P.1 LITERACY LESSON NOTES TERM ONE

WEEK ONE –Revision and Orientation
WEEK TWO – Monday lesson 3 and 4
Theme: Our school
Sub-theme: People in our school
Content:
A school
What is a school? A school is a place where we go to learn.

People found in our school

Teacher	Head teacher	
Cook	Matron	Principal
Pupils/learners	Deputy head teacher	Administrator
Nurse	Bursar	Security guard
Driver	Librarian	Hygiene assistants
	Accountant	

Name these people found at school





_____ _____

Activity A

1. A ……..is a place where we go to learn.
2. Name these people in our school.



…….  ……

Draw a school

Activity B

1. How do we call a place where we go to learn?
2. What is the name of your school?
3. Write two people found at school.
4. Who heads a school?

Activity C

1. What is a school?
2. Draw and name four people found in a school

Reference:

Our Lives Today Social Studies book 1 page 36
Our School Fountain SST page 1
Monitor English Course book 1 page 10
Comprehensive SST book 1 page 4
Fountain SST-Our School book 2 page 1

Week 2 - Tuesday – Lesson 2 and 3

Theme: Our school
Sub-theme: People in our school
Content: Roles of people in our school

Examples

Nurse ……..	looks after sick people (patients
Teacher……..	teaches
Cook……..	prepares food
Driver……..	drives cars
Head teacher……..	heads a school

Activity

1. Match correctly

Teacher	heads a school
Cook	drives
Head teacher	looks after sick people
Doctor	cooks/prepares food
Nurse	treats sick people

2. Fill in the correct people

a) A……..heads a school
b) A……looks after sick people
c) A……drives cars
d) A……treats sick people
e) A……prepares food
f) A……teaches learners

3. A nurse looks after_____.

4. Who prepares food at school?
5. Who heads a school?

Week 2 - Wednesday – Lesson 2 and 3

Theme: Our school
Sub-theme: People in our school
Content: Roles of people in our school.

Examples
Librarian ……keeps books
Security guard……protects the school
Bursar/accountant……collects and keeps money
Secretary ……types examinations
Hygiene assistants……cleans the school
Principal……oversees the school
Administrator……manages the school needs
Chaplain ……prays for people in a school.
Activity

1. Match people to their roles

Librarian	types schools work
Security guard	keeps the school clean
Bursar/accountant	keeps books
Secretary	collects and keeps money
Hygiene assistants	protects the school

2. a) A ……types examinations and homework
   b) A librarian records and keeps ……
   c) How do we call a person who protects our school?
   d) Hygiene assistants ……the school.
   e) Circle people found at school

mother	cobbler	carpenter
nurse	teacher	cook
pilot	father	bursar
head teacher	principal	librarian

   f) Draw these people

Nurse	Teacher	Cook	Security guard

Reference:

NPSC book 1 page 14
Monitor English book 1 page 10
Comprehensive SST book 1 page 49
Fountain SST – Our school book 2 page 6-8

Week 2 - Thursday – Lesson 6

Theme: Our school
Sub-theme: People in our school
Content: Role play

Identifying; Own name and friend's name
Welcoming, greeting, farewell: in different situations

A dialogue

Kantu: Good morning Isaac
Isaac: Good morning Kantu
Kantu: How are you?
Isaac: Fine, thank you.
Kantu: Bye, Bye, Isaac
Isaac: Bye, Bye, dear

Farewell

Bye – bye
See you – see you
Good night – good night
Good day – good day

Reference:

NPSC book 1 page 14-15

Week 2 - Friday – Lesson 4

Theme: Our school
Sub-theme: People in our school
Content: School activities

Examples

Praying	Writing	Dancing
Reading	Learning	Swimming
Teaching	Singing	Cleaning
Slashing	Touring	Gardening
Playing	Sweeping	

Activity

1. Tick only the activities done at school
   Reading crawling dancing writing

2. Draw yourself

Swimming	Playing

3. Write down any three activities done at school

Reference:

