emblem. It reminds of the EAC cooperation.*
- ➢ *The industrial wheel represents the industrial growth as a common goal in the region.*
- ➢ *The arch of leaves represents the rich vegetation and agricultural production among the member states.*
- ➢ *The hand shake represents unity and friendship among the member states.*
- ➢ *The words "**JUMUIYA YA AFRIKA MASHARIKI**" translated as "East African Community" means the cooperation of the countries of East Africa.*

THE EAST AFRICAN COMMUNITY ANTHEM.

- It is called Wimbo wa Jumuiya ya Afrika Mashariki.
- The EAC anthem started to be used on 3rd December 2010.
- It has three stanzas.

- It was composed by;
  - John Mugango from Tanzania.
  - Wasswa Joseph from Uganda.
  - Richard Kadhambi from Kenya.

Occasions where EAC anthem is sung

- School assemblies
- During parliamentary sessions.
- At official ceremonies
- Start of public functions.

Importance of the EAC anthem.

- It promotes regional unity.
- It promotes love for God.
- It promotes friendship among the EAC member states.
- It promotes patriotism and hard work.

EAST AFRICAN COMMUNITY ANTHEM

Kiswahili Version	*English Version*
Stanza 1 Ee Mungu twaomba ulinde Jumuiya Afrika Mashariki Tuwezeshe kuishi kwa amani Tutimize na malengo yetu *Chorus* *Jumuiya Yetu sote tuilinde* *Tuwajibike tuimarike* *Umoja wetu ni nguzo yetu* *Idumu Jumuiya yetu.* *Stanza 2* Uzalendo pia mshikamano Viwe msingi wa Umoja wetu Natulinde Uhuru na Amani Mila zetu na desturi zetu. *Stanza 3* Viwandani na hata mashambani Tufanye kazi sote kwa makini Tujitoe kwa hali na mali Tuijenge Jumuiya bora.	*Stanza 1* Oh God we pray For preservation of the East African Community; Enable us to live in peace; May we fulfill our objectives; *Chorus* We should protect/guard our community We should be committed and Stand strong Our unity is our anchor Long live our community *Stanza 2* Patriotism and togetherness Be the pillars of our unity May we guard our independence And peace Our culture and traditions *Stanza 3* Industries and farms We should work together We should work hard We should build a better community.

NATIONAL SYMBOLS OF EACH EAC MEMBER STATE.

UGANDA'S NATIONAL SYMBOLS

THE UGANDA NATIONAL FLAG



- The Uganda National Flag was designed by Grace Ibingira
- The Uganda national flag has three main colours i.e. black ,yellow ,red.
- A crested crane in a white circular background is at the centre of the flag. The white background represents peace.

	➢ **The Uganda national flag promotes national identity.**

Meaning of each colour on the Uganda National Flag.

- **Black represents the dark-skinned people of Uganda. It symbolises the African race of Ugandans.**
- **Yellow represents the abundant sunshine received in Uganda. It also represents the warm climate experienced in Uganda.**
- **Red represents the international brotherhood.**
- **White stands for the peace enjoyed in Uganda.**

THE UGANDA NATIONAL COAT OF ARMS.



- *Uganda coat of arms is composed of a shield and two spears on a green hill with the Uganda kob on the left and the crested crane on the right. It is designed using symbols that summarise important ideas and things Uganda holds.*
- *It is found on official documents, the national currency, parliament, the government seal and the president's official car.*
- *It is also hung in government institutions like courts and offices to symbolise power and authority.*
- *The Uganda coat of arms was designed by* ***Paul Mukasa.***
- *The Uganda coat of arms acts as a public seal of Uganda.*
- *The public seal is used to signify the official nature of government documents that bear its stamp.*

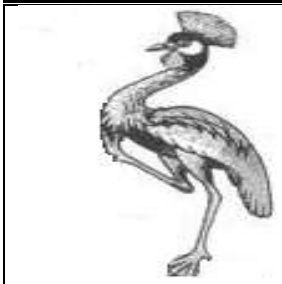
Meaning of features found on the Uganda coat of arms.

- **The spears and shield represents the traditional means of defence.**
- **The blue stripes at the top represents the water bodies in Uganda.**
- **The blue stripes at the bottom of the shield represent the source of River Nile found in Uganda.**
- **The sun represents the abundant sunshine received in Uganda or warm climate experienced in Uganda.**
- **The drum represents the traditional means of communication. It also represents the culture of the people of Uganda.**
- **The black colour on the shield symbolises the African race of Ugandans.**
- **The kob represents the rich/abundant wildlife in Uganda.**
- **The crested crane represents the gentleness and peaceful nature of the people of Uganda.**
- **Coffee and cotton on the green hill show the traditional cash crops grown in Uganda. It also shows that Uganda is an agricultural country.**
- **The green colour represents the abundant vegetation of Uganda.**
- **The green hill represents the many physical features of Uganda.**
- **The national motto "For God and My Country" signifies that the people of Uganda are God fearing.**

THE UGANDA NATIONAL ANTHEM

1. Oh Uganda! may God uphold thee, We lay our future in thy hand. United, free, For liberty Together we'll always stand. 2. Oh Uganda! the land of freedom. Our love and labour we give, And with neighbours all At our country's call In peace and friendship we'll live. 3. Oh Uganda! the land that feeds us By sun and fertile soil grown. For our own dear land, We'll always stand: The Pearl of Africa's Crown.	➢ **"Oh Uganda, land of beauty" is the country's official song. It was composed by George Wilberforce Kakoma.** ➢ **It was first officially sung on independence day on 9th October 1962 by Makerere college school choir, conducted by a student Catherine Mwandha.** ➢ **The Uganda national anthem is sung and played during official functions. It symbolises the country's principles, hopes and goals.** ➢ **The Uganda national anthem has three stanzas . All the three stanzas are sung to open and close official and important functions.** ***NOTE:*** ✓ *If there are other anthems or prayers during a function, the national anthem is sung first, followed by other anthems and then a prayer. At the end of the function, other anthems are sung first and the national anthem is sung last to close the function.* ✓ *The Uganda national anthem promotes national unity.* ✓ *When singing the national anthem, people must stand at attention as a sign of respect.*

The Uganda National Emblem.

	• **The crested crane is the Uganda's national emblem. It signifies the gentleness and peaceful nature of the people of Uganda.** • **Its drawn when it is in motion to show that Uganda is moving forward in terms of development** **Why the crested crane was chosen to be Uganda's national emblem.** • **It is a beautiful bird.** • **It is a gentle bird.** • **It is a graceful bird.** • **It is a peaceful bird.**

THE NATIONAL FLAG AND COAT OF ARMS OF KENYA.







Features on the Kenya national flag and their meaning.	***Features on the Kenya national coat of arms and their meanings.***
➢ *Black colour represents the people of Kenya who are predominant Africans.* ➢ *White colour represents the peace enjoyed in Kenya.* ➢ *Red colour represents the blood that was shed during the struggle for independence.* ➢ *Green colour represents the land and its agricultural potential.* ➢ *Shield and spears represents the traditional weapons and readiness to defend and protect the country.*	➢ *Lions holding spears symbolises the courage, ability and strength of Kenyans to defend their country against external attacks.* ➢ *Cockerel symbolises the party that led Kenya to independence.* ➢ *Shield shows Kenya's readiness to defend her independence.* ➢ *Agricultural products represent Kenya's rich fertile soils.* ➢ *The motto "Harambee" is a call for people to cooperate and work together in building the nation.*

THE NATIONAL FLAG AND COAT OF ARMS OF TANZANIA.







Features of the Tanzania national flag and their meaning	**Features of the Tanzania coat of arms and their meaning.**
• *Black colour represents the African race of Tanzanians.* • *Green colour represents the abundant vegetation and fertile land of Tanzania.* • *Blue colour represents the various lakes, rivers and other water bodies found in Tanzania.* • *Golden colour represents the different minerals and other wealth found in Tanzania.*	• Golden colour represents the numerous minerals and other wealth which are found in Tanzania. • Red colour represents the fertile soils on which different crops are found. • Blue waves represents the different water bodies found in Tanzania. • Burning torch represents the freedom, independence and enlightment of the people of Tanzania. • Spear and shield represents the readiness of Tanzanians to protect and defend their country. • Axe and hoe represent the determination of Tanzania to promote agricultural development. • Cotton and cloves represents the traditional cash crops of Tanzania. They also represent Tanzania as an agricultural country. • Man and woman each holding an elephant tusk: represents the cooperation of Tanzanians to develop their country. • The motto of Tanzania: **"Uhuru na umoja"** means freedom and unity.

THE NATIONAL FLAG AND COAT OF ARMS OF RWANDA.



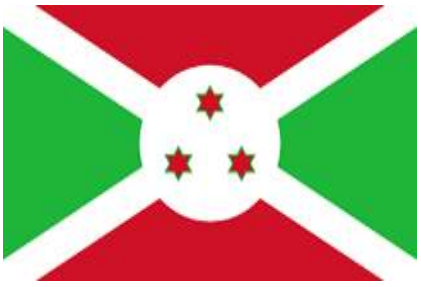




***Features on the Rwanda national flag and their meaning*.**	***Features on the Rwanda national coat of arms and their meaning*.**
• *Blue colour reperesents the peace and happiness enjoyed in Rwanda.* • *Yellow colour represents the economic development and mineral wealth.* • *Green colour represents Rwanda as an agricultural country with abundant vegetation.* • *The sun represents unity and enlightment of the people of Rwanda.*	• *Green ring with a knot represents the determination of Rwandans to develop through hard work.* • *Sorghum and coffee represents the agricultural potential of Rwanda.* • *Basket represents the traditional handcrafts,culture of saving, solidarity and sharing.* • *Cog wheel represents Rwanda's readiness to develop in the field of science,technology and industry.* • *Shields represents the traditional means of defence. They also represent patriotism and the people's readiness to defend the country.* • *The motto of Rwanda **"Ubumwe, Umurimo,Gukunda Iguhugu"** (Unity,work,and patriotism) represents the determination of Rwandans to work together in order to develop their country.*

THE NATIONAL FLAG AND COAT OF ARMS OF BURUNDI.







• ***Features on the Burundi national flag and their meaning*** • *Green colour represents the abundant natural resources in Burundi.* • *White colour represents hope and peace.* • *Red colour represents international brotherhood.* • *The three stars represents the three ethnic groups in Burundi ,the Hutu,Tusti and Batwa.*	• ***Features on the Burundi national coat of arms.*** • *Shield and spears represents the readiness of the people of Burundi to defend and protect their country.* • *National motto: Burundi's motto is in French**."Unite Travail Progres"(**Unity,Work,Progress.): it represents the unity and determination of the Burundians to work hard for the progress of their country.*

THE NATIONAL FLAG AND COAT OF ARMS OF SOUTH SUDAN.







Features on the national flag of South Sudan and their meaning. • *Black colour represents the African race of the people of South Sudan.* • *Red colour represents the blood that was shed in the liberation struggle.* • *Green colour represents the fertile land and natural resources.* • *Blue colour represents the waters of River Nile.* • *Yellow star represents the unity of states making up South South Sudan.*	***Features on the national coat of arms of South Sudan and their meaning.*** • *African fish eagle represents the people's resilience, vision and majesty.* • *Shield and two spears represents the people's readiness to protect their country.* • *The motto: **"Justice, Prosperity and Equality** ." represents the people's aspirations to live in a fair and just society in their country.*

Importance of national symbols

- **They promote national identity. They make countries look different from other countries.(they are used as symbols of identification.)**
- **They promote national unity eg.the anthem.**
- **They promote patriotism among people.**
- **They are used as symbols of independence.**

The neighbouring countries of the EAC

Country	*Capital City*	*Direction*
• Republic of Sudan	• Khartoum	• North
• Mozambique	• Maputo	• South
• Malawi	• Lilongwe	• South
• Democratic Republic of Congo	• Kinshasa	• West
• Ethiopia	• Addis-Ababa	• North West
• Somalia	• Mogadishu	• East
• Central African Republic (C.A.R)	• Bangui	• North West
• Zambia	• Lusaka	• South West



Testing Exercise.

1. Mention the commonest way of telling directions your community.
2. Give any two ways one can be able to locate places on a map.
3. Give the meaning of Lines of latitude.
4. Why are lines of latitude sometimes called "the parallels"?
5. Name the major line of latitude that crosses the East African Community member states.
6. What name is given to the region between the tropic of cancer and tropic of Capricorn?
7. Mention one neighbouring country of Uganda that lies in both the Northern and Southern hemisphere.
8. Why is the equator marked 0^0?
9. Give the meaning of the term Equinox.
10. State the effect of the Revolution of the earth around the sun.
11. Why do people living at Mombasa see the sun earlier than those ones at Kasese?
12. Mention the two months of the year when the sun is always overhead the equator.
13. What causes days and nights?
14. Name the line of longitude which helps in telling the international time.
15. Find the time in Rwanda which is 30^0W if it is 5:00pm in Ghana.
16. Name the British colonial secretary who advocated for the formation of the East African Community.
17. State any three reasons for the formation of the EAC in 1967.
18. Mention the three founder members of the EAC.
19. Name the organisation which was replaced by the EAC.
20. Which common market unites all East African countries?
21. Mention any two departments of the defunct EAC which had their headquarters in Uganda.
22. State any one achievement of the defunct EAC before it collapsed.
23. State any three reasons for the collapse of the EAC in 1977.
24. Give any two ways the collapse of the EAC affected international trade in the region.
25. Name the three heads of state at the time of the collapse of EAC.
26. Mention any two departments of EAC which survived as EAC collapsed in 1967.
27. Why is 30th November, 1999 remembered in the history of East African Community?
28. Name the three heads of state who revived the East African Community.
29. Give any three reasons why the heads of state of East African countries revived the EAC.
30. Mention the newest member state of the East African Community.
31. Give any two reasons why the above country joined the East African Community.
32. State any three ways the people of East Africa benefit from the East African Community.
33. Why is Uganda referred to as a land locked country?
34. Mention any three land locked member states of the East African Community.
35. State any three problems land locked countries like Uganda face.
36. How is Uganda similar to Rwanda in terms of location?
37. Mention any two seaports that handle imports and exports of East African countries.
38. State any one benefit Kenya enjoys over Uganda due to her location.
39. Mention any four organs of the East African Community.
40. State any three problems facing the East African Community.
41. Give any two ways the East African Community member states can solve the above challenges.
42. Give any three ways the East African Community has promoted trade in East Africa.
43. Mention any three symbols of the East African Community.
44. Write down the East African Community motto.

45. What does the blue colour symbolise on the East African Community flag?
46. Mention any two occasions when the East African Community anthem is normally sung.
47. Give the English meaning of the phrase "Jumuiya ya Afrika Mashariki".
48. Give one way a national anthem is important to a country.
49. What do the following features symbolise on the Uganda national coat of arms?
    (i) The Kob
    (ii) The drum
    (iii) Coffee and cotton
    (iv) The sun.
50. Why was the crested crane chosen as Uganda's national emblem?

THE PEOPLE OF EAST AFRICA.

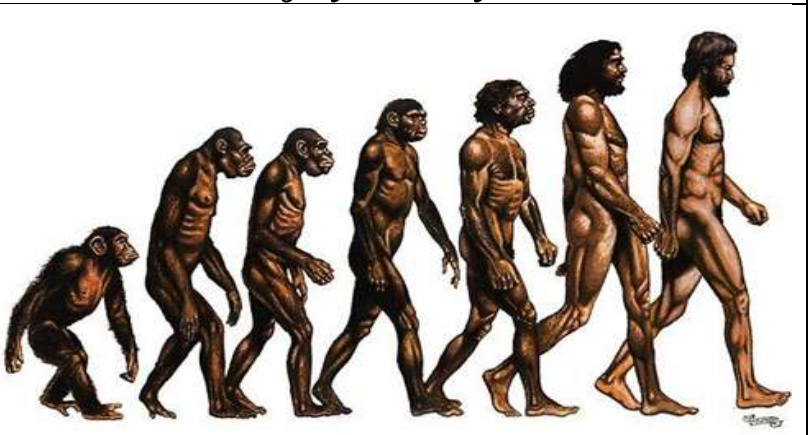
THE ORIGIN OF HUMAN BEINGS.

