PRIMARY ONE NOTES FOR NEWS TERM ONE

THEME 1: OUR SCHOOL

Week 2

Lesson 1

Definition of a school.

A school is a place where we go to learn.

- **How I come to school.**

Whole class discussion about how children come to school. (Orally)

How do you come to school?

I come to school by ……..

Or

I come to school on……

Other people come to school ……

a 	b 
c	d

Activity:

Draw yourself coming to school.

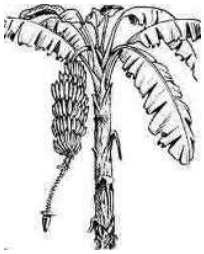
Ref:

a) *Comprehensive bk. 1 page 4*
b) *MK Standard SST bk. 2 page 94*
c) *Monitor bk. 2 page 49*

What things do you see on your way to school?

On my way to school I see

a. Plants e.g.

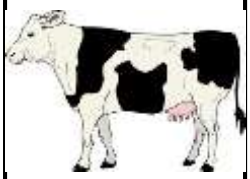
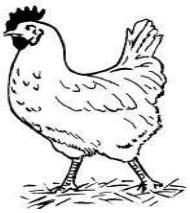
a 	b 	c 

b. Buildings e.g.

a 	b 	c 
d 	e	f

c. Other buildings are ……..

d. Animals e.g.

e. People e.g.

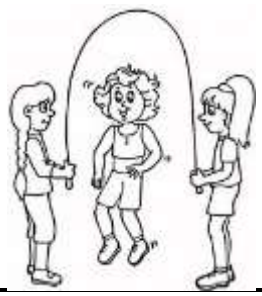
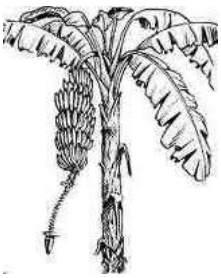
			
man	girl	boy	woman

f. Vehicles e.g.

		
car	lorry	bus

Activity:

Draw name and colour three things you see on your way to school.

Activity

1. What is a school?
2. How do you come to school?
3.

Ref:

a) *Comprehensive SST bk. 1 page 5*
b) *MK Standard SST bk. 1 page 3*
c) *Monitor bk. 1 page 2*
d) *Sharing our world SST bk. 1 page 3*

Lesson 2

➢ Dangers on the way to and from school

What dangers do you find on your way to school?

- ❖ Road accidents
- ❖ Dogs bite us
- ❖ Insects sting us
- ❖ We can drown
- ❖ There is theft
- ❖ Kidnappers

Activity:

a) **Draw these dangers on the way to and from school.**

Snake bite	Insect bite	Dog bite	Motor accident

b) Draw, name and any danger on your way to school.

Kidnapping

Ref:

a) *Comprehensive SST bk. 1 page 5*
b) *MK Standard SST bk. 2 page 98 - 99*
c) *Monitor bk. 2 page 50*
d) *Sharing our world SST bk. 1 page*

Solutions to the dangers we meet on the way to and from school.

- Avoid moving alone.
- Do not stone dogs and insects like bees.
- Avoid getting gifts from strangers.
- Do not allow lifts from strangers.

Lesson 3

➢ People in my class.

Name and stream of my class.

Names of the teachers in my class.

Pupils in my stream i.e. *boys and girls.*

(oral)

- What is the name of your class?

My class is Primary **one**.

- What is your stream?

My stream is …… (Yellow, Purple, Blue, Green, Red)

- What is the name of your class teacher?

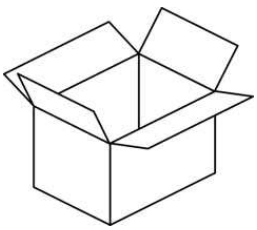
My class teacher is ……

The other teacher in my class is ……

Ref: *Teachers' collection.*

➢ Things we find in the classroom.

Name these things we find in the classroom.

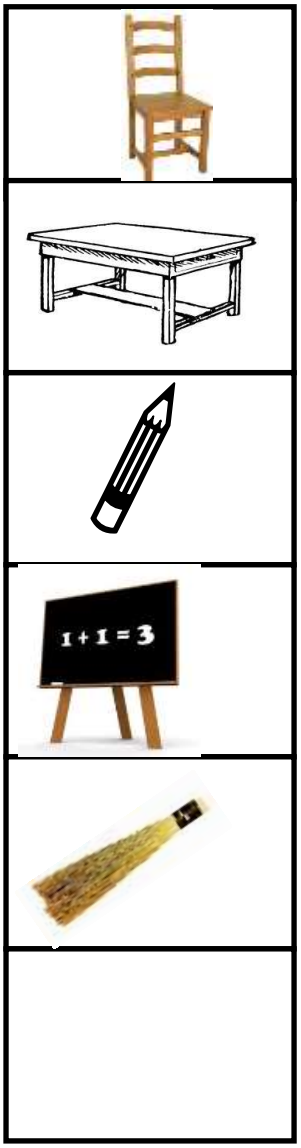
a 	b 	c 
d 	e 	f 

Ref:

MK Standard SST bk. 2 page 36

Mk. English bk. 2 page 5

Uses of things we find in the classroom.