MK Standard Social Studies book 1 page 69-71
NPSC book 1 page 16
Comprehensive SST book 1 page 52-53
Sharing Our World book 1 page 18-19

Week 3 - Monday – Lesson 3

Theme: Our school
Sub-theme: Things found in our school

Content:

Things in our school

Classrooms	Buses	Slides
Toilets/latrines	Offices	Sign post
Swings	Library	Kitchen
Furniture	Stores	Sick-bay

Activity

1. Name these buildings



_____



_____

2. Mention any other three buildings in our school
3. Fill in correctly

   Furnit_re to_let K_tchen Off_ce

   Lat_ine sickb_ay sw_ngs b_s

Reference:

NPSC book 1 page 14

Week 3 - Tuesday – Lesson 5 and 6

Theme: Our school

Sub-theme: Things found in our school

Content:

Uses of thing in class

Duster ……cleaning the chalkboard

Chair ……sitting on

Chalk……writing on the chalkboard

Books ……writing in

Chalkboard ……writing on

Rubber ……rubbing in the book

Activity

1. Listen and write

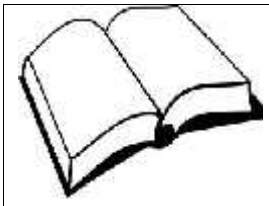
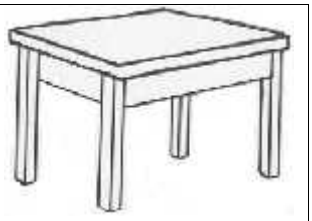
   a) …… b) …… c)……

2. Match objects to their uses;

   Books writing on the chalkboard

Duster	sitting on
Chalkboard	writing in
Chalk	rubbing/cleaning the chalkboard
Chair	writing on

3. Name these things found in a class.

Reference:

Week 3 - Wednesday – Lesson 3 and 4

Theme: Our school
Sub-theme: Buildings found in our school
Content: Uses of things in our school
Examples

Library……reading and storing books
Toilet……for easing.
Kitchen ……it is where food is prepared from.
Sickbay……for treating patients
Classrooms……learning from
Store ……keeping school property
Main hall ……

Activity

1. Name four important buildings in our school.
2. A place where we keep things is a ……
3. We prepare food from the ……
4. The school property are kept in a ……
5. We learn from the ……
6. Children who are sick rest from the ……

Reference:

Monitor English Course book 1 page 11

Week 3 - Thursday – Lesson 6

Theme: Our school
Sub-theme: Things found in our school
Content: School rules and regulations

Examples

- Keep the compound clean
- Order should be kept on assemble
- Listening attentively to your teacher
- Don't talk while eating
- Respect others
- Don't run anyhow
- Keep order as you enter class.

Activity – Read the school rules orally
Reference:

MK Primary SST book 1 page 77
Comprehensive SST book 1 page 54

Week 4 - Monday – Lesson 3

Theme: Our school
Sub-theme: Activities done in our school
Content: School symbols

What are school symbols? School symbols are things which make one school different from other school.

Examples

- School uniform
- School flag
- School sign post
- School badge
- School anthem
- School motto
- School prayer
- School mission

Activity

1. Name the school symbols below

2. ……..are things which make our school different from other schools. (school badge, school symbols)
3. Mention five school symbols you know.
4. Draw these school symbols.

School flag	School badge	School sign post	School uniform

Reference:

Comprehensive SST book 1 page 51
Fountain SST – Our School page 2-3
Our Lives Today SST book 1 page 37
MK Standard SST book 1 page 72-73

Week 4 - Tuesday – Lesson 5 / Wednesday – Lesson 3 and 4

Theme: Our school
Sub-theme: Activities done in our school
Content:

Our school prayer

Look at me Oh God
As my heart silent all.
To you all I turn.
For the sins, I have committed,
I pray to be forgiven
In all that I've been good,
I pray to be encouraged.
For under your guidance, Oh God.
Where all is peace, I'll be led,
Not to sob but to rejoice,
As my hand in yours lies,
Amen.