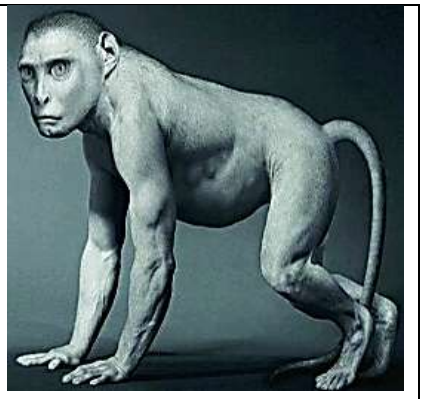
- History is the study of past events.
- History contains what man did, the way he lived, the tools he used and the way he adopted to the environment where he lived.
- It is through history that we can trace the origin of man.

Sources of history.

- Oral traditions
- Written history
- Linguistics
- Anthropology
- Archaeology

Stages of evolution of man





Homo habilis man

a) ORAL TRADITIONS

- Oral history refers to information about the past that is passed on from one generation to another by the word of mouth.
- It is the oldest form of keeping information.

Sources of Oral history.

- Legends
- Riddles
- Proverbs
- Poems
- Songs
- Tongue twisters

Advantages of oral traditions.

- It is cheap in terms of getting information.
- It promotes respect for elders.
- It encourages thinking among people.
- It favours the illiterates and the blind.

Disadvantages of oral traditions.

- Information can easily be changed.
- Information can easily be lost in case a person with information dies.
- Information depends on one's memory.

b) WRITTEN HISTORY

- **This is the information about the past that is put into writing.**
- **The period before written history was referred to as pre-historical period.**

Sources of written history.

- **Textbooks**
- **Newspapers**
- **Magazines**
- **Journals**

Advantages of written history

- **Information can be kept for future use or reference.**
- **Information can not be phased out.**
- **Information can not easily be changed.**
- **It gives the time when the events happened.**

Note: *Written history is the most accurate source of information.*

Disadvantages of written history.

- **It is expensive to record information.**
- **It caters for illiterates only.**
- **Some history may be changed by writers.**
- **It takes a long time to correct wrong information.**

c) LINGUISTICS.

- **This is the study and analysis of languages spoken by different people.**
- **Linguistics can help us tell when and how the languages spoken now in East Africa came into existence.**

d) ANTHROPOLOGY.

- **This is the study of people's culture.**
- **Anthropology is the social science that studies the origins and social relationships of human beings.**
- **Anthropologists give information about cultural systems like the ideas, beliefs and institutions.**

e) ARCHAEOLOGY.

- **This is the scientific study of remains of people of long ago.**
- **It is carried out by archaeologists.**

Terms related to archaeology.

Fosils are remains of animals, plants and of humans of long ago.

Examples of fossils.

- **Skulls of People**
- **Bones of animals and people**
- **Caves**
- **Rock paintings**
- **Tools**
- **Weapons**

- **Excavation is the process of digging up the remains of early man. After excavation the remains are carbon dated to determine their age.**
- **Carbon dating is the arrangement of the fossils to determine their age.**
- **Stratification is the grouping of fossils and arte-facts according to the depth of the ground where they are found.**
- **Arte-facts are remains of items used by people of long ago.**

Places where fossils and arte-facts are found.

- **Museums**
- **archaeological sites.**

Famous archaeologists in East Africa.



Dr. Louis Leakey

a) Dr.Louis Leakey.

- **He is the most prominent archaeologist in East Africa.**
- **He came to East Africa with his wife Mary Leakey.**
- **Dr.Louis Leakey discovered the oldest skull of man at Olduvai Gorge in Tanzania in 1959.**
- **This skull was believed to be for a man he named Zinjanthropus.**
- **The name Zinjanthropus is formed by two words;ie."Zenj" which means black and "anthropus" which means man.**
- **Therefore, the name "Zinjanthropus" means black man.**

Note: *East Africa is therefore referred to as the cradle of mankind because the oldest skull of man was discovered in East Africa.*

b) Dr. Merrick Posnansky.

- **He made his discoveries in the former Chwezi empire at Bigobyamugenyi in Sembabule district.**

c) Dr. Peter Schmidt.

- **He carried out his discoveries in the iron age sites in Northern Tanzania around the shores of Lake Victoria.**

d) James.S Kirkman and Neville Chittick.

- **He carried out archaeological work along the coast of East Africa(in the Zenj empire)**
- **They excavated the remains of the Portuguese along the coast of East Africa.**

e) Dr.Richard Leakey.

- **He discovered the remains of early man around lake Turkana in Kenya.**
- **He was a son to Louis and Mary Leakey.**

Importance/ advantages of archaeology.

- **It is a source of employment to people.**
- **It helps us to know the life style of our ancestors.**
- **It helps us to know the origin of mankind.**

Problems facing archaeology.

- **Shortage of funds to facilitate the activities..**
- **Difficulty in locating sites for effective excavation.**
- **Shortage of skilled labour.**

MUSEUMS.

- **A museum is a building where things of art, culture and history are kept for public viewing.**

Examples of museums in East Africa.

Country	*Name of museum*
Uganda	-Uganda museum at Kitante -Kabale museum
Tanzania	-Dar-es-salaam -Arusha museum.
Kenya	-Nairobi museum -Fort Jesus
Rwanda	-Butare museum -Ruhengeri museum.
Burundi	-Burundi geological museum -Gitega museum.
South Sudan	-National Archive museum.

Importance of museums in a country.

- **They create market for local craft materials.**
- **They provide employment to the people.**
- **They attract tourists who bring in foreign exchange.**
- **The are used for research and education purpose.**

❖ They keep arte-facts safe.

ARCHAEOLOGICAL /HISTORICAL SITES IN EAST AFRICA.

- **Archaeological sites are places where the remains of early/people of long ago were discovered.**
- **Most archaeological sites in East Africa are found near lakes and rivers.**

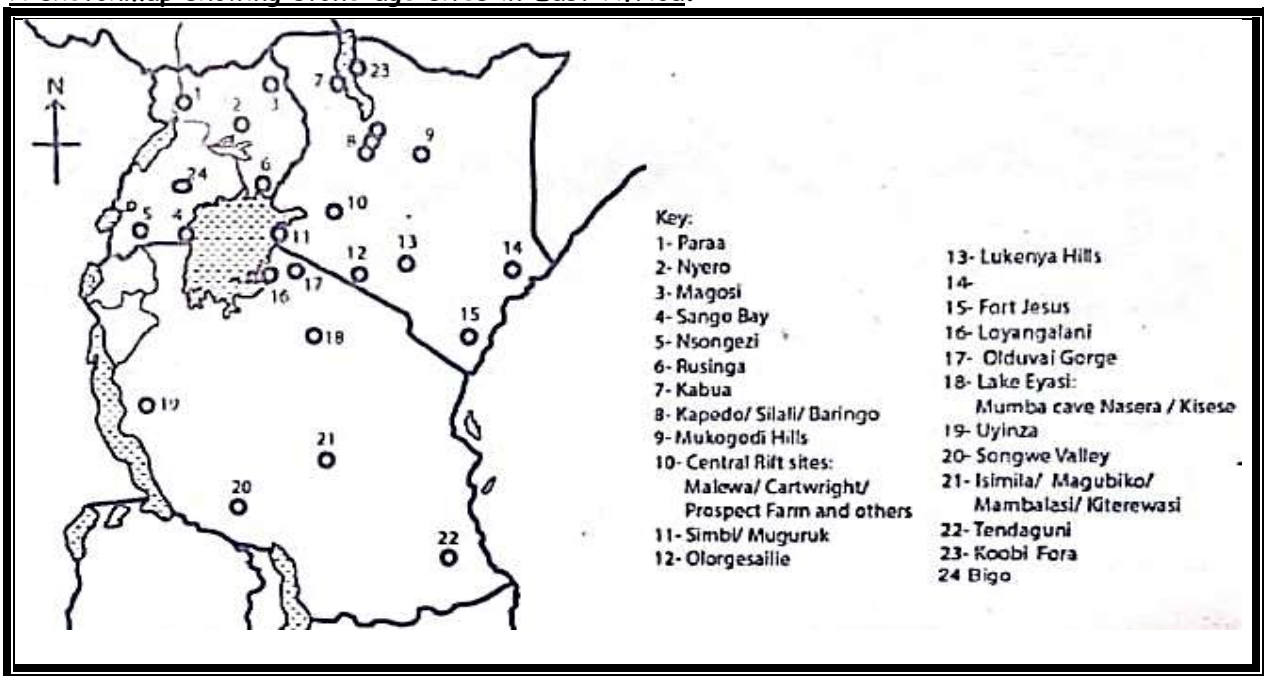
Reasons why most archaeological sites are found near lakes and rivers.

❖ Early man lived near lakes and rivers in order to get water.
❖ Early man lived near lakes and rivers to trap animals that came to drink water.
❖ Early man lived near lakes and rivers in order to get fish.

Famous archaeological sites in East Africa.

Country	*Archaeological site.*
Tanzania	-Olduvai Gorge -Apis Rock -Cheke -Kisese -Isimila -Lake Eyasi-Kondoa
Uganda	-Bigobyamugenyi -Paraa -Sango bay -Nyere rock paintings -Magosi -Ntusi.
Kenya	-Rusinga island -Kanjera -Yala Alego -Olorgesaile -Kanana -Kariandusi -Lewa.
Rwanda	-Nyungwe forest.

A sketchmap showing stone age sites in East Africa.



Ways archaeologists found places of fossils (archaeological sites).

- **By digging unusual bumps and hollows on the ground.**
- **By recognising the footmarks and pieces of pottery.**
- **By chance.**
- **Ordinary people could find remains during their activities.**

Importance of archaeological/historical/stone age sites.

❖ They attract tourists who bring in income.
❖ They provide employment to people.
❖ They promote culture in the society.
❖ The are used for research and study purpose.
❖ They help people trace their origin.
❖ They help us to know how our ancestors lived. The activities that were carried out by early man.

THE STONE AGE

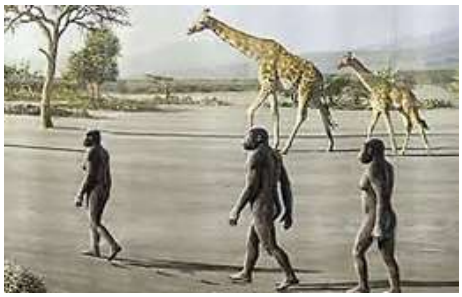
- Stone age was the period when man used stones to make his tools.
- The stone age period was called so because early man made his tools out of stones.
- Man was called the stone age man because man made his tools out of stones.

Stages of development during the stone age.

- Old/ Early/ Palaeolithic Stage.
- Middle/ Mesolithic/ Period.
- Late/ New/ Neolithic Period.

The Old Stone age.

- This was the first stage of stone age.
- It is also called Palaeolithic/ early stone age.



The Old stone age man

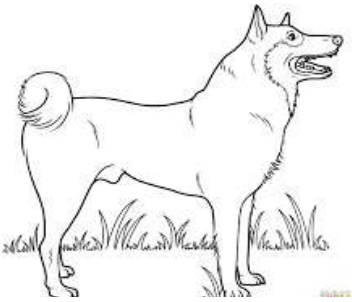
Characteristics of early man in the Old stone age.

- Man had no permanent home.
- He moved naked.
- Man had a hairy body.
- He used simple tools out of stones.
- Man lived a wondering life.
- Man had huge molar teeth for grinding hard food.

➢ ***Note:-The discovery of fire*** *marked the end of the Old stone age and the beginning of the Middle stone age.*

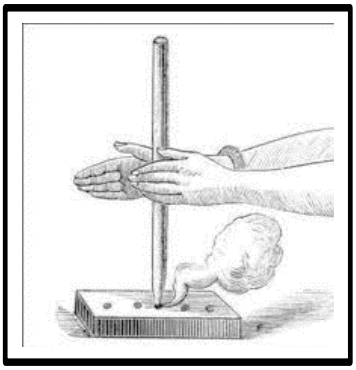
The Middle stone age.

- Early man started it with the discovery of fire. He rubbed a dry stick into a hole in a dry piece of wood. As a result of friction, fire was produced.
- The Middle stone age is also called the Mesolithic.



Charactreristics of early man in the Middle stone age.

- Man started using better tools.
- Man started eating roasted meat.
- Man started living in caves.
- Man tamed a dog for hunting and protection.
- Man started hunting animals using traps.
- Man started using skins as blankets.



Ways fire was useful to early man.

- Fire was used for protection against wild animals.
- Fire was used for roasting meat.
- Fire provided light in caves.
- Fire provided warmth to early man in caves.
- Fire was used for boiling poison.
- Fire helped man to harden his tools.

Note: ***The discovery of farming*** *marked the end of the Middle stone age and the beginning of the New stone age.*

The New stone age.

- Early man started it with the discovery of farming.
- It is also called the late stone age/ Neolithic.

Characteristics of early man in the New stone age.

- Early man started to live in simple huts.
- Early man started living in communities.
- Early man started carrying out farming.
- Early man lived a settled life.

Note: *Farming enabled early man live a settled life because he had to settle and take care of his crops.*

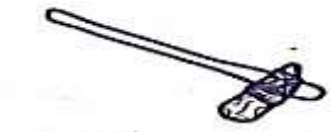
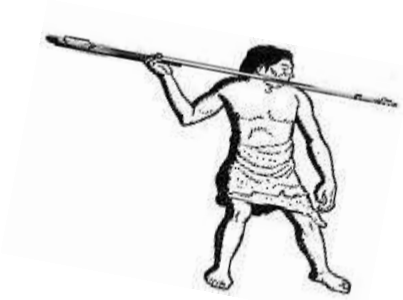
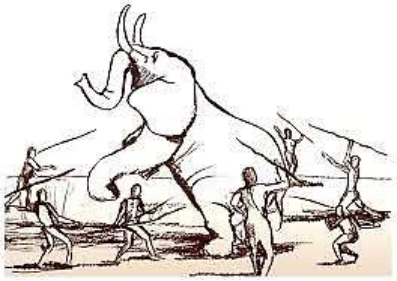
Ways early man obtained/got his food.

a) By hunting.
b) By gathering fruits.
c) By collecting wild honey.
d) By fishing.

Examples of early man's food.

- **Wild honey**
- **Fruits**
- **Fish**
- **Raw meat**

Examples of early man's tools and their uses.

Name of tool	*Drawing*	*Use of the tool to early man*
Bolas		❖ **It was used to trap fast running animals during hunting**
Hand axe		❖ **It was used for skinning animals.** ❖ **For digging up plant roots.**
Hand spears		❖ **It was used for hunting** 
Bone needle		❖ **It was used for stitching animal skins and hides to make clothes**
Cleaver		❖ **It was used for chopping meat**
Wooden club		❖ **It was used for killing trapped animals**
Bow and arrow		❖ **It was used for hunting and fishing**

Note: ***The discovery of Iron smelting*** *marked the end of Stone age period and the beginning of Iron age.*

THE IRON AGE.

- This was the period when early man started using iron to make his tools.
- Iron smelting was started by the Cushites at Meroe in Ethiopia.
- It was introduced in East Africa by the Bachwezi.
- Blacksmithing is the act of making and repairing iron tools.
- A blacksmith is a person who makes iron tools.

Tools made from iron by blacksmiths.

- Knives
- Pangas
- Hoe
- Spears
- Axe
- Sickle
- Saucepans
- Weaving needles
- Arrows.

				
a panga	*a knife*	*a sickle*	*a hoe*	*a gun*

How iron smelting changed the life of early man.

- It has enabled man to make better tools for farming .This increased food production.
- It has enabled early man make better weapons for defence.
- It has helped man to make better means of transport.
- It has enabled early man to make better fishing tools.

ETHNIC GROUPS IN EAST AFRICA.

- An ethnic group is a large group of people with the same origin, same traditional occupation and speak related languages.
- An ethnic group can also be known as a tribal group.
- A tribe is a group of people who have the same origin and speak the same language.
- The Bushmen were the early inhabitants of East Africa before the coming of ethnic groups into East Africa. The Bushmen were displaced as a result of the ethnic migrations.
- The direct descendants of the Bushmen in East Africa are the Sandawe and Hadza in Northern Tanzania, the Pygmies in Uganda and Democratic Republic of Congo.
- The first ethnic group to migrate into East Africa were the Cushites/Hamites.