Activity

Pronouncing the words correctly
Reciting the prayer.

Week 4 - Thursday – Lesson 6 and 7

Theme: Our school
Sub-theme: Activities done in our school
Content:

Importance of school symbols

School badge ……helps people to read the name of the school.
School uniform……makes us look smart.
School flag……for unity.
School sign post……directs people to the school.
School prayer……helps us to trust in God.
School anthem……encourages children to work hard.
School motto……encourages us to trust in God.
NB; Teach few at a time.

Activity

1. Match school symbols to their uses

School uniform	encourages pupils to work hard
School motto	makes us look smart
School anthem	encourages us to trust God and work hard
School sign post	helps people to find the school

2. Circle the school symbols

Pencil	Pupils
Bus	School sign post
School motto	Children
Books	School anthem

3. Name the school symbol which helps people to read the name of the school.
4. The _____helps people to find the school.

Reference:

Comprehensive Social Studies book 1 page 51
NPSC for P.1 page283 – Teacher's guide
Fountain SST – Our School book 2 page 2-3

Week 4 - Friday – Lesson 5 and 6

Theme: Our Home
Sub-theme: People in our home
Content: Home

What is a home? A home is a place where people or animals live
Things found in a home and around
Example of a home

Things in a home

Animals	Utensils	Rubbish pit/dust	Kettle
Granary	Kraal	bin	Cups
Gardens	Birds	Latrine	Knife
Kitchen	Trees	Store	Flask
Toilet	House	Tap	Lamp
Rack		Sauce pan	

Activity A

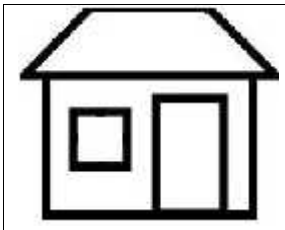
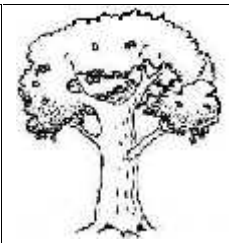
1. A ……..is a place where people or animals live.
2. Tick things found in a home

Birds	Granary	Dust bin
Chalk	Pens	Chalkboard
House	Kraal	Lions

3. Draw these things found in a home
   a) house b) rack c) birds/hens

Activity B

1. How do we call a place where people or animals live?
2. Write any four things found in a home.
3. Name these things found in a home

Activity C

1. What is a home?
2. Draw a home.
3. Mention three things around your home

Reference:

MK Primary Social Studies book 1 page 17
Comprehensive SST book 1 page 1
Fountain SST book 1 – Our home page 7

Week 5 - Monday – Lesson 3

Theme: Our Home
Sub-theme: People in our home
Content: Types of Homes

There are two types of homes;

1. A town home
2. A village home

What is a town home?
A town home is a home found in a town.

Things in a town home
Taps, cars, garage, toilets, gate, fence, computers, television (TV), electricity, fridge, radio, cooker.

Activity A

1. There are ……types of homes.
2. Name any two types of homes
3. Write any four things found in a town home.
4. A ……home is a home found in a town.

Activity B

1. How many types of homes do we have?
2. Name these homes

a)

This is a ……home

b)

This is a ……home.

Activity C

1. Mention the two types of homes
2. Name these things found in a town home

3. Draw and name any type of a home
4. What is a town home

Reference:

MK Primary SST book 1 page 2
Comprehensive SST book 1 page 2-3
A New Primary SST for Uganda page 4-5
Our Home and School Standard 1 page 5
Teacher's English Resource book 1 page 12

Week 5 - Tuesday – Lesson 5

Theme: Our Home
Sub-theme: People in our home
Content: A village home

What is a village home?
A village home is a home found in a village.
Things found in a village home

Birds	Huts	Latrine
Trees	Well	Rack
Plants	Animals	Granary
Kitchen	Pot	

A village home

Activity A

1. A …..…..…..…..home is a home found in a village.
2. Ring the things found in a village home.

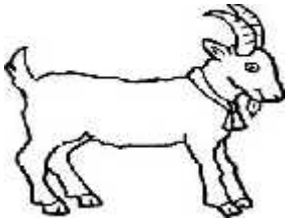
Plants	Rack	Gate
Garage	Garden	Wells
Taps	Huts	

3. Name three things found in a village home

Activity B

1. How do we call a home found in a village?
2. Name these things found in a village







‘ _____ _____ _____







_____ _____ _____

Activity C

1. What is a village home?
2. Draw and name three things found in a village home.
3. Draw a village home.

Reference:

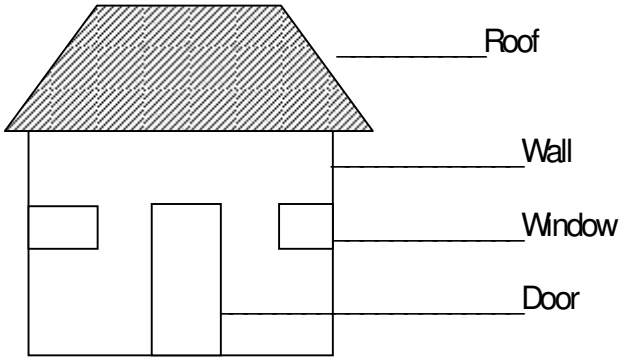
Comprehensive Social Studied book 1 page 2
A New Primary SST for Uganda book 1 page 5
Our Home and School book 1 page 5
MK standard Social Studies book 1 page 1
Sharing our World book 1page 3
Fountain SST – Our home book 1 page 1

Week 5 - Wednesday – Lesson 3

Theme: Our Home
Sub-theme: People in our home
Content: A house

What is a house? A house is a building where people live (stay)

Parts of a house



Other parts of a house

Veranda

floor

ventilators

Activity A

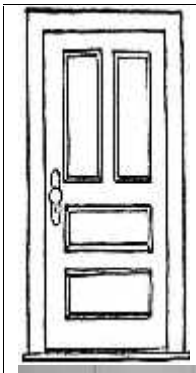
1. A……is a building where people live.
2. Name any two parts of a house
3. Draw a house

Activity B

1. How do we call a building where people live?
2. Name the parts of a house

Activity C

1. What is a house?
2. Name these parts of a house

Reference:

Comprehensive Social Studies book 1 page 11
Monitor Primary SST book 1 page 6

Week 5 - Thursday – Lesson 6

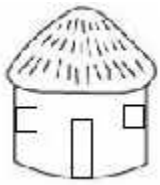
Theme: Our Home
Sub-theme: Things in our home
Content: Types of houses
There are two types of houses;

1. Temporary houses
2. Permanent houses.

Temporary house
What is a temporary house?
A temporary house is a house which is weak

Examples of weak houses (temporary)Tent Hut Igloo







kiosk Unipot

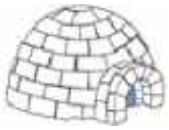




Activity A

1. A ……house is a house which is weak.
   (permanent, temporary)
2. Name these temporary houses





…… ……



…… ……

Activity B

1. What is a temporary house?
2. Circle the temporary houses

Tent	Bungalow	Unipot
Flat	Hut	Tree

3. Draw these houses
   a) hut b) tent c) kiosk d) unipot

Reference:

MK primary SST book 1 page 8-9
Comprehensive SST book 1 page 10
Fountain SST – Our home book 1 page 3
Our Home and School book 1 page 6
A New Primary SST for Uganda book 1 page 7

Week 5 - Friday – Lesson 5

Theme: Our Home
Sub-theme: People in our home
Content: Temporary houses
(Show real objects)
Materials used to build a temporary house

Grass	reeds	poles	banana fibre



Soil/mud cowdung strings

Activity A

1. How do we call houses which are weak?
2. Mention four materials used for building weak houses.

Activity B

1. Name these building materials

…….. …….. …….. ……..