Problems faced by ethnic groups during their migrations.

- Attacks from hostile tribes.
- They were attacked by dangerous animals.
- Difficulty in crossing terrains.
- Shortage of water and pasture.
- Attacks from tropical diseases.

Major ethnic groups that came into East Africa.

Ethnic group	*Cradle land (place of origin)*	*occupation*
Bantu	Cameroon highlands	Cultivation
River-Lake Nilotes(Nilotics)	Bahr-el-Ghazal	Pastoralism
Cushites (Hamites)	Ethiopia	Pastoralism
Plain Nilotes (Nilo-Hamites)	Ethiopian highlands	Pastoralism
Highland Nilotes	Ethiopian highlands	Pastoralism
Sudanic people	Juba (South Sudan)	Mixed farming.

Characteristics of Ethnic groups.

- ❖ People speak related languages.
- ❖ People have the same origin.
- ❖ People carry out the same major occupation.

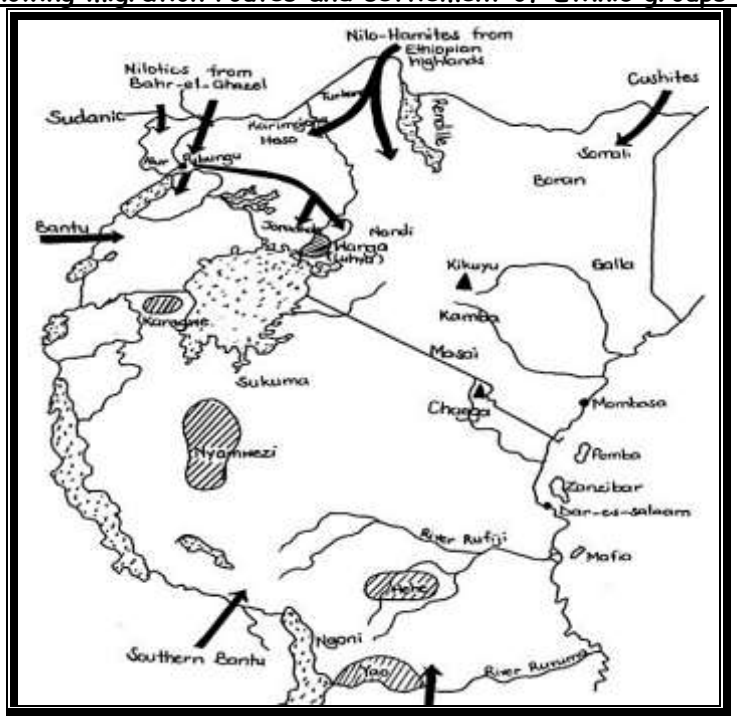
Factors that affected settlement patterns of ethnic groups into East Africa..

- ❖ Climate
- ❖ Availability of land.
- ❖ Water bodies
- ❖ Nature of the Soil
- ❖ Vegetation
- ❖ Occupation

How the above factors influenced the settlement patterns of Ethnic groups in East Africa.

- ❖ **Climate:**
  Most people settled in areas with favourable climate for their traditional; occupation. Areas that receive much rainfall attracted the cultivators while areas that receive low rainfall attracted cattle keepers.
- ❖ **Nature of the soils:**
  The Bantu who were cultivators settled in the interlacustrine region which had fertile soils for crop growing.
- ❖ **Land:**
  Most ethnic groups migrated into East Africa to acquire enough land for growing crops and rearing animals.
- ❖ **Vegetation:**
  Most pastoral tribes settled in areas with savannah vegetation to get pasture for their animals.
- ❖ **Water bodies:**
  Most tribal groups settled around water bodies in order to get water for home use, for their animals and to carryout fishing.
- ❖ **Occupation :**
  Most ethnic groups in East Africa settled in areas that were suitable for their traditional occupation eg.the Bantu settled in areas that had fertile soils and received reliable rainfall which support crop growing, the Nilotics were pastoralists which made them settle in areas that had plenty of pasture for their animals.

A sketch map showing migration routes and settlement of Ethnic groups into East Africa.



THE BANTU.

- The Bantu forms the largest ethnic group in East Africa.
- The Bantu are called so because they speak related languages with a common suffix "ntu" when referring to people or things.
- The Bantu originated from Cameroon highlands.
- Their major occupation is cultivation/ crop growing..
- They settled in the interlacustrine region in East Africa.

➢ N.B: ***Interlacustrine region*** *is an area between the great lakes of East Africa.*

Examples of interlacustrine lakes.

- Lake Victoria
- Lake Tanganyika
- Lake Kivu
- Lake Edward
- Lake Albert.

Reasons why the Bantu settled in interlacustrine region.

- ❖ The area had fertile soils suitable for cultivation.
- ❖ The area received reliable rainfall that favour the growing of crops.
- ❖ The area had also had weak inhabitants ie. the Bushmen.

Bantu groups that migrated to East Africa.

a) The Western Bantu.

- This was the first group of Bantu to enter East Africa. They entered East Africa through the West between Lake Albert and Lake Edward.

Tribes under the Western Bantu.

Country of settlement	Bantu tribe
Uganda	Baganda, Banyankole, Bakonzo, Bamba, Bagwere, Bakiga, Bagishu, Batooro, Banyoro, Bafumbira.
Kenya	Abaluhya , Maragoli, Gusii.

b) The Highland and Coastal Bantu (Eastern Bantu).

- This Bantu group settled around Mountain Kenya, Mountain Kilimanjaro and the coast of East Africa.

Tribes under the Eastern Bantu

Country of settlement	Bantu tribe
Kenya	Kikuyu, Akamba, Taita, Mijikenda,Embu, Meru, Pokomo.
Tanzania	Chagga, Tareta, Zaramo, Washamba.

c) The Western Tanzanian Bantu.

- They entered East Africa through Tanzania between Lake Tanganyika and Lake Kivu and settled mainly in Tanzania. They include the Nyamwezi, Sukuma, Baziba, Gogo.

d) The Southern Bantu.

- They entered East Africa through the South West between Lake Tanganyika and Lake Nyasa (Lake Malawi).
- They mainly settled in Tanzania. They include ; Yao, Hehe, Makonde, Makua, Fipa, Pogoro and Mwera.

THE NGONI.

- The Ngoni was the last group of the Bantu to enter East Africa.
- The Ngoni came from South Africa .
- The Ngoni used the Southern route to enter East Africa.
- The Ngoni were led by chief Zwangendaba. They were running away from the wars of Shaka the king of the Zulu kingdom in South Africa, who attacked them.

Note:

- ✓ ***The dominant Bantu*** *tribe in Rwanda and Burundi are the* ***Hutu.***
- ✓ ***Baganda*** *is the largest Bantu tribe in Uganda .*
- ✓ ***The Kikuyu*** *is the largest Bantu tribe in Kenya.*
- ✓ ***The Sukuma*** *are the largest Bantu tribe in Tanzania.*

Bantu tribes that settled on slopes of mountains in East Africa.

Mountain	*Bantu tribe*
Mountain Rwenzori	Bakonzo
Mountain Mufumbiro	Bafumbira , Bakiga
Mountain Elgon	Bagishu
Mountain Kilimanjaro	Chagga
Mountain Kenya	Kikuyu

Causes of the Bantu migrations.

- ❖ Outbreak of epidemic diseases in their cradleland.
- ❖ Internal and external conflicts.
- ❖ The need for fertile land for cultivation.
- ❖ Outbreak of famine.
- ❖ Shortage of land.
- ❖ Over population in their cradle land.
- ❖ Prolonged drought.

Reasons for the migrations of the Bantu into East Africa.

- ❖ They were looking for water and pasture for their animals.
- ❖ They were escaping from external attacks.
- ❖ They were escaping from epidemic diseases which attacked them.
- ❖ To look for areas that received reliable rainfall. .
- ❖ To look for enough land to carry out cultivation.
- ❖ To look for fertile soils for crop cultivation.

Effects of Bantu migrations into East Africa.

a) Positive effects.

- ❖ They introduced new crops.
- ❖ They introduced new languages.
- ❖ They introduced new cultures.
- ❖ They introduced new farming systems.
- ❖ They formed kingdoms and chiefdoms where they settled.

b) Negative effects.

- ❖ They displaced people where they settled ie. The Bushmen. They moved southwards and settled in the Kalahari desert)
- ❖ Their intermarriages led to loss of culture of the early inhabitants.
- ❖ Population increased in areas where they settled.
- ❖ They caused wars and conflicts in areas where they settled.

THE NILOTES.

The Nilotes are called so because they had their origin along the Nile valley.
The Nilotes are divided into three sub groups
Namely;

- The River-Lake Nilotes.
- The Highland Nilotes.
- The Plain Nilotes/ Nilo-Hamites.

THE RIVER- LAKE NILOTES.

- They are also called the Nilotics/Luo speakers.
- They are called Luo speakers because they speak Luo as their language.
- They migrated from Bahr-el-Ghazal in South Sudan.
- The Nilotics are sometimes referred to as River-Lake Nilotes because they settled near lakes and rivers.
- The Nilotics entered into East Africa from Northern Uganda.
- The Nilotics first settled at Pubungu when they first reached Uganda.
- Pubungu currently is known as Pakwach.
- The Nilotics were led by Olum and his two sons Gipir and Labongo.
- The two brothers separated at Pubungu due to misunderstandings over the spear and the bead.

The Separation of the River-Lake Nilotes.

- ✓ The first group led by Gipir settled in the West Nile. They intermarried with the Lendu leading to the rise of the Alur tribe.
- ✓ The second group moved to areas North of lake Kyoga and settled there and these form the Acholi tribe.
- ✓ Another group moved southwards to Bunyoro. They were led by Isingoma Rukidi Mpuga. They intermarried with the Babiito clan and formed the Luo-Babiito dynasty.
- ✓ The last group moved eastwards, they formed the Jopadhola in Tororo district.
- ✓ Another group continued to Western Kenya forming the Jaluo tribe.

The Sub-groups under the Jaluo.

- Jok-omolo
- Jok-owiny
- Jok-ojok

Tribes under the River-Lake Nilotes/ Luo speakers in East Africa.

- Alur
- Jaluo in Kenya.
- Jopadhola
- Acholi (the largest tribe under the Nilotics).

Effects of the migration of the Nilotes.

a) Positive effects.

- ❖ They introduced Luo language where they settled.
- ❖ The number of domestic animals increased in East Africa.
- ❖ They formed chiefdoms where they settled.
- ❖ They introduced new crops such as millet, sorghum, and sweet potatoes in East Africa.
- ❖ They founded the Luo-Biito dynasty.
- ❖ They introduced new culture like pet names and Luo languages.

b) Negative effects.

- ❖ They displaced people where they settled.
- ❖ The Luo invasion led to collapse of Bunyoro-Kitara empire.
- ❖ Population increased where they settled which resulted into shortage of land.

THE PLAIN NILOTES/ NILO-HAMITES.

- They originated from the Ethiopian highlands.
- Their traditional occupation is pastoralism.
- They entered East Africa through the North around lake Turkana.
- They entered Uganda through the North East.
- They settled in the semi-arid areas of East Africa.
- In Uganda, they settled in the North Eastern part.
- The Plain Nilotes today in Uganda settle in districts like Nakapiripirit, Moroto, Soroti, Katakwi, Kumi, Abim, Kaabong.

Reasons why the Plain Nilotes settled in plain areas.

- **The areas were large without people.**
- **The areas were free from vectors like tsetse flies.**
- **The areas were free from tsetse flies.**

Tribes under the Plain Nilotes in East Africa.

Country	*Tribe*
Uganda	Karimojong, Iteso, Langi, Jie, Kumam.
Kenya	Turkana, Masai,Samburu.
Tanzania	Masai, Barabaig, Tatoga.

Reasons why some tribes of the plain Nilotes changed to mixed farming.

- ❖ **They had settled in areas with fertile soils good for growing.**
- ❖ **The areas where they settled received reliable rainfall.**
- ❖ **They were influenced by the Bantu cultivators who were their neighbours.**

THE HIGHLAND NILOTES.

- **They were originally pastoralists.**
- **They originated from Ethiopian highlands and they settled around Mountain Elgon and Western highlands of Kenya.**

Tribes under the Highland Nilotes.

Tribe	*Country*
-Sabiny -Pokot	Uganda
-Tugen -Nandi -Kipsigis -Marakwet etc	Kenya
-Dadong	Tanzania

Cause of the migrations of the Nilotes into East Africa.

- ❖ **Shortage of pasture for animals.**
- ❖ **Internal and external attacks.**
- ❖ **Outbreak of epidemic diseases.**
- ❖ **High population which led to shortage of land.**
- ❖ **Prolonged drought in their cradle land.**
- ❖ **Outbreak of famine in their cradle land.**

Reasons for the migrations of the Nilotes into East Africa.

- ❖ **They were looking for water and pasture for their animals.**
- ❖ **They were escaping from external attacks.**
- ❖ **They were escaping from epidemic diseases which attacked them.**
- ❖ **To look for enough land to carryout pastoralism..**
- ❖ **Outbreak of animal diseases.**

THE CUSHITES/ HAMITES.

- **They are believed to have come from Asia and settled in countries found in the Horn of Africa. ie.Ethiopia, Somalia, Djibouti, and Eritrea.**
- **It was the first ethnic group to come into East Africa.**
- **They originated from Ethiopia into East Africa.**
- **In Uganda,the Hamites entered from the South West direction.**

Tribes under the Cushites/ Hamites in East Africa.

Tribe	*Country*
-Bahima -Tutsi -Bahinda	Uganda
-Tutsi	Rwanda
-Tutsi	Burundi

-Kinje -Somali -Boran -Galla -Rendille.	Kenya
-Mbugu -Iragu	Tanzania

Causes of the migrations of the Cushites into East Africa.

- ❖ Prolonged drought in their cradle land.
- ❖ External attacks from their neighbours.
- ❖ Internal conflicts among the Cushites.
- ❖ Outbreak of epidemic diseases in their cradle land.
- ❖ Shortage of pasture for their animals.
- ❖ Outbreak of famine in their cradle land.
- ❖ Shortage of land in their cradle land.

Reasons for the migratinons of the Cushites into East Africa.

- ❖ To look for water for their animals.
- ❖ To look for pasture for their animals.
- ❖ To look for enough land to carryout pastoralism.
- ❖ To look for safe areas from pests and diseases.

Effects for the coming of Cushites into East Africa.

- ❖ The Cushites introduced long horned cattle.
- ❖ The Cushites displaced people where they settled.
- ❖ The Cushites increased population in East Africa.
- ❖ They introduced the idea of iron smelting in East Africa.

THE SUDANIC PEOPLE.

- The Sudanic people are believed to have migrated from Juba in South Sudan.
- They settled in the West-Nile sub-region of Uganda.
- They carried out mixed farming.

Tribes under the Sudanic in East Africa.

- Lugbara
- Okebu
- Madi
- Lendu

Problems faced by Ethnic groups during their migrations.

- ❖ Attacks from hostile people.
- ❖ Attacks from wild animals.
- ❖ Shortage of food and water.
- ❖ Difficulty in crossing some physical features e.g. rivers.
- ❖ Walking long and tiresome journeys.
- ❖ Attacks from tropical diseases.

MIGRATIONS AND SETTLEMENT PATTERNS IN EAST AFRICA.

- Migration is the movement of people with property from one place to another for settlement.

Types of migration.

- External migration.
- Internal migration.

(i) EXTERNAL MIGRATION.

- This is the movement of people with their property from one country to another for settlement.

Forms of external migration.

- Emigration.
- Immgration.

- ✓ Emigration is the process by which a person leaves his/ her own country and goes to live permanently in another country.
- ✓ An emigrant is a person who leaves his/her own country and goes to live permanently in another country.
- ✓ Immigration is the process by which a person comes to live permanently in a country that is not his/ hers.
- ✓ An immigrant is a person who comes to live permanently in a country which is not his/hers.

Causes of immigration and emigration.

- Civil wars/ internal conflicts.
- Shortage of land.
- Need for better social services.
- Marriage bondage.
- Unemployment.
- To invest their excess capital.
- Job transfers.

Effects of immigration and emigration.