2. Draw these building materials
   a) polesb) strings c) grass
3. What do we use to build a hut?

Reference:

MK Primary SST Standard 1 page 13
Fountain SST – Our home book 1 page 5
A New Primary SST for Uganda book 1 page 8

Week 7 - Monday – Lesson 3 and 4

Theme: Our Home
Sub-theme: People in our home
Content: Permanent houses

What is a permanent house?
A permanent house is a house which is strong.

Examples of permanent houses
Storeyed house Bungalow Flat roofed house







Materials used to build permanent houses

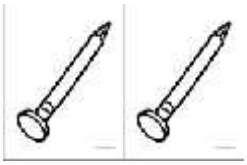
Bricks



timber



nails



Cement



tiles



stones



Poles



sand



iron sheets



Iron bars



Activity A

1. A …..……..house is a house which is strong.
2. Draw these permanent houses.
   a) flat b) bungalow
3. Circle the materials used to build permanent houses.

Cement grass nails soil sand
Iron bars reeds stones.

Activity B

1. What is a permanent house?
2. Name this permanent house.



Draw these building materials

a) nails b) poles c) stone d) tiles

Activity C

1. How do we call houses which are strong?
2. Name these building materials





_____ _____





_____ _____

Reference:

MK Primary SST book 1 page 13
Fountain SST – Our home book 1 page 5
Monitor SST book 1 page 15

Week 7 - Tuesday – Lesson 5

Theme: Our Home
Sub-theme: Things in our home
Content: Importance of houses

Uses of house

- Houses are used to keep our property
- Houses keep us safe from wild animals and bad people.
- We sleep in houses
- They protect us from bad weather.
- We rest in our houses.

Activity A

1. Fill in correctly
   Houses keep our ……safe.
   Houses keep us safe from wild ……and ……people.
   We ……in a house.

Activity B

1. Write any four uses of a house
2. Draw your house.

Reference

MK Standard 1 Social Studies book 1 page 14-15
Comprehensive SST book 1 page 13
Our Home and School pupils book 1 page 7
A new Primary SST for Uganda book 1 page 9
Our Lives Today SST book 1 book 9

MIDTERM EXAMS

Week 7 - Wednesday – Lesson 3

Theme: Our Home
Sub-theme: People in our home
Content: Family

What is a family?
A family is a group of people living together related by blood, marriage or adoption.

There are two types of families:

1. Nuclear family
2. Extended family

A nuclear family

What is a nuclear family?

A nuclear family has father, mother, and their own children.

People in the extended family; father, mother, children
and relatives.

Activity A

1. A ……..is a group of people living together related by blood or marriage.
2. There are ……types of families.
3. The two types of families are ……and……
   (nuclear, family, two, nuclear family, extended, extended family)

Activity B

1. How do we call a group of people living together related by blood or marriage?
2. Name these family members.

Activity C

1. A ……is a family which has father, mother and their own children.
   (family, nuclear family)

2. Write any four members of a nuclear family.

Activity D – Oral questions

1. What is a family?
2. What is a nuclear family?
3. Mention the members in a nuclear family.

Reference:

MK standard SST book 1 page 21

Comprehensive SST book 1 page 16-17
Fountain SST – Our home book 1 page 10
A new primary SST for Uganda book 1 page 12
Our home and school book 1 page 2
Our lives today SST book 1 page 12
NPSC book 1 page 17
Sharing our world book 1 page 6

Week 7 - Thursday – Lesson 7

Theme: Our Home
Sub-theme: People in our home
Content: Roles and responsibilities of different family members

Father
- Heads a family
- Buys food
- Pays school fees
- Builds a house

Mother
- Cooks food
- Cares for children
- Breast feeds children
- Keeps a home
- Washes clothes

Children
- Sweeps the compound
- Washes utensils
- Fetch water
- Carries babies

Activity A
1. Match these activities correctly

Mother	helps with work
Father	cooks food
Children	heads a family

2. A ……. heads a family.
3. A ……. cooks food in a home.

Activity B

1. Who heads a family?
2. Draw yourself sweeping the compound.

3. Write down two roles of a father.
4. Draw mother cooking.

Reference:

MK standard –SST pupils book 1 page 18-20
A new primary SST for Uganda book 1 page 13-14
Fountain SST – Our home book 1 page 12-13
Comprehensive SST book 1 page 21
Sharing our world book 1 page 4-6
Our lives Today SST book 1 page 15-17
NPSC book 1 page 18

Week 7 - Friday – Lesson 5 and 6

Theme: Our Community
Sub-theme: People in our Community
Content:
Examples

Doctor	Builder	Butcher	Cook
Teacher	Nurse	Bake	Farmer
Driver	Carpenter	Barber	pilot
Cobbler	Policeman	Religion leaders	
Tailor	Dentist	LC leaders	

Activity A
Name these people in a community

Activity B

1. Listen and write;
   …….. …….. …….. ……..
2. Fill in the missing letter;
   Ca_penter te_cher polic_man d_ctor dr_ver b_ilder

3. Draw these people in our community
   a) teacher b) driver c) nursed) cook

Reference:

NPSC pupils book 1 page 21
Word power spelling book 1 page 9
Junior English book 1 page 50

Week 8 - Monday – Lesson 3 and 4

Theme: Our Community
Sub-theme: People in our community
Content:
Roles of people in our community

1) A teacher……..teaches children.
2) A policeman……..maintains law and order
3) A nurse……..cares for sick people
4) A cook……..cooks food
5) A barber……..cuts hair.
6) A farmer……..grows crops
7) A butcher……..sells meat
8) A dentist……...treats our teeth
9) A tailor……..makes clothes
10) A builder……..builds houses
11) A pilot……..flies aeroplanes

Activity A

Match people to their work

Doctor	sells meat
Tailor	teaches
Policeman	grows crops
Builder	keeps law and order
Teacher	builds houses
Butcher	treats sick people
Farmer	makes clothes

Activity B

1. How do we call a person who grows crops?
2. Draw these people.
   a) doctor b) barber

Reference:

English work book 1 page 40

Activity C

1. A …….flies an aeroplane.
2. A…….sells meat.
3. A ……heads a school.
4. A …...treats eyes(oculist, optician).
5. A……keeps law and order.

NPSC book 1 page 21
Word Power Spelling book 1 page 9
Junior English book 1 page 50

Week 8 - Monday

Theme: Our Community
Sub-theme: Important places in our community
Content:
Important places in our community

- Bank
- Palace
- Barracks
- School
- Hospital
- Market
- Clinic
- Post office
- Church
- Hotels
- Mosques
- Salon
- Taxi park
- Air port
- Bus park

Activity A
1. Role playing people in a; i) market ii) hospital
2. Fill in the missing letters
   Mo_que barra_ks h_tel taxi pa_k

3. Name these important places







_____ _____ _____

Activity B
1. Where do we go when we are sick?
2. Where do we buy food?
3. Draw these places
   a) hospital b) church c) mosque d) school

Reference:
Our home and school book 1 page 18

NPSC book 1 page 22

Week 8 - Monday

Theme: Our Community
Sub-theme: Important people/places in our community
Content:

Important people/places in our community

People	**place**
Doctors	hospital
Policeman/soldiers	barracks
Teacher	school
Priests	church
Imam	mosque
Barber	salon
King/queen	palace
President	state house
Pilot	Air port.

Activity A

Match people to their places of work

Teacher	palace
Doctor	church
Soldiers	school
Priests	hospital
Kings	barracks

Activity B

1. A ……works in a salon.
2. A ……works in a workshop
3. A ……works in a hospital
4. How do we call a place where priests work?
5. How do we call a place where Moslems go to pray?