- It leads to population increase in areas of settlement.
- It leads to introduction of new languages.
- It leads to intermarriages among people.
- It leads to land shortage in areas of settlement.
- It leads to introduction of new culture.
- It leads to large labour force in new areas of settlement.

Reasons why people leave their own countries to settle in others permanently.

- To look for better paying jobs.
- To look for areas that are free from wars.
- To look for enough land.
- To look for better social services.
- To look for trade opportunities.

(ii)INTERNAL MIGRATION.

- Internal migration is the movement of people with their property from one part of a country to another for better settlement.
- The migrant remains within his own country.

Forms of internal migration.

- Rural-urban migration.
- Urban-rural migration.
- Rural-rural migration.
- Urban-urban migration.

RURAL-URBAN MIGRATION.

- This is the movement of people with their property from villages to towns looking for better settlement.

Causes of Rural-Urban migration.

- Unemployment in villages.
- Poor health services.
- Poor transport systems in villages.
- Poor education services in villages
- Job transfers from villages to towns.
- Internal conflicts.
- Insecurity in villages

Reasons why people move from villages to towns.

- To look for better paying jobs.
- To look for better education services.
- To look for a large market for their goods.
- To get access to/enjoy social amenities like electricity and piped water.
- To look for better health services.
- To look for wider market for their goods.
- To run away from dangerous cultural practices like Female Genital Mutilation.

Effects of Rural-Urban migration.

- It leads to depopulation in rural areas which reduces market for goods in rural areas.
- It leads to shortage of labour in villages.
- It leads to low food production.
- It leads to high crime rate in towns.
- It leads to a high rate of unemployment in urban areas.

Ways in which the government can reduce rural-urban migration.

- By setting up industries in rural areas to create jobs for people.
- By extending electricity to villages (rural electrification).
- By improving the social service delivery in villages.

❖ By encouraging people in villages to start up small- scale industries.

Note:-***Rural electrification*** *is the extension of electricity to rural areas.*

Problems faced by people living in urban centres/ towns.

- High crime rate.
- Congestion/traffic jam.
- Easy spread of communicable diseases.
- Poor housing facilities e.g.slums.
- High rate of unemployment.
- High cost of living.
- Poor sanitation.

Reasons why urban centres/ towns are densely populated.

❖ They have better paying jobs.
❖ They have better education services.
❖ They have better social amenities.
❖ They have better health services.
❖ They have better business opportunities.

URBAN -RURAL MIGRATION

- Urban-rural migration is the movement of people with their property from towns to villages for better settlement.

Causes of Urban-Rural migration.

❖ Insecurity in towns.
❖ High costs of living in towns.
❖ Retirement from jobs in towns.
❖ Outbreak of epidemic diseases in towns.
❖ Job transfers from towns to villages.
❖ Need for large vacant land for crop growing.
❖ Unemployment in towns.

Reasons why people move from towns to villages.

❖ To look for land for farming.
❖ To extend their businesses to villages.
❖ To get market for their goods.
❖ To look for areas which are free from natural disasters.
❖ To look for areas with low costs of living.

Effects of Urban-Rural migration.

❖ It leads to shortage of labour in towns.
❖ It leads to shortage of market for goods in towns.
❖ It leads to land shortage in villages.
❖ It leads to population increase in villages.

Ways the government can encourage Urban-Rural migration.

❖ By extending electricity to rural areas (Rural electrification)
❖ By encouraging the setting up of small scale industries in villages.
❖ By building better hospitals in villages.
❖ By constructing better schools in villages.
❖ By providing better security in villages.

URBAN-URBAN MIGRATION.

- This is the movement of people with their property from one town to another looking for better settlement.

Causes of Urban-Urban migration.

❖ Job transfers from one town to another.
❖ Low market for goods.
❖ Insecurity in some towns.
❖ High costs of living in some towns.
❖ Poor sanitation in some towns.
❖ Natural disasters in some towns eg.floods.

Reasons why people move from one town to another.

❖ To look for better jobs.
❖ To look for a large market for their goods.
❖ To look for better security services.
❖ To invest their capital in other towns.
❖ To look for towns which are free from natural disasters.

Effects of Urban-Urban migration.

- ❖ It leads to population increase in new towns where people settle.
- ❖ It leads to shortage of market where they leave.
- ❖ It leads to shortage of labour where they leave.
- ❖ It leads to shortage of land in the new areas of settlement.

RURAL-RURAL MIGRATION.

- This is the movement of people with their property from one village to another looking for better settlement.

Causes of Rural-Rural migration.

- ❖ Social conflicts.
- ❖ Soil infertility in some villages.
- ❖ Insecurity in some villages.
- ❖ Shortage of water and pasture.
- ❖ Shortage of land.
- ❖ Outbreak of epidemic diseases.

Reasons why people move from one village to another.

- ❖ To look for fertile soils for crop growing.
- ❖ To look for water and pasture for animals.
- ❖ To run away from social conflicts.
- ❖ To look for areas with better security.
- ❖ To look for areas which are free from epidemic diseases.
- ❖ To look for areas which are free from natural disasters.

Effects of Rural-Rural migration.

- ❖ It leads to conflicts with the inhabitants of the places they migrate to.
- ❖ It leads to intermarriages.
- ❖ It leads to introduction of new cultures.
- ❖ It leads to low population in places where people migrate from.
- ❖ It leads to introduction of new languages where people settle.

How do people in Urban areas benefit from those living in Rural areas.

- ❖ People in urban areas get food from villages.
- ❖ People in villages provide market for goods produced in towns.
- ❖ Industries in towns get raw materials from villages.

Problems faced by people living in urban areas/ towns.

- ❖ Congestion of people in towns.
- ❖ High crime rate.
- ❖ Sound pollution.
- ❖ Development of slums.
- ❖ High cost of living.
- ❖ Traffic jam.
- ❖ Unemployment among people.

Possible solutions to the above problems.

- ❖ Deploying more security officers to improve security.
- ❖ By building storeyed houses.
- ❖ By constructing wider roads in towns.
- ❖ By building flyovers and foot paths.
- ❖ By teaching people the dangers of poor sanitation.
- ❖ By installing/putting security cameras on houses and along the roads.

Ways people in Rural areas benefit from people in Urban areas.

- People in towns provide market for food from villages.
- They provide rural areas with goods produced in towns.
- People in towns provide farm inputs to farmers in villages eg.insecticides, fertilizers

Problems faced by people in rural areas.

- ❖ Poor health services.
- ❖ Poor transport system.
- ❖ Low electric power supply.
- ❖ Shortage of safe water.
- ❖ Poor education services.
- ❖ Poor housing facilities.

Possible solution to the problems faced by people in rural areas.

- **By constructing better roads in rural areas.**
- **By starting up small scale industries.**
- **By extending electricity to rural areas/ by promoting rural electrification.**
- **By setting up better health centres in villages.**
- **By building better schools in rural areas.**

Effects of migrations today.

- **It leads to population increase in areas where people settle.**
- **It leads to population decrease in areas where people migrate from.**
- **It leads to loss of culture.**
- **It leads to brain drain.**
- **It promotes the spreading of communicable diseases.**

Note:-*Brain drain* *is the movement of highly trained/ qualified people from one country to another for settlement.*

***Causes of brain drain*.**

- *Underpayment.*
- *Political instability as a result of civil wars.*
- *Seeking for higher education.*
- *Search for employment opportunities.*

SETTLEMENT PATTERNS IN EAST AFRICA.

- **Settlement pattern is the distribution of people in an area.**
- **The settlement patterns in East Africa vary from one area to another.**
- **Some areas in East Africa have houses built close to one another, some have scattered houses while others have houses that were built following a line.**

Types of settlement patterns.

(i) Linear settlement pattern

- ✓ **Houses are built along a line eg. besides a major road, railway line.**

Factors that lead to linear settlement pattern.

- **Presence of a transport line eg.a road, railway etc**
- **Presence of a river to provide water.**
- **Presence of a coast line which has fishing ground.**

(ii) Nucleated settlement pattern/ clustered settlement pattern

- ✓ **Houses are built close to one another.**
- ✓ **It is common in areas where people own small pieces of land eg. in urban areas, housing estates and accommodation for workers.**

Factors for a Nucleated settlement pattern.

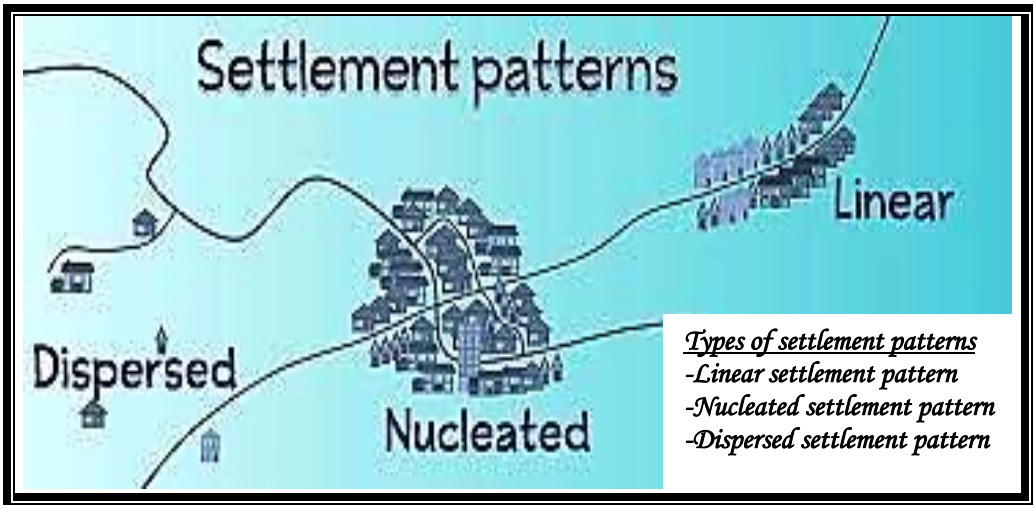
- **Presence of better social services eg. health service, education service etc.**
- **Shortage of land in an area.**
- **Presence of fertile soils in an area.**
- **Presence of natural resources eg. minerals**
- **Improved peace and security.**

(iii) Dispersed settlement pattern/ Scattered settlement pattern.

- ✓ **Houses are scattered over a very large area.**
- ✓ **It is common in areas where people own big pieces of land eg. in rural areas.**

Factors that lead to a Dispersed settlement pattern.

- **Presence of large land.**
- **Poor infertile soils.**
- **Presence of pests and diseases.**
- **Presence of disease vectors.**
- **Presence of steep slopes.**



Types of settlement patterns
-Linear settlement pattern
-Nucleated settlement pattern
-Dispersed settlement pattern

POLITICAL ORGANISATION OF DIFFERENT ETHNIC GROUPS IN EAST AFRICA.

- Political organisation refers to the different ways the people govern themselves.

Ways the people of East Africa were politically organised.

- Through kingdoms.
- Through chiefdoms.
- Through clan systems.
- Through empires.

BUNYORO-KITARA EMPIRE.

- This was the earliest kingdom to be formed in East Africa. It was called an empire because it was too large, covering a large area.
- The founders (first occupants) of Bunyoro-Kitara empire were the Batembuzi.
- It was founded by Ruhanga and his brother Nkya.
- The Batembuzi formed a ruling dynasty called the Tembuzi dynasty.
- The Batembuzi were believed to be demi-gods because they could perform miracles.
- Isaza was the last ruler of the Batembuzi.
- The Tembuzi dynasty came to an end after king Isaza was locked underground by the underground king Nyamiyonga.
- The Batembuzi were succeeded by the Bachwezi.

The Chwezi dynasty.

- It was formed by the Bachwezi.
- The Bachwezi are believed to have originated from Ethiopia into East Africa.
- Ndahura was the first king of the Bachwezi.
- Ndahura founded the Chwezi dynasty.
- Wamala was the last king of the Bachwezi.

Note:-***A dynasty*** *is a series of leaders who belong to the same family.*

Contributions of the Bachwezi in east Africa.

a) **Political contributions.**

- The Bachwezi introduced a centralized monarchy.
- The Bachwezi introduced the idea of building reed palaces.
- The Bachwezi introduced royal regalia.
- They introduced the idea of digging ditches for protection against enemies.

b) **Social contributions.**

- They introduced local chess (mweso game).
- They introduced the building of grass-thatched houses.
- They introduced sandal wearing.

c) Economic contributions.

- **They started salt mining at Lake Katwe.**
- **They introduced the knowledge of iron smelting.**
- **They introduced long-horned cattle.**
- **The introduced coffee growing.**
- **They introduced bark cloth making.**

Ways iron smelting strengthened the Chwezi empire.

- **The Bachwezi started making strong tools for cultivation.**
- **The Bachwezi made strong weapons for defence and expansion.**

Reasons/ causes for the collapse of the Chwezi dynasty.

- **The empire was too large to be controlled by one ruler.**
- **Death of their beloved/ royal cow (Bihogo).**
- **Outbreak of drought and famine.**
- **Disunity among the people.**
- **Outbreak of epidemic diseases in the empire.**
- **Rebellions by distant princes.**
- **The Luo invasion. This led to the final collapse of the Chwezi dynasty.**

Note:

- ✓ ***Luo-Babiito dynasty*** *replaced the Chwezi dynasty. This was founded by Isingoma Rukidi Mpuga.*
- ✓ ***Bunyoro kingdom*** *replaced Bunyoro-Kitara empire and* ***Isingoma Mpuga Rukidi*** *was the first omukama of Bunyoro.*

Examples of kingdoms that were formed after the collapse of Bunyoro kitara empire.

- **Buganda kingdom**
- **Bunyoro kingdom**
- **Ankole kingdom**
- **Wanga kingdom**
- **Karagwe kingdom**
- **Tooro kingdom**
- **Ruanda-urundi kingdom**

KINGDOMS IN EAST AFRICA.

- **A kingdom is an area ruled by a kind/queen.**
- **Kingdoms in East Africa were formed in the interlacustrine region.**

Tribes that formed the ancient kingdoms in East Africa,

Country	*Tribe*	*Kingdom*	*Title of the leader*
Uganda	Banyankole	Ankole	Omugabe
	Baganda	Buganda	Kabaka
	Batooro	Tooro	Omukama
	Banyoro	Bunyoro	Omukama
	Bakonzo	Rwenzururu	Omusinga
Kenya	Abaluhya	Wanga	Nabongo
Tanzania	Nyambo	Karagwe	Omuggabe
Rwanda and Burundi	Tutsi	Ruanda-urundi	Umwami

Characteristics of kingdoms.

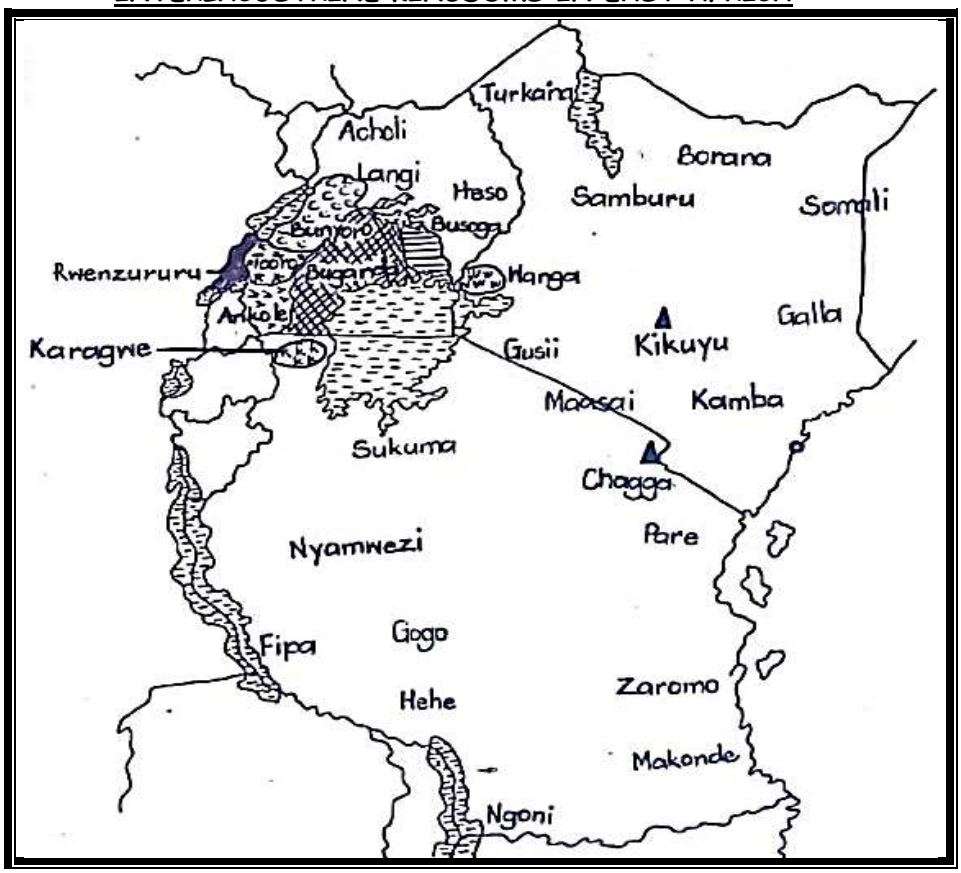
- **They have hereditary rulers.**
- **They have social and cultural institutions.**
- **They have a single supreme king at a time.**
- **The kings have absolute powers over their subjects.**
- **They have royal regalia as instruments of authority.**

Examples of Royal regalia.

- **The royal crown.**
- **The royal stool.**
- **The royal spear.**
- **The royal drum.**

N.B;-Royal regalia *are symbols by which a kingdom is identified.*

INTERLACUSTRINE KINGDOMS IN EAST AFRICA



Advantages/importance of kingdoms.

- **They promote unity among people.**
- **They promote culture in the society.**
- **They promote morals among the people.**
- **They offer scholarships to students.**
- **They help to mobilise people for national duties e.g. elections, immunisation.**

Disadvantanges of kingdoms.

- **They promote dictatorship.**
- **There is unequal distribution of wealth among the people.**
- **They promote tribalism.**
- **They promote the interests of the minority over the majority.**
- **They promote regional rather than national development.**

INTERLACUSTRINE KINGDOMS IN EAST AFRICA.

BUNYORO KINGDOM.

- **Bunyoro kingdom started after the fall of the Chwezi empire.**
- **The kingdom was founded by the Luo migrants from Northern Uganda.**
- **Bunyoro kingdom was founded by Isingoma Rukidi Mpuga under the Luo-Babiito dynasty.**

- **The title given to the king of Bunyoro is <u>omukama.</u>**
- **Bunyoro grew and expanded during the reign of omukama Kamurasi. After his death, his son called Kabalega succeeded him as a new king.**
- **Currently Bunyoro kingdom covers districts like Kibale, Masindi, Buliisa, Kiryandongo, Hoima etc.**
- **The current king of Bunyoro kingdom is <u>Solomon Gafabusa Iguru</u>**
- **Kabalega organized Bunyoro kingdom by building a strong army called <u>Abarusura</u>.**

<u>Duties of the Abarusura</u>.

- **To promote peace and security in Bunyoro kingdom.**
- **To raid the neighbouring community for expansion.**
- **To enforce law and order.**

<u>Factors that led to the expansion/ growth of Bunyoro kingdom</u>.

- **Bunyoro had able and strong leaders.**
- **Bunyoro had a strong standing army.**
- **Bunyoro was strategically located around Lake Albert.**
- **Bunyoro had plenty of food for the growing population.**

Note:

-Bunyoro kingdom faced many challenges when their king Kabalega was invaded and exiled by the British to ***Seychelles islands*** *in the Indian ocean by the help of* ***Semei Kakungulu*** *for his resistance to colonial rule. After the death of Kabalega at Jinja, his son Yosia Kitahimbwa succeeded him*

-During the reign of omukama Kyebambe Nyamutukura, his son called ***Prince Kaboyo Omuhanwa*** *left the palace and started Tooro kingdom.*

<u>TOORO KINGDOM</u>

- **The title given to the king of Tooro is <u>omukama</u>.**
- **The current king of Tooro is Oyo Nyimba Kabamba Iguru IV.**
- **Currently,Tooro covers districts like Kabarole,Kyenjojo,Kyegegwa,Kamwenge.etc.**

Note:- *When omukama Kabalega overthrew and exiled omukama Kasagama, Capt. Frederick Lugard restored omukama Kasagama of Tooro back to his throne.*

<u>Reasons why Tooro broke away from Bunyoro kingdom</u>.

- **The Batooro felt that they were not adequately protected by the king of Bunyoro from their enemies.**
- **The Batooro felt that they were very far from the capital of Bunyoro since they would take long to see the king.**
- **Prince Kaboyo was very greedy and impatient for power since he had been appointed as a clan leader which had reduced his chances of becoming a king.**

<u>BUGANDA KINGDOM</u>.

- **There are two traditions that explain the founder of Buganda kingdom.**
- **According to the Banyoro (Nyoro tradition), Kato Kimera is believed to be the founder of Buganda kingdom. <u>Kato Kimera</u> was the twin brother to Isingoma Rukidi Mpuga the founder of Bunyoro kingdom.**
- **According to the Baganda (Ganda tradition), <u>Kintu</u> is believed to be the founder of Buganda kingdom and this is explained by the Legend of the first Muganda.**
- **Buganda kingdom is located in the North West of lake Victoria and currently occupies districts like Kampala, Mukono,Mpigi,Luwero, Mityana, Masaka, Bukomansimbi, Kalungu, Mubende, Nakaseke Wakiso,etc.**
- **The title given to the king of Buganda is <u>kabaka</u>. The king in Buganda had obsolute powers over his subjects.**

- Buganda kingdom grew stronger and expanded in the 18th century.

Factors for the expansion and growth of Buganda kingdom.

- Buganda had strong and able leaders.
- Unity among the people of Buganda.
- Buganda had a strong standing army.
- Buganda was strategically located near Lake Victoria. This helped to safeguard Buganda against her enemies.
- Buganda had plenty of food for the growing population.
- Buganda acquired guns from the Arabs which were used in the expansion.
- Buganda kingdom had fertile soils which increased food production.

Famous kings of Buganda and what they are remembered for.

King (kabaka)	*What he is known for.*
Kabaka Ssuuna II	❖ He welcomed the first Arab traders to Buganda kingdom.
Kabaka Muteesa I	❖ He invited Christian missionaries to Uganda through Henry Morton Stanley.
Kabaka Mwanga	❖ He ordered for the killing of the Christian converts in Buganda. ❖ He was exiled to Seychelles islands where he died.
Kabaka Daudi Chwa	❖ He was an infant king of Buganda during the signing of the 1900 Buganda agreement. ❖ He ruled Buganda kingdom with the help of the regents.
Kabaka Edward Muteesa II	❖ He rejected the proposed idea of forming the East African federation. ❖ He was exiled to Britain by sir Andrew Cohen in 1953.
Kabaka Ronald Muwenda Mutebi	❖ He is the current king of Buganda.

How the kabaka was important to Buganda kingdom.

- ❖ He was the commander in chief of the army.
- ❖ He was the chief decision maker.
- ❖ He was the chief judge
- ❖ He distributed land to clans and his loyal subjects.

WANGA KINGDOM.

- The Wanga kingdom was the only kingdom formed in Kenya.
- It is found on the shores of Lake Victoria in Kenya.
- Nabongo is the title given to the king of Wanga kingdom.
- Wanga kingdom was formed by the Abaluhya tribe in Kenya.
- Wanga kingdom acquired its name from one of its leaders known as king Wanga.
- During colonial rule, Nabongo Mumia collaborated with the British and extended their rule to Wanga kingdom.

KARAGWE KINGDOM.

- It was the only kingdom formed in Tanzania.
- Karagwe kingdom is located on the shores of Lake Victoria in Tanzania.
- It was formed by the Abanyambo tribe in Tanzania.
- King Rumanika of Karagwe kingdom welcomed John Speke and James Grant on their journey to East Africa.

CHIEFDOMS IN EAST AFRICA.

- A chiefdom is an area ruled by a chief.

Examples of tribes that formed chiefdoms in east Africa.

- Iteso
- Acholi
- Masai
- Kikuyu
- Kamba
- Chagga
- Basoga

Ancient chiefdoms in East Africa.

- Chagga chiefdom
- Yao chiefdom
- Nyamwezi chiefdom
- Busoga chiefdom

Duties of the chiefs.

- They settled disputes in the chiefdom.
- They collected taxes.
- They conducted cultural rituals.

NYAMWEZI CHIEFDOM.

- The word Nyamwezi means "people of the moon"
- The Nyamwezi were called so because they came from the western direction where the moon is first seen.
- They were named the Nyamwezi by the coastal dwellers.
- The Nyamwezi rulers became more powerful and joined more chiefdoms together into one empire called the Nyamwezi empire.
- The Nyamwezi lived in small communities headed by the chiefs called the ntemi/mutemi (in singular).

Duties of the Mtemi.

- He prayed for the people.
- He settled conflicts among people.
- He made sacrifices to the gods on behalf of his people.
- He collected taxes.

Famous rulers of the Nyamwezi.

- Chief Mirambo
- Nyungu ya Mawe

The rule of mirambo.

- Mirambo started his territory as a small chiefdom called Ugowe.
- He expanded his territory by attacking the neighbouring communities.
- Urambo became the headquarters of Mirambo.
- Mirambo's ambitions were to create a large empire with wealth and military power.
- Urambo which was the capital of Mirambo became a major trading centre.

Reasons fo the success of Mirambo.

- He had a well trained army called the Ruga Ruga.
- He was very hard working.
- He acquired guns from the Arabs.
- His ability to fight, defeat and absorb other communities.

Importance of the Ruga Ruga.

- It protected the chiefdom from external attacks.
- It invaded trade caravans for goods.
- It raided communities for expansion.

Causes of the downfall of Mirambo's empire.

- The death of Mirambo.
- The indiscipline of the Ruga Ruga.
- There was no unifying force.

❖ Weak leaders like Mirambo's brother Mpandashalo.
❖ The retention of much power by local chiefs.

The rise of Nyungu ya Mawe.

- Nyungu ya mawe means "pot of stones". It was a praise name.
- The headquarters of Nyungu ya Mawe were at Kiwele.

The Administrative system of Nyungu ya Mawe.

❖ He had centralized admistrative units governed by chiefs (Vatwale).
❖ All trade routes were directly under him.

Reasons why Nyungu ya Mawe was economically successful.

❖ He raided caravans of their items.
❖ He sold ivory and slaves.
❖ He had control over the main trade routes.

Note:

-Nyungu ya Mawe died in 1894 and was succeeded by his daughter Mgalula.
-Nyungu Ya Mawe's empire collapsed when the Germans occupied his capital at Kiwele in 1895.

Reasons why some tribes didn't form kingdoms.

- They lived unsettled life.
- They were not united.
- They were not organised.

THE MASAI

- They belong to the Plain Nilotes.
- They settled in southern Kenya and northern Tanzania mainly in the rift valley areas.
- They are mainly cattle keepers.
- The Masai had no single ruler.
- They were divided into many groups. i.e age, sex, elders.
- Each group was led by a religious leader called Laibon (chief) e.g. Laibon Lenana.
- The Masai society had several ceremonies e.g. ear cutting, milk drinking, circumcision, meat ceremony etc.

THE KIKUYU

- They belong to the Bantu and settled on slopes of mountain Kenya.
- The ancestors of the Kikuyu are believed to be Kikuyu and his wife Mumbi who were created by Ngai (god).
- Each family had a homestead, several families formed a ridge (mbari).
- The Kikuyu were ruled in a clan system.
- The political power was exercised by the council of elders led by a headman (muramati).

Duties of the headman (muramati).

- Conducting initiation ceremonies.
- Presiding over religious ceremonies.
- Settling disputes.
- To make laws.

SOCIAL ORGANISATION OF THE PEOPLE OF EAST AFRICA.

- This refers to how people of pre-colonial East Africa used to relate with each other.

Ways how different societies were socially organised.

- They formed clan units
- They had families
- They had age groups
- They had rules and regulations.
- They offered traditional education.
- They carried out social activities.
- They had traditional ways of worship.
- They performed traditional practices.
- They had taboos. (beliefs that forbade people from certain acts)
- Culture was highly respected by all people in the society.

- **A clan is an organised group of people under one ancestor / fore father.**
- **Clans are formed by families that are related to each other.**
- **A Lineage is a small group of people in a clan under one ancestor.**
- **Each clan is headed by a clan leader.**

Duties of a clan leader.

- **To keep clan records.**
- **To settle disputes among clan members.**
- **To preside over clan meetings.**
- **They distribute land among clan members.**
- **To chair clan meetings.**

Examples of clans in our community

- **Lion clan**
- **Elephant clan**
- **Sheep clan**
- **Leopard clan**
- **Dog clan**
- **Goat clan**

Symbols of a clan for identification.

- **Clan name**
- **Drumming**
- **A totem**

Note:

- ✓ ***A totem*** *is a special animal, object or plant that is highly respected in a particular clan.*
- ✓ *Clan leaders organise meetings that bring different people together.*

Duties of clan heads.

- **They settle disputes among clan members.**
- **The register clan members.**
- **They conduct clan meetings.**
- **They conduct religious ceremonies.**
- **They unite clan members.**
- **They distribute land among clan members.**

TABOOS.

- **A taboo is a belief that forbids people from certain acts.**

Examples of taboos.

- **No sitting on fire stones.**
- **No eating your totem.**
- **No whistling at night.**
- **No sweeping at night.**
- **No sitting on the grinding stone.**

Importance of taboos.

- **They promote unity.**
- **They promote morals among children.**
- **They promote safety.**
- **They promote respect for elders.**

Note:-*A totem* *is an animal, bird, insect or plant that is most respected by people in a particular clan.*

Examples of clans and their totems.

Tribe	*clan*	*Totem*
Bakonzo	Abakyira	grasshopper
	Abahira	Guinea fowl
Iteso	Ikomolo	Ikwenyi
Baganda	Nte	Cow
	Mamba	Lung fish
	Mbogo	Buffalo
	Enkima	Monkey
	Mpologoma	Lion

CULTURE.

- Culture is the way people live and behave in a given society.

Types of culture.

- Material culture.
- Non-material culture

Material culture.

- These are tangible things (items) used by people in their daily life.

Examples of material culture.

- Royal regalia.
- Crafts
- Weapons.
- Food
- Clothes .

Non-material culture.

- These are beliefs and practices of people in their societies.

Examples of non-material culture.

- Religious practices.
- Language.
- Naming.
- Taboos.
- Circumcision.
- Customs.
- Greeting.

Elements of culture.

- Marriage ceremony.
- Music.
- Feeding.
- Dressing.
- Worship.
- Burial ceremony.
- Land demarcation.

Challenges facing African culture.

- Rural-urban migration.
- High mortality rate.
- Separation of children from parents.
- Environmental degradation.
- Media influence e.g. use of internet.
- Parents take long hours at work.

Ways of preserving/ promoting culture.

- By protecting historical sites.
- By organising music festivals.
- By organising traditional games.
- By telling stories and legends.
- By wearing cultural clothes.
- By teaching culture in schools
- By organising cultural games.

Importance of culture.

- It promotes morals among people.
- Cultural institutions promote development of places.
- It promotes unity and cooperation among children.
- It promotes hard work.
- It promotes identity.

Cultural practices carried out by people in different communities.

-Circumcision -ear notching - tattooing - Female Genital Mutilation -detoothing -child naming

Dangers of some cultural practices.

- Some cultural practices lead to the spread of diseases.
- They lead to body deformities.
- They lead to violation of human rights.
- They cause psychological torture to children.
- They are painful e.g. Female Genital Mutilation.

N.B:-***Female Genital Mutilation*** *was commonly practised by the* ***Sabiny*** *in Eastern Uganda.*

*- **Circumcision** is commonly practised by the **Bakonzo** and the **Bagishu** in Uganda.*

SOCIAL ACTIVITIES.

- These are activities that bring people together in the commmunity.

Examples of social activities.

- Child naming ceremonies.
- Burial ceremonies
- Wedding ceremonies.
- Birthday parties.
- Last funeral rites.
- Circumcision ceremonies.
- Graduation parties.
- Initiation of heirs.

Importance of social activities.