Reference:

Our Home and School pupils' book 1 page 18-20
NPSC book 1 page 25

Week 8 - Thursday – Lesson 3 and 4

Theme: The human body and health
Sub-theme: Personal hygiene
Content:
What is personal hygiene?
Personal hygiene is the general cleanliness of the body
Things used to clean our body

Water



toothbrush



tooth paste



soap



brush



Razor blade



ear buds



toothpick



Activity A

1. A ……. is the general cleanliness of the body. (family, personal hygiene).
2. Write any four things used for cleaning our body.

3. Draw these things used to clean our body.
   a) tooth brush b) waterc) comb

Activity B

1. How do we call the general cleanliness of the body?
2. Match correctly

Oral work – What is personal hygiene?

Activity C

1. Circle things used to clean our body.

   Brush soap paper sponge paint
   Chalk toothpaste

2. Name any three things used for cleaning.

Reference:

Fountain Primary Science book 1 page10
Integrated Science book 1 page 5-7
Integrated Primary Science course book 1 page 7
Understanding Integrated science book 1 page 11
MK Primary science book 1 page 10

Week 8 - Friday

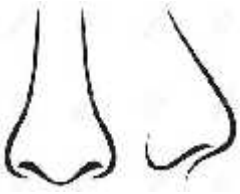
Theme: Human Body and Health
Sub-theme: Personal Hygiene
Content:

Parts of the body and their uses

Eye ……seeing
Nose ……..smelling
Mouth……..breathing
Legs……walking
Tongue……tasting
Hands ……catching/holding
Ears ……...hearing

Activity A

1. Name these body parts



_____ _____ _____ _____

2. Match correctly

Tongue	seeing
Nose	eating
Eyes	tasting
Mouth	smelling

Activity B

1. Draw these body parts
   a) ear b) nose c) legs d) eyes
2. We use the ……..for smelling.
3. We use the ……..for tasting

Reference:

Fountain Primary Science book 1 page 8-9
Integrated Science Course 1 page 13
Integrated Primary Science course book 1 page 10-11
Understanding Int. Science book 1 page 5
NPSC for Uganda page 25.

Week 9 - Monday – Lesson 4

Theme: The human body and health
Sub-theme: Personal hygiene
Content:
Importance of keeping our body clean

- To avoid bad smell
- To control diseases
- To avoid the spread of germs
- To be clean and smart
- To be healthy.

Activity A

1. We must keep our body clean to avoid the spread of ……..(eyes, germs)
2. We must keep clean and ……..(dirty, smart)
3. We must avoid ……..smell. (bad, good).
4. We must keep our body clean to stop ……..(Cars, diseases)

Activity B

Write down three ways of keeping our body clean.

Oral activity
How to keep the things we use to clean the body

- By washing our tooth brush after cleaning
- By washing our towels
- By cleaning the bathrooms

- By cleaning our homes
- By cleaning the bathtabs.
  By putting it in warm water

Reference:

Integrated Science Course 1 page 7
Understanding Integrated Science book 1 page 5-13
Integrated Primary Science Course for Uganda page 7-9
Fountain Primary Science for Uganda book 1 page 8-13
NPSC book 1 page 26
MK Integrated Primary Science book 1 page 9-10

Week 9 - Tuesday

Theme: The human body and health
Sub-theme: Personal hygiene
Content:

Ways of keeping the body clean

- By washing clothes
- By cleaning
- By brushing teeth
- By bathing

Treaming the hair
Cutting finger nails short
Activity

1. Draw these activities
   a) washing b) sweeping c) slashing
2. Write three ways of keeping clean.

Reference:

Integrated primary science course for Uganda book 1 page 8-9
Primary science book 1 page 3-6
MK Primary science book 1 page 9

Week 9 – Wednesday – lesson 3 and 4

Theme: The human body and health
Sub-theme: Common diseases
Content:

Common diseases

- Malaria
- Flu
- Diarrhoea
- Headache
- Mumps
- Chicken pox

Aids
Typhoid
Cholera
Measles

Activity

1. Fill in the missing letters

a) d_arrhoea b) ch_cken p_x c) fl_ d) he_dache
e) stom_chache f) mal_ria g) mu_ps h) co_gh

2. Write any four common diseases
3. Circle the common diseases

Malaria polio flu cough towels

Reference:

MK Integrated primary science book 1 page 49
NPSC for Uganda book 1 page 189 – Tr's guide
NPSC for Uganda book 1 page 27 – pupil's book

Week 9 - Thursday – Lesson 5 and 6

Theme: The human body and health
Sub-theme: Common diseases
Content:
Causes of common diseases

- Dust
- Drinking unboiled water
- Eating raw food
- Eating bad and dirty food
- Not using a mosquito net
- Drinking boiled water
- Sleeping under a treated mosquito net
- Eating cooked food
- Slashing the bush around our homes

Washing fruits before eating

Prevention of common diseases

Activity

Oral work

Mention ways how common diseases are caused

Written work

1. Draw a person sleeping under a mosquito net
2. We should drink boiled ……..(food, water)

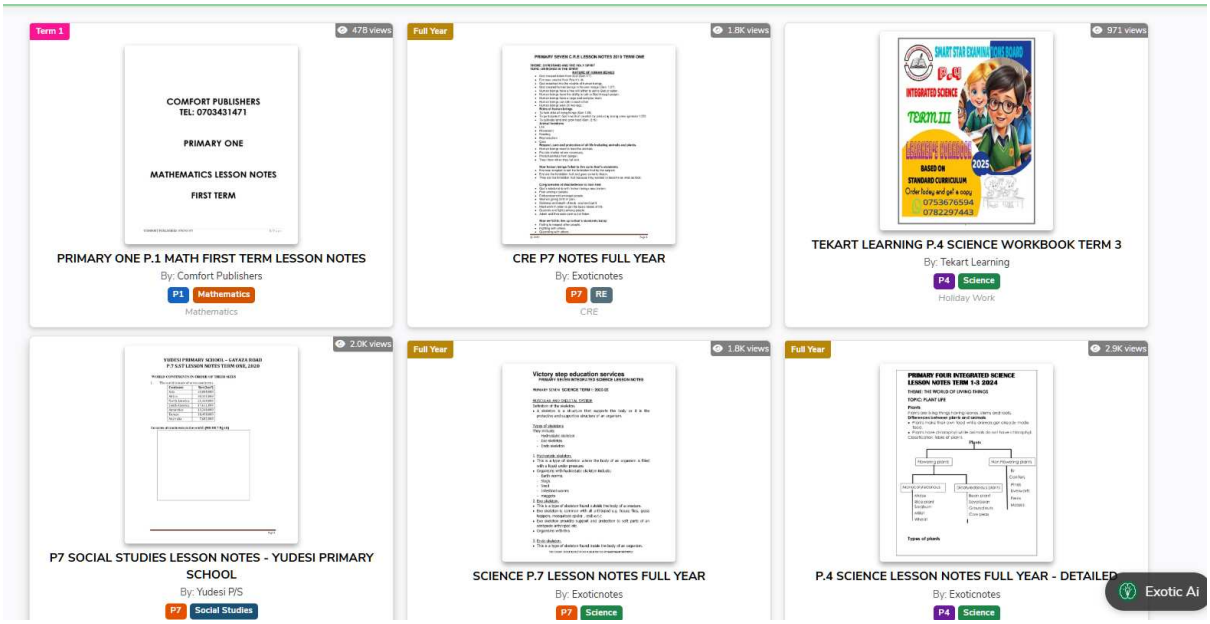
3. Write two ways of preventing common diseases.
4. Tick the ways of preventing common diseases.

- Eating raw food.
- Drinking boiled water
- Eating dirty food
- Sleeping under a mosquito net

Reference:

NPSC for Uganda book 1 page 27 – Pupil's book
NPSC teacher's guide book 1 page 189

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