- They promote unity among people.
- They promote culture in the community.
- They strengthen clan norms.
- They promote morals among people.
- They promote identity.
- They promote love among people.

Informal education (traditional education).

- This is the type of education given to the young ones from their homes.
- Children are trained various skills on how they can live successfully in their local environment. This was the main type of education in the past.
- It was mainly provided by the parents, elders and leaders in the society.
- It was provided at fire places, in the bush etc.
- Ways traditional education was conducted.

- Through songs.
- Through stories.
- Through folk tales.
- Through proverbs.

Lessons/ skills that were taught to young ones during informal education.

-Hunting -Wrestling -Raiding (fighting) -Digging - Iron smelting - Building houses.

Importance of informal/ traditional education.

- It promotes and preserves culture.
- It teaches young ones vocational skills.
- It trains children proper behaviour and manners.
- It trains young ones to be self reliant and responsible citizens.

WORSHIP.

- Worship is the way people express honour for the deity or any sacred object.
- The people of East Africa largely worshipped their local gods. This kind of worship/ religion was known as African Traditional Religion (ATR).

Places where people worshipped from in ATR.

-Shrines/ temples - under big trees - on hills and mountains - in the forest.

Ways in which people worshipped in ATR.

- By lighting fire places.
- By singing and drumming.
- By pouring a little drinks before taking them.
- By giving food and drinks to their gods.
- Through offertories
- Through sacrifices.
- By roasting meat at fire places as offering.
- By praying.

Ways people worship God today.

- By reading the Bible.
- By paying alms/ tithe/ offertory.
- By singing hymns.
- By clapping hands for God.
- By dancing for God.

Names of God in some societies.

Society/ tribe	*Name of God*
Buganda	Katonda
Ankole	Ruhanga
Bugishu	Were
Kikuyu	Ngai
Acholi	Lubanga
Basoga	Kibumba
Iteso	Lokusuban
Kakwa	Nyulese
Bunyoro	Rugaba

Reasons why people worship today.

- To get blessings.
- To have children.
- To get good harvests.
- To get rain.

Examples of religions in East Africa.

- African Traditional Religion (ATR).
- Islam
- Christianity
- Buddhism.
- Hinduism.

ECONOMIC ORGANISATION OF PEOPLE OF PRE-COLONIAL EAST AFRICA.

- East African socities organised themselves in trade communities.

Ways the people of pre-colonial East Africa were economically organized.

- Through practising their traditional occupation.e.g. cultivation, pastoralism, fishing etc.
- Through iron smelting.
- Through carrying out trade. The main system of trade was barter trade because there was no medium of exchange during that time.

Economic activities that were carried out by people in different societies.

- Crop growing
- Fishing
- Trade
- iron smelting
- pottery
- salt mining
- pastoralism
- hunting

TRADE.

- Trade is the buying and selling of goods and services.

Systems of trade.

- Barter trade.
- Monetary trade.

BARTER TRADE.

- Barter trade is the exchange of goods for goods and services.
- It was the commonest system of trade amongst the people of pre-colonial East Africa because there was no money by then.

Items of trade that were exchanged during Barter trade.

-Salt, -matooke, -slaves, -bark cloth, -ivory, -hides and skin, -animals, -iron tools, -herbal medicine.

Factors that enabled Barter trade to be carried out.

- Absence of currency.
- Production of different goods by communities.
- Unity and friendship among people.

Advantages of Barter trade.

- It cheap since it doesn't involve the use of money.

- It creates friendship and unity among traders.
- It creates chances of employment to people.
- It easy for the illiterates.
- You use what you have to get what you don't have.

Disadvantages of barter trade.

- There was double coincidence of wants.
- It was hard to store wealth.
- It did not favour people without physical goods to exchange.
- There was no standard measure of value for goods.
- It was difficult to move with bulky goods over long distances.
- There is wastage of time to look for a person with what you want.

Effects of barter trade on the people of pre-colonial East Africa.

- It promoted peace and unity.
- It enabled people get new items of trade.
- It promoted friendship among people.
- It led to development of trade routes.

MONETARY TRADE.

- This is the system of trade that involves the use of money as a medium of exchange.
- When the Arabs came to East Africa, they changed the medium of exchange when they brought cowrie shells from Maldive islands.
- Cowrie shells was the first medium of exchange(form of currency) to be introduced by the Arabs in East Africa.
- Rupees/Indian rupees was the second form of currency to be introduced in East Africa by the Indians.

Qualities of money.

- It should be portable.
- It should be divisible.
- It should be durable.
- It should be acceptable.

Uses of money.

- It is used as medium of exchange.
- It helps consumers to buy goods and services.
- It helps in payment of debts.
- It is a common measure of value.
- It promotes local and international trade.
- It helps in buying assets e.g. land house etc.

Ways in which people misuse money.

- Through drinking alcohol excessively.
- Through murdering people.
- Through bribing people.
- Through prostitution.

Advantages of monetary trade.

- There is a standard measure of value.
- It discourages cheating.
- It is easy to carry money than physical goods.

Disadvantages of monetary trade.

- Money can easily be lost.
- It doesn't not promote friendship among people.
- It encourages stealing.



Testing Exercise.

1. Give the meaning of the term History.
2. Mention any four sources of history.
3. State any one advantage oral tradition has over written history as a source of history.
4. Why is Dr. Louis Leakey remembered in the history of East Africa?
5. Name the place in East Africa where the oldest skull of man was discovered.
6. Why is East Africa referred to as the cradle of mankind?
7. Give any two ways a museum is economically important to a country.
8. Name the stone age site in Uganda which is famous for rock paintings.
9. How is Bigobyamugenyi related to the Bachwezi?
10. State any two characteristics of the old stone age man.
11. Which important discoveries marked the end of each of the following stone ages;
    (i) Old stone age.
    (ii) Middle stone age.
    (iii) New stone age.
12. Give any two ways the discovery of fire helped early man to live in caves.
13. How was a dog useful to early man.
14. In which way did the discovery of farming help man to live a settled life?
15. Give any three ways early man obtained his food.
16. How was a bolas useful to early man?
17. Give one way the discovery of iron smelting improved early man's life.
18. Complete the table below correctly.

Ethnic group	*Origin*	*One tribe in each country*		
		Uganda	*Kenya*	*Tanzania*
(i) Bantu	----------	----------	--------	---------
(ii) ----------	----------	Sabiny	--------	---------
(iii) ----------	----------	----------	Masai	---------
(iv) Cushites	Ethiopia	----------	--------	---------

19. What is an Ethnic group?
20. Give any two reasons why the Bantu settled in the interlacustrine region.
21. Mention one Bantu tribe that lives on the slopes of the following mountains.
    (i) Mountain Rwenzori
    (ii) Mountain Kilimanjaro
    (iii) Mountain Elgon
22. State any four causes for the migration and settlement of the ethnic groups into Uganda.
23. How did the migration of the Bantu into East Africa affect the Bushmen?
24. Mention the three sub-groups of the Nilotes.
25. How did the Alur tribe come into existence in East Africa?
26. Name the place where the River-Lake Nilotes first settled in East Africa.
27. State any three ways the migration of the Nilotes affected the people of East Africa.
28. How is Emigration different from Immigration?
29. Give any two reasons why many people migrate from villages to towns today.
30. State any two ways the government can encourage the migration and settlement of people from towns to villages.
31. Give one way the people living in towns depend on those living in villages.
32. Name the earliest empire to be formed in East Africa.

33. Give any three ways the Bachwezi contributed to the economic development in East Africa.
34. Why did the Bachwezi dig ditches around their kingdom?
35. State any three factors for the collapse of Bunyoro-Kitara empire.
36. Give any two ways kingdoms are important to a country.
37. Name the interlacustrine kingdom which replaced Bunyoro-Kitara.
38. What name was given to the strong army of;
    (i) Omukama Kabalega?
    (ii) Chief Mirambo?
39. Why is Seychelles islands historically remembered in Buganda and Bunyoro?
40. Name the only Bantu tribe which formed a kingdom in Kenya.
41. State any three factors that led to the growth and expansion of Buganda kingdom.
42. Name the famous king of Wanga kingdom who collaborated with the British.
43. Name the famous king of Buganda who ruled with the help of the regents.
44. Give any three ways the people of pre-colonial East Africa socially organised themselves.
45. Mention any two duties performed by clan leaders in most pre-colonial societies in East Africa.
46. Give the meaning of the term Culture.
47. State one way culture can be preserved in our society today.
48. Give any three ways culture is important in the society.
49. Mention any three social activities that are commonly practised among the people of East Africa.
50. Why was Barter trade the commonest trade system among pre-colonial societies in East Africa?

EARLY VISITORS/ FOREIGNERS TO EAST AFRICA.

- A foreigner is a person from a different country to another that is not his/ her own.

Groups of foreigners that came to East Africa.

- Traders
- Explorers
- Christian missionaries
- Colonialists
- Settlers

The traders.

These are group of foreigners who came to East Africa to carryout trade.

Groups of traders who came to East Africa.

- Arab traders from Arabia.
- Indian traders from India.
- European traders from Europe.
- Persian traders from Persia.

THE ARAB TRADERS.

- These were the first group of foreigners to come to East Africa.
- The Arab traders came from Arabia.
- The Arabs used special boats called dhows to come to East Africa.
- The dhows were driven to and from the coast of East Africa by monsoon winds.
- The settled along the coast of East Africa and formed the Zenj empire.
- The coast of East Africa was called "Land of zenj" meaning "the land of black people".
- Ahmed Bin Ibrahim was the first Arab trader to come to Uganda.

Reasons for the coming of the Arab traders to East Africa.

- To carryout trade.
- To spread the Islamic faith.
- Some were running away from religious wars and persecution in their home country.

The Zenj empire.

- The word Zenj means "black".
- The Zenj empire was the land of the black people.
- This empire was founded by an Arab called Hassan Bin Ali along the coast of East Africa.
- Zenj empire was mainly a trade empire between the local people and the Arabs. It had less political leadership.
- The most important trading city was Kilwa. Other trading centres were; Mogadishu, Malindi,sofala, Mombasa, and Zanzibar.
- In 1840, Seyyid Said became the ruler of the Zenj empire.
- He made Zanzibar the capital of the empire.
- He transferred his capital from Muscat (Oman) to Zanzibar.
- Seyyid Said introduced the growing of cloves at Zanzibar.

Examples of trade items the Arabs brought to East Africa.

-Guns - mirrors - gun powder -ornaments - beads -glasses - jewellery - carpets.

Examples of trade items the Arabs got from East Africa.

-Ostrich feathers - ivory - gold - local salt - slaves - hides -wax -iron ore -copper. etc.

Effects for the coming of Arab traders into East Africa.

a) **Positive effects/contributions.**

- They promoted trade by introducing new trade items.
- They introduced Islam.
- They introduced Kiswahili culture through the intermarriages of the coastal Bantu and the Arabs.
- They introduced new crops like rice, cloves etc.
- They introduced zebu cattle.
- They introduced cowrie shells. (the first form of money to used in East Africa.)
- They introduced the Arab styles of dressing and building houses.
- They led to development of coastal towns eg.Kilwa, Mombasa etc

Negative effects for the coming of the Arabs into East Africa.

- The exploited East Africa's resources.
- They introduced slave trade.
- They increased poaching of elephants for ivory.
- They undermined African culture.
- They led to wars and conflicts in East Africa.

Reasons why the Arabs took long to enter the interior of East Africa.

- They feared hostile tribes like Masai.
- There were no proper routes to the interior of East Africa.
- They feared attacks from dangerous wild animals.

Reasons why the Arabs took long to spread Islam in East Africa.

- The Arabs were more interested in trade than spreading Islam.
- There were very few muslim preachers in East Africa.
- The Africans hated the Arabs for being slave traders.
- Arabic language was too difficult to be understood by the people of East Africa.
- The Africans feared some Islamic practices such as circumcision, fasting etc.

LONG DISTANCE TRADE.

- This was a trade that was carried out between the coastal people and those in the interior of East Africa.
- The Long distance trade was called so because traders moved long distances on foot carrying their goods.

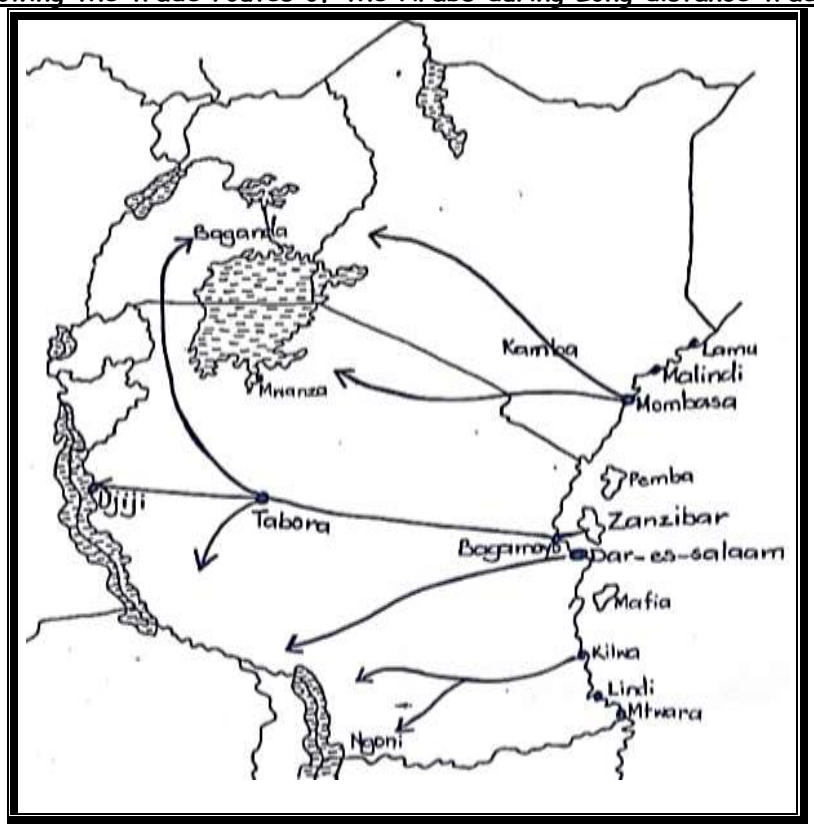
- During Long distance trade, traders moved in caravans for protection against wild animals and hostile people.
- They also moved in caravans to protect themselves against bandits.
- Barter trade was the system of trade used during long distance trade until the introduction of cowrie shells.
- The Long distance trade was organized along three trade routes.
- The Northern route ran up to Chagga land and Kilimanjaro area. It also moved through the Masai land to Wanga kingdom.

On this route, the Akamba provided iron, cattle and salt.

- The Central route ran via Central Tanzania to Tabora. The Tabora market was built on his route.

  It continued to Ujiji and Karagwe. It also branched to Uganda. The main trade items were ivory, salt and cattle.
- The Southern route started from Kilwa to Malawi through Yao, Makua and Makonde. The main trade items along this route were the slaves.
- **Note:**-*A caravan is a group of traders with their goods moving together on foot.*

A map showing the trade routes of the Arabs during Long distance trade in East Africa.



Tribes in East Africa who took part in the Long distance trade.

- Baganda.
- Nyamwezi.
- Banyoro.
- Yao.
- Akamba.
- Kikuyu

Foreigners who took part in the Long distance trade.

- Arabs.
- Indians.
- Persians.

Trading centres/towns during Long distance trade.

- Zanzibar.
- Sofala
- Tabora.
- Kilwa.

Ivory was an important trade item during



- **Bagamoyo.**

Trade items from different tribes.

Baganda	*Nyamwezi*	*Kamba*	*Yao*
ivory,slaves,hides, skins ,cattle	hoes, ivory, salt, iron ore, grains, wax	ivory, hides and skin, honey and wax.	ivory, slaves.

Effects of Long distance trade.

a) Positive effects.

- ❖ **Kings and chiefs became richer.**
- ❖ **It led to introduction of new items in East Africa.**
- ❖ **It led to introduction of Arabic language.**
- ❖ **It led to development of coastal towns.**
- ❖ **It led to expansion of kingdoms.**
- ❖ **It led to development of Swahili culture in East Africa.**
- ❖ **It led to introduction of new dressing styles.**
- ❖ **It led to the spread of Islam in East Africa.**

b) Negative effects.

- ❖ **It led to introduction of slave trade.**
- ❖ **It led to over exploitation of East Africa's resources.**
- ❖ **It led to loss of African culture.**
- ❖ **It lead to death of people as a result of slave trade.**
- ❖ **It led to wars and conflicts among societies.**

SLAVE TRADE IN EAST AFRICA.

- **Slave trade is the buying and selling of human beings.**
- **A slave is a person who is owned and controlled by another person.**
- **Slavery is the state of being owned by another person.**
- **Slave trade was introduced in East Africa by the Arab traders.**

Reasons why slave trade was introduced in East Africa.

- **Slaves were needed to carry goods from the interior to the coast of East Africa.**
- **There was need for labour on plantations and in mines.**
- **Traders needed slaves to do domestic work.**
- **African kings and chiefs wanted foreign goods in exchange for slaves.**

Ways slaves were got/ obtained.

- **Through raiding villages.**
- **Through buying war captives from African chiefs and kings.**
- **Through capturing lonely people.**
- **Through abduction.**

Most famous slave traders in East Africa.

- **Hamed Bin Muhammed (Tippu Tip)-He was the most powerful slave trader in East Africa.**
- **Abu Said**
- **Fundikiri**
- **Msri**

Note:

- ✓ ***Khartoumers*** *were the worst slave traders from Egypt and Sudan. They raided people of Northern Uganda i.e. Acholi, Alur and Lugbara for slaves.*

✓ ***Sir Samuel Baker*** *built* ***Fort Patiko*** *which protected the people of Northern Uganda from the Khartoumers who were slave traders.*

Qn. *Why was Sir Samuel Baker liked by most people in Acholi land?*

Qn. *How did Sir Samuel Baker help to end slave trade in Northern Uganda?*

African tribes who mostly took part in slave trade.

- **Yao**
- **Hehe**
- **Kamba**
- **Nyamwezi**
- **Baganda**
- **Banyoro**

Slave markets in East Africa.

- **Zanzibar -largest slave market located at the East African coast.**
- **Tabora (Kazeh)- largest slave market in the interior of East Africa.**
- **Kilwa**
- **Mombasa**
- **Malindi**

Places where slaves from East Africa were taken.

- **Mauritus**
- **America**
- **West indies**
- **Re-union islands**
- **Saudi Arabia**
- **Europe**
- **Pemba and Zanzibar – They were sold there to work on the plantations of the French.**

Methods used to stop slave trade.

- **Through publishing books about the evils of slave trade.**
- **Through use of military force.**
- **By signing treaties.**
- **Through decampaigning by the missionaries.**
- **By constructing the Kenya–Uganda railway. This enabled traders to use trains in transporting goods instead of using human beings.**
- **Britain made slave trade illegal.**
- **Slave markets were closed.**

Treaties that were signed to abolish/ stop slave trade in East Africa.

- **Moresby treaty: It was signed between Fairfax Moresby and Sultan Seyyid Said in 1822.**
- **Hamerton treaty: It was signed between colonel Hamerton and Seyyid said in 1845.**
- **Frere treaty: It was signed by Bartle Frere and Sultan Barghash in 1873.**

People who participated in the abolition of slave trade in East Africa.

❖ **Dr. David Livingstone.**
He wrote negative reports about the evils of slave trade to his home country.

❖ **Sir Samuel Baker.**
He built fort Patiko to protect the people of Northern Uganda from slave traders.

❖ **Sir William Wilberforce**
He decampaigned the evils of slave trade through the British parliament.

❖ **Seyyid Said**
He helped the British army to fight slave traders in the Indian ocean.

❖ **Adam Smith**

❖ **Granville Sharp**

❖ **Thomas Clarkson**

Note: *After the abolition of slave trade in East Africa, Zanzibar and Bagamoyo were made a home of freed slaves.*

Reasons why it was difficult to stop slave trade.

- ❖ **Kings and chiefs were supporting it.**
- ❖ **This was because they were getting a lot of wealth from it because it was profitable.**
- ❖ **There was still need for labour on plantation farms and in mines.**
- ❖ **The Arabs opposed the abolition of slave trade.**
- ❖ **Britain thought stopping slave trade would weaken its naval power.**
- ❖ **There was no better means of transport.**

Reasons why slave trade was abolished.

- ❖ **The industrial revolution in Europe. Machines were used on farms and mines instead of human beings.**
- ❖ **Slave trade was against human rights.**
- ❖ **Slave trade was a violent and destructive trade.**

Effects of slave trade in East Africa.

a) Positive effects of slave trade.

- **It led to introduction of Islamic religion in East Africa.**
- **It led to development of Kiswahili language and culture.**
- **It led to expansion of kingdoms and chiefdoms.**
- **It led to development of coastal and inland towns.**
- **It to introduction of new trade items.**
- **East Africa was known to the rest of the world.**

b) Negative effects of slave trade.

- **It led to death of people.**
- **It led to destruction of property.**
- **Families broke up.**
- **It led to hatred between traditional rulers and natives.**
- **It led to exploitation of East Africa's resources.**
- **Many people were displaced from their homes.**
- **It led to inter-tribal wars.**
- **It led to decline of agriculture as people were always at run.**
- **It increased famine as energetic people who would carryout farming were taken as slaves.**

THE INDIAN TRADERS.

- **These came from India.**
- **They came into groups i.e.Banyans and Indian coolies.**
- **The Banyans was the major group of Indian traders.**
- **The Banyans used to lend money to the local traders.**
- **The Indian coolies were brought to build the Kenya-Uganda railway.**

Contributions of the Indians to the economic development of East Africa.

- **They opened up shops in East Africa e.g.Allidina Visram who started up the first shop in Kampala.**
- **The Indian coolies built the Kenya–Uganda railway.**
- **They introduced rupees as a new form of currency.**
- **The Banyans lent money to local traders.**
- **They introduced Rupees as a form of currency.**
- **They built industries in East Africa e.g. Kakira sugar factory by Madhivan and Lugazi sugar factory by Mehta.**

✓ *Note:-**The Rupees** was the second form of currency which replaced the Cowrie shells.*

EUROPEAN TRADERS.

- **The Portuguese were the first Europeans to come to East Africa.**
- **The Portuguese mainly came to look for the shortest sea route to India.**
- **Other European traders were; the British, French and Germans.**

The major European traders in East Africa.

- **William Mackinnon for IBEACO.**
- **Dr. Carl Peters for GEACO.**

Major European chattered/trading companies in East Africa.

- **Imperial British East Africa Company (IBEACO) led by Sir William Mackinnon.**
- **German East Africa Company (GEACO) led by Dr. Carl Peters.**

Note:

- ***Captain Frederick Lugard*** *was the representative of IBEACo in Uganda.*
- *Trading companies built transport and communication lines in East Africa.*

Reasons why trading companies were formed.

- **To carry out trade.**
- **To protect missionaries.**
- **To set up commercial empires in East Africa.**
- **To control East African territories on behalf of their home governments.**

CHRISTIAN MISSIONARIES IN EAST AFRICA.

- **Christianity is a religion based on the teachings of Jesus Christ.**
- **Christianity was introduced by the missionaries from Europe especially from the countries of England, Germany, France and Italy.**
- ***A missionary*** **is a person who spreads the word of God in a foreign country.**

Note:

- *The Christian missionaries who came to Uganda were invited by Kabaka Muteesa I of Buganda.*
- ***Henry Morton Stanley*** *wrote a letter on behalf of Kabaka Muteesa I inviting Christian missionaries to Uganda.*

Reasons why Kabaka Muteesa I invited Christian missionaries.

- **He wanted them to protect him against his enemies.**
- **He wanted them to bring him guns to fight against his enemies.**
- **He wanted them to promote literacy in Buganda.**
- **He wanted them to spread Christianity in Buganda.**

Groups of missionaries into East Africa.

- **Protestant missionaries.**
- **Roman catholic missionaries.**

Protestant missionaries.

- **They introduced the Anglican faith in East Africa.**
- **They came from Scotland, Germany and England.**
- **The Protestant missionaries to East Africa were mainly sponsored by the Church missionary Society (CMS).**

Note:-*The Church Missionary Society* *(CMS) sponsored the journeys of the protestant missionaries who came to East Africa.*

These first protestant missionaries to come to East Africa.

- **Johann Ludwig Krapf**
- **Johannes Rebman**
- **Jakob Erhardt**

Note:

- *The fisrt group of Protestant missionaries arrived in Uganda in 1877. This included; Reverend C.T Wilson, Shergold Smith and O'Neil.*
- *They set up their mission station at Mengo.*
- *This group was led to East Africa by Alexander Mackay who also arrived in Uganda in 1878.*

Notable Christian missionaries in Africa with their contributions.

Missionary	*Contribution(s)*
Alexander Mackay 	• He was the leader of the church missionary society in Uganda. • He was a carpenter, builder, and teacher. • He introduced the first printing press in Uganda. • The printing press was used to print reading materials and prayer books. • He taught practical and vocational skills like carpentry and joinery.
Dr. Albert Cook	• He built Mengo hospital.(the first hospital in Uganda) • He treated people suffering from sleeping sickness on the shores of Lake Victoria.
Kenneth Borup	• He introduced the fast growing cotton seeds in Uganda. This cotton was called the American upland cotton.
Robert Ashe	• He introduced the first bicycle in Uganda.
Bishop Alfred Tucker	• He mobilised funds from Europe to support the activities of IBEACo, when it had run bankrupt.
Johann Ludwig Krapf 	• He was the first missionary to come to East Africa in 1844. • He was later joined by Johannes Rebmann in 1846. • Krapf built the first mission station in East Africa at Rabai Mpya near Mombasa in Kenya. • Rabai Mpya acted as a base for missionary activities like;Bible reading, Bible translation, music rehearsals, training of catechists(clergymen) etc. • Krapf wrote the first Swahili dictionary. • Krapf translated the New testament Bible into Kiswahili language. He wanted to ease Bible reading, communication and hymn book reading. **Note:-** *Krapf became the first European to see mountain Kenya and river Tana.*
Johannes Rebmann	• He greatly influenced the lives of the Chagga. • He became the first European to see mountain Kilimanjaro.
Jakob Erhardt	• He attempted to draw the first map of East Africa.
Dr. David Livingstone. 	• He was sent by the Church Missionary Society. • He worked in East, Southern and Central Africa. • He formed the Universities Mission to Central Africa (UMCA). • He worked hard to stop slave trade in Africa. • He was a doctor, a missionary and an explorer. **Ways Dr.David Livingstone helped to end slave trade.** • He wrote reports about the evils of slave trade to his home government. • He mobilized funds from Europe to help in fighting against slave trade. **Note:** ✓ *He died of malaria in 1873 in Zambia. His body was carried by his faithful servants Chuma and Susi to the coast of East Africa.* ✓ *He was buried at Westminster Abbey, a burial place for prominent people in England.*
Dr Steer	• He built homes for the freed slaves in Zanzibar.

	• He built a cathedral in Zanzibar.

THE ROMAN CATHOLIC MISSIONARIES.

- This was the second group of Christian missionaries to come to East Africa.
- They introduced the Catholic faith in East Africa.

Examples of Roman catholic missionaries who came to East Africa.

- Fr. Simon Lourdel
- Bro. Amans Delmas
- Fr. Leon Barbot
- Fr. Girault Ludovic.

These came from Italy, France, and England.



Father Simon Lourdel

Groups of Roman catholic missionaries that came to East Africa.

- The White fathers from France.
- The Holy Ghost fathers from France.
- The Mill Hill fathers from England.
- The Verona fathers from Italy.
- The Comboni fathers from Italy.

The White fathers.

- They were the first Roman catholic missionaries to come to East Africa.
- They were sent by Cardinal lavengerie from Algeria.
- They were led by father Simon Lourdel (father Mapeera) and Brother Amans Delmas.
- They arrived in Uganda on 17th February, 1879.

The Mill hill fathers.

- They built Namilyango college school in 1902. It was the first boarding to be built by Christian missionaries in Uganda.

Reasons for the coming of Christian missionaries East Africa.

- To spread Christianity.
- To fight against slave trade.
- To civilize the people of East Africa.
- To teach people how to read and write.
- To suppress the spreading of Islam.
- To spread the European culture.

Problems faced by the Christian missionaries in East Africa.

- Difficulty in communication with the natives.
- Opposition from hostile people.
- Attacks from wild animals.
- They walked long and tiresome distances.
- Opposition from the Arabs.
- Attacks from tropical diseases.
- Shortage of supplies like medicine.

Effects for the coming of Christian missionaries in East Africa.

a) **Positive effects.**

- They spread Christianity in Uganda.
- They introduced modern farming methods.
- They stopped slave trade.
- They built churches eg. Lubaga, Namirembe etc
- They built schools eg. Namilyango College in 1902, Gayaza High school by the CMS in 1904, Mengo High School by the CMS in 1898, King's College Budo by the CMS in 1906, St.Mary's College Kisubi by the White fathers in 1906 etc.
- They built hospitals eg. Mengo hospital, Nsambya hospital, Rubaga hospital, Lacor hospital.
- They discouraged negative cultural practices.
- They introduced new crops eg.cotton by Kenneth Borup.

- **They taught Africans how to read and write/ introduced formal education.**
- **They taught people practical skills like carpentry, building and agriculture.**

Note:

- ***Formal education*** *is the type of education that replaced informal education.*
- *Formal education involved Reading, Writing and Arithmetic (3Rs).*

b) **Negative effects.**

- **Missionary work led to disunity among the people of East Africa.**
- **They led to the coming of colonialists in East Africa.**
- **They led to religious wars.**
- **They undermined African culture.**

How missionary work led to the colonisation of East Africa.

- **Missionary work caused divisions among people which weakened societies in East Africa.**
- **Missionary teachings softened the hearts of the people of East Africa which made them warmly welcome the colonialists.**
- **Missionaries called their home governments for protection in case of attacks.**
- **Missionaries acted as interpreters for colonialists and the people of East Africa.**
- **They signed treaties which were used by the colonialists to take over East African territories.**



Testing Exercise.

1. **Mention any four groups of foreigners who came to East Africa.**
2. **State any two reasons for the coming of the Arab traders to East Africa.**
3. **How were the monsoon winds helpful to the Arab traders who came to East Africa?**
4. **Name the first Arab trader to come to Uganda.**
5. **Name the ruling empire that was established by the Arabs along the East African coast.**
6. **Mention any three trade items that were introduced by the Arabs to East Africa.**
7. **State any three economic contributions of the Arabs in Uganda.**
8. **Give any two reasons why the Arabs took long to enter the interior of East Africa.**
9. **Mention any two reasons why Islam took long to be spread in East Africa.**
10. **Which type of cattle did the Arabs introduce in East Africa?**
11. **Give the meaning of Long distance trade.**
12. **Why did the Long distance traders in East Africa always move in caravans?**
13. **Mention any one tribe in each of these East African countries that took part in Long distance trade.**
    - **(i) Uganda**
    - **(ii) Kenya**
    - **(iii) Tanzania**
14. **How did long distance trade affect the population of elephants in East Africa?**
15. **State any two ways Long distance trade negatively affected the people of East Africa?**
16. **Give any one reason why slave trade was introduced in East Africa.**
17. **Give any two ways the slaves were obtained in East Africa.**
18. **Why was Sir Samuel Baker liked by the people of Acholi?**
19. **How did Sir Samuel Baker help to end slave trade in Northern Uganda?**
20. **Where was the largest slave market in East Africa?**
21. **Name the largest inland slave market in East Africa.**
22. **Write down any two treaties that were signed to end slave trade.**
23. **How did the construction of the Uganda railway help to end slave trade in East Africa?**

24. State any three ways slave trade affected the people of East Africa.
25. What role did Dr. David Livingston play towards the abolition of slave trade?
26. Why were the Indian coolies brought to Uganda?
27. Mention the group of Indians who were money lenders.
28. Give any two ways the Indians promoted economic development in Uganda.
29. Give any two reasons why the IBEACO was formed.
30. How was Sir William Mackinnon related to IBEACO?
31. What role did Henry Morton Stanley play toward the coming of the Christian missionaries to Uganda?
32. How did Dr. Albert Cook promote the health sector in Uganda?
33. Name the missionary who introduced the fast-growing cotton seeds in Uganda.
34. How did Bishop Alfred Tucker support the work of the IBEACO in East AFRICA?
35. Give any two contributions made by Johann Krapf towards the spreading of Christianity in East Africa.
36. State any three reasons for the coming of the Christian missionaries to Uganda.
37. Mention ant three problems that were faced by the Christian missionaries in Uganda.
38. Which type of education was introduced by the Christian missionaries in Uganda?
39. State any two negative effects of the coming of the Christian missionaries to East Africa.
40. Give one way missionary work paved way for colonisation of East Africa.

POPULATION IN EAST AFRICA.

- Population is the total number of people living in an area at a given time.
- In East Africa, Tanzania has the biggest population, followed by Kenya and Uganda.

The table below shows the population of East African Community member states as per 2020 National population statistics.

Country.	*Total population.*
❖ Tanzania	❖ Over 59 million people.
❖ Kenya	❖ Over 53 million people.
❖ Uganda	❖ Over 45 million people.
❖ Rwanda	❖ Over 12 million people.
❖ South Sudan	❖ Over 11.5 million people.
❖ Burundi	❖ Over 11 million people.

POPULATION GROWTH.

- Population growth is the increase in the number of people in an area.

Factors that encourage Population growth.

- High fertility rate in women.
- Improved medical services.
- Early marriages.
- Polygamous marriage.
- Availability of food.
- Ignorance about family planning methods.
- Improved security and peace.
- Immigration.
- Producing children for prestige.
- Refugee influx.

Advantages of population growth.

❖ It creates a large market for goods produced in an area.
❖ It provides cheap labour force in an area.
❖ The government collects more taxes from the people in areas with a large population.
❖ It leads to development of an area.

Disadvantages(dangers) of population growth.

- ❖ **It leads to shortage of land for settlement leading to land fragmentation.**
- ❖ **It leads to development of slums.**
- ❖ **It leads to easy spread of communicable diseases due to congestion.**
- ❖ **It leads to high crime rate especially in urban centres.**
- ❖ **It leads to inadequate social services in an area.**
- ❖ **It leads to over exploitation of natural resources leading to environmental degradation.**
- ❖ **It increases government expenditure and slows down other developments.**
- ❖ **It leads to unemployment.**

Ways of controlling population growth.

- ❖ **By encouraging people to use family planning methods.**
- ❖ **By promoting girl child education.**
- ❖ **By discouraging polygamy.**
- ❖ **By enforcing strict laws on immigration.**
- ❖ **By rewarding families with a small population.**
- ❖ **By discouraging early marriages.**

Natural disasters that may reduce the number of people in an area.

- **Famine due to drought.**
- **landslides/mudslides**
- **lightning**
- **storms**
- **volcanic eruption**
- **earthquakes**
- **epidemic diseases.**

Artificial hazards that may reduce the number of people in an area.

- **Road accidents**
- **water and food poisoning**
- **fire outbreaks**
- **plane crush.**
- **wars**

Note:

- ✓ ***Population explosion*** *is the sudden / rapid increase in the number of people in an area.*
- ✓ *Refugee influx can bring about a sudden increase in the number of people in an area.*

POPULATION CENSUS.

- **Population census is the official counting of people in a country.**
- **Population census is the process of collecting, analysing and using information about people in the country.**
- **Enumerators are trained people who collect information about people in the country during the census exercise.**
- **The census exercise is organized by the Ministry of Finance, Planning and Economic development.**
- **The body that has duty of conducting the census exercise is the Uganda Bureau of Statistics (UBOS).**
- **A census night is the night before the census exercise is carried out.**
- **Population census in Uganda is carried out after every ten years.**

Reasons why the population census in Uganda is carried out after every ten years.

- **It is very expensive to carry out.**
- **To allow population changes to take place.**

Importance of carrying out a population census in a country.

- To effectively plan for the people.
- To determine the birth and death rates.
- To determine the population structure (composition of the population in terms of age and sex).
- To know the level of people's living standards.
- To know the total number of people in a country.
- To know the level of literacy in a country.

Types of information collected during a population census.

- Age of the family members.
- Number of children produced by the couple.
- Type of housing in a home stead.
- Sex of the family members.
- Religious status of the family members.
- Occupation of the people in a family.
- Major source of energy used at home
- Level of education of the family members.

Problems faced by enumerators during a population census.

- Harsh weather conditions
- Ignorance amongst the people
- Moving long distances
- Poor transport network in some areas.
- Insecurity in some areas.

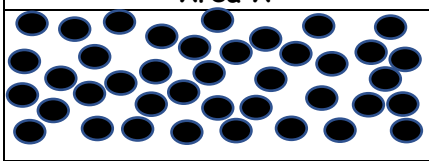
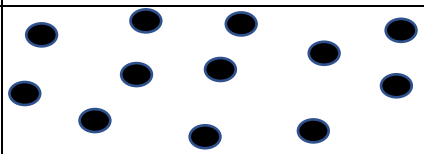
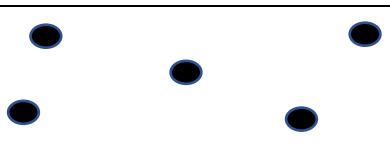
Problems faced by the government during a population census.

- Shortage of funds.
- Insecurity in a country.
- Poor transport and network.
- Wrong information given by some people.
- Shortage of skilled enumerators.

POPULATION DISTRIBUTION.

- Population distribution is the way people are spread in an area.
- The distribution of the population in East Africa varies from one area to another.
- Some areas in East Africa have very many people (are densely populated),some have a moderate number of people (optimum population) while others have very few people (sparsely populated)
- Dense population is the situation when an area has many people compared to the size of the land.
- Sparse population is the situation when an area has very few people compared to the size of the land.
- Optimum population is when the number of people living in an area can be well supported by the available resources.

Population distribution in different areas.

Area A	Area B	Area C
		
Dense population	Optimum population	Sparse population

Types of population distribution.

- Dense population.
- Sparse population.

SPARSE POPULATION

- Sparse population is when an area has very few people compared to the size of the land.

Areas that are sparsely populated.

- Semi-arid areas
- areas affected by civil wars
- steep slopes
- forested areas.
- rural areas
- areas affected by natural disasters.

Why the above areas are sparsely populated.

a) Semi-arid areas.

- The areas experience long dry seasons.
- They have infertile soils.
- The areas receive very little.
- They experience very high temperatures during day time.

b) swampy areas

- They face a lot of floods during the rainy season.
- They have dangerous aquatic animals that attack man.

c) Forested areas

- They have many disease vectors
- The government doesn't allow human settlement in such areas.

d) Steep slopes.

- They have poor transport network.
- They hinder mechanisation of agriculture.

e) Areas affected by civil wars.

- People run away from such areas in order to save their lives.

f) Rural areas.

- They have poor social services.
- They have few job opportunities.
- They have limited market for goods.

Factors that lead to low / sparse population in an area.

- Unreliable rainfall/drought.
- Outbreak of epidemic diseases in an area.
- Poor social service delivery.
- Poor/infertile soils
- Outbreak of famine.
- Political instability/insecurity.
- Presence of natural disasters like floods, landslides

DENSE POPULATION.

- This is when an area has many people compared to the size of the land.

Areas that are densely populated.

- Around the shores of lakes
- Around river banks
- Urban areas (cities, towns and trading centres)
- Plateau areas
- Areas with favourable climate
- Areas with fertile grounds for crop growing.

Examples of densely populated areas.

- **Lake shores**
  - They have fertile soils for crop growing.
  - They receive reliable rainfall which supports crop growing.
  - Presence of lakes promotes fishing.

❖ **River banks**

- They have fertile soils for crop growing.
- They receive reliable rainfall which supports crop growing.
- Presence of rivers promotes fishing.

❖ **Urban areas**

- They have many job opportunities
- They have better social services.
- They have a large market for goods.

❖ **Plateau areas**

- They have fertile soils for crop growing.
- They receive reliable rainfall which supports crop growing.
- Plateau areas have lakes and rivers which promote fishing.

❖ **Mountain slopes**

- They have fertile soils for crop growing.
- They receive reliable rainfall which supports crop growing.
- They have plenty of minerals which promote mining.

❖ **Areas along the major roads.**

- Such areas usually have a large market for goods.
- There is easy access to social service centres.
- They have many trade opportunities.

Factors that lead to a dense/ high population.

- Reliable rainfall.
- Availability of employment opportunities.
- Urbanisation.
- Industrialization.
- Improved peace and security.
- Presence of natural resources.

Factors that influence population distribution.

- ❖ Rainfall distribution.
- ❖ Employment opportunities.
- ❖ Relief of an area.
- ❖ Social service provision.
- ❖ Government policy.
- ❖ Nature of the soil.
- ❖ Security level in the region/ Political stability.
- ❖ Urbanisation.

How the above factors influence the population distribution of an area.

Rainfall distribution/ climate.

- The areas that receive reliable rainfall are densely populated because they support farming. Areas that receive very little are sparsely populated because they can't support crop growing.

Nature of the soil.

- Areas that have fertile soils are densely populated because they support plant growth. Areas with infertile soils are sparsely populated because they can not support plant growth.

Vegetation distribution.

- Areas that have thick vegetation are not occupied by people because they harbour dangerous animals, vectors and pests.
- The areas with good vegetation cover like savannah grasslands are favourable for human settlement.

Relief.

- Steep slopes of mountains have few people due to land slides, soil erosion and poor transport.

- Plateau areas and gently sloping lands are densely populated due to fertile soils,good drainage and better transport networks.
- Valley areas and plains have a low population due to floods and high temperatures.

Social service provision.

- Areas with good social service provision are densely populated while those with poor social service provision are sparsely populated.

Government policy.

- The government stops people from settling in certain areas like game parks, game reserves, swamps making them sparsely populated.

Political stability.

- Areas that are politically stable are densely populated.
- People take refuge in more peaceful countries compared to those that experience wars.

Urbanisation.

- Developed areas like towns attract many people because they have good jobs and employment opportunities while rural areas are sparsely populated due to poor social services leading to rural-urban migration.

POPULATION DENSITY.

- This is the number of people living in an area per square kilometre.
- In East Africa, Rwanda has the biggest population density while Tanzania has the smallest.

Calculations of population density.

$$\text{Population density} = \frac{\text{total population (people)}}{\text{Total area (km}^2\text{)}}$$

Example:An area has a population of 600,000 people, living in an area of 300km^2,calculate the population density of that area.

$$\text{Population density} = \frac{\text{total population (people)}}{\text{Total area (km}^2\text{)}}$$

$$= \frac{600{,}000 \text{ people}}{300\text{km}^2}$$

$$= 200 \text{ people/km}^2$$

Therefore, the population density of that area is 200 people/km^2

Types of population density.

a) High population density.

- This is a large number of people living in an area compared to the available resources.

Areas with a High population density in East Africa.

- Shores and the coast
- Mountain slopes
- Major towns and cities like Mombasa, Kampala, Dar-es-salaam.

Advantages of High population density in an area.

- It creates a large market for goods.
- It leads to a large labour force in an area.
- It leads to high revenue collection in form of taxes.
- It promotes development in an area.
- It promotes proper utilisation of resources in an area.

Problems associated/ caused with a High population density.

- Unemployment.
- Shortage of food.
- Easy spread of communicable diseases.
- Development of slums.
- Poor hygienic condition leading to disease outbreak.
- Environmental degredation.
- High crime rate.

Solutions to problems associated with a High population density.

- ❖ People in urban areas should build storeyed buildings to solve a problem of land shortage.
- ❖ Government should provide better social services in rural areas to promote urban- rural migration.
- ❖ Empowering the youths to start small scale businesses (projects).
- ❖ By extending electricity to rural areas.
- ❖ Educating people to use modern methods of farming to increase food production.

b) Low population density.

- ✚ This is when an area has a small number of people compared to the available resources.

Advantages of low population density.

- People have enough land.
- There is low crime rate.
- There is enough accommodation in an area.
- It promotes conservation of the natural environment in an area.
- Communicable diseases do not easily spread from one homestead to another.

Disadvantages of low population density.

- There is low market for local goods or imported goods.
- There is low labour force.
- There is low tax base for the government.
- There is poor social service provision.
- There is limited social security.
- There is under utilisation of resources in an area.

Solutions to a low population census.

- By improving social services to attract more people.
- By setting up industries in an area.
- By encouraging mechanisation to increase food production.
- By encouraging people to marry many wives.

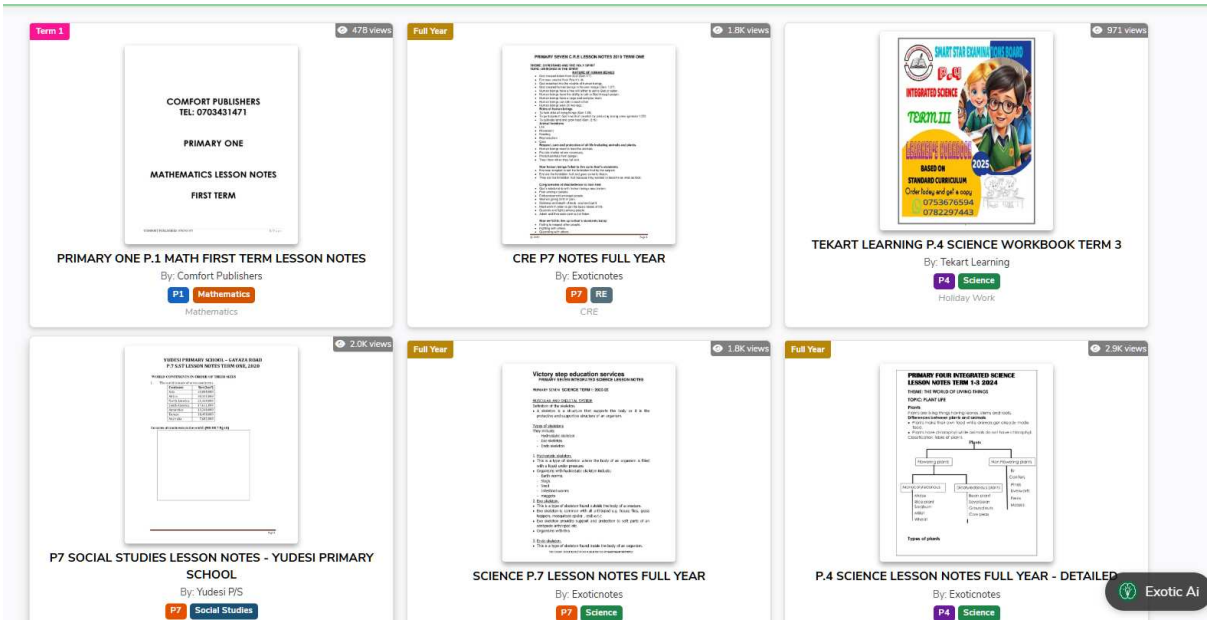




1. Give the meaning of each of the following;
   (i) Population
   (ii) Population growth
2. Give any three causes of high population growth in Uganda.
3. State any two advantages of a high population in an area.
4. Mention any two problems a country is likely to face as a result of having a large population.
5. Give any two economic benefits of a large population to the development of a country.
6. Mention any three natural disasters that may lead to the reduction in the number of people in an area.
7. Give any two ways the government can check the number of people in the country.

8. Name the body that is responsible for conducting a national census in Uganda.
9. Mention any three types of information that is collected by enumerators during the census.
10. Which ministry is responsible for conducting a national census in Uganda?
11. Give any one reason why a national census in Uganda is conducted after ten years.
12. State any three reasons why the government conducts a national census.
13. Mention any three problems faced by the enumerators during the census exercise.
14. State any three problems the government faces when conducting a national population census.
15. Give the meaning of Population distribution.
16. Mention any three factors that influence population distribution.
17. Give one reason why steep slopes of mountains are sparsely populated.
18. Mention any three factors that lead to a sparse population in an area.
19. State any one two reasons why slopes of most mountains in East Africa are densely populated.
20. Why are there many people living around the shores of Lake Victoria?
21. Mention any three examples of sparsely populated areas in East Africa.
22. Give the meaning of Population density.
23. Which East African country has the biggest population density?
24. Calculate the population density of town W which has a population of 4500 people living in an area of $90km^2$.
25. Give one way the government can encourage the settlement of people in rural areas.

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