What do we use these things for in the classroom?

We sit on a chair.

I write from a table.

Tom uses a pencil to write.

My teacher uses chalk to write on the chalkboard.

A broom is used for sweeping the classroom.

We use a duster to clean the chalkboard.

(Practical work)

***Ref**: Monitor SST bk.2 page 14.*

Lesson 4

➢ People in our school.

We find these people in our school.

pupils	guards
teachers	head teacher
nurses	Rector
cooks	secretary
cleaners	librarian

Ref: *a) Comprehensive SST bk. 1 page 11-13*

b) MK Standard SST bk. 2 page 15 - 19

c) Monitor bk. 1 page 39 – 40, Bk. 2 pages 49 - 50

d) Sharing our world SST bk. 1 page 26 - 27

Work of people in our school.

What is the work of a……?

- Teachers teach children.
- Pupils lean
- Cooks cook / prepare and serve food.
- Nurses treat sick people (patients)
- Librarian lends out books
- Secretary types school work
- Guards / gatekeeper keeps the school safe (guards the school)
- Cleaners keep the school clean
- Bursar collects school money
- Head teacher heads the school

Ref: *a) Comprehensive SST bk. 1 page 45-50*

b) MK Standard SST bk. 2 page 15 - 19

c) Monitor bk. 1 page 9

Work places of people in our school.

Where do these people work from at school?

Person	**place of work**
head teacher	office
teacher	classroom
librarian	library
bursar	office

Activity:

Match people with their places of work at school.)

Ref:

Week 3

Lesson 1

- **School profile**
- Our school is **Greenhill Academy Kibuli.** It is found in **Mosque zone** along **Mbogo** road. It is found on **Kibuli hill** in **Makindye** division, **Kampala** district.

  Greenhill is a mixed day and boarding with Nursery, Primary and Secondary schools.

  It started in February 1994. Our school motto is **Extend your Horizons.**

  The school uniform for girls is ..... and ..... for boys.

  The head teacher of our school is **Mr. Steven Mwesigwa**.

Ref: *Teacher's collection*

Lesson 2

Things in our school

- Buildings e.g classrooms, toilets, kitchen, offices, etc
- Play objects e.g balls, ropes, slides, etc
- School symbols e.g school sign posts, school, badge etc
- Furniture like tables, chairs, desks, etc

- **Questions**

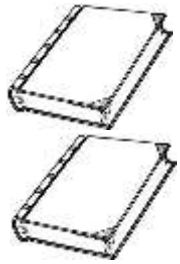
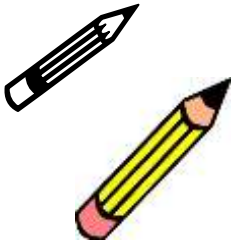
- **Why do we need balls, kitchen, tables and chairs in a school?**
- **How is a sign post useful to a school?**

School needs.

What are school needs?

These are things we need to use at school.

Examples of school needs.

			
books	*pencils*	*brooms*	*food*
			
water	*balls*	*buildings*	*dustbin*

Other school needs are:

classrooms	electricity
chairs	charts
table	rulers
duster	offices
toilets	guards
compound	secretaries
nurses	firewood
coaches	playground
teachers	school bus

(Oral activity on different uses of school needs)

Ref: *a) Comprehensive SST bk. 2 page 23*

b) MK Standard SST bk. 2 page 35

c) Monitor SST bk. 2 page 13

Lesson 3

School symbols

What are school symbols?

School symbols make a school different from other schools.

These are:

School uniform

School anthem

School budge

School sign post

School address

School mission

School prayer

School flag

Activity:

a) Name and colour these school symbols.

		
School budge	School flag	School address
		
School sign post	School uniform	School anthem

Lesson 4

- **Uses of school symbols.**
- Uniforms make us look smart.
- The school motto guides us.

- School sign post helps people to find /locate our school easily.
- The school prayer helps us to respect God.

a) In which way is the school uniform useful to school children?

b) Which school symbol guides us?

c) The school symbol which helps people to find our school easily.

d) Which school symbol helps us to respect God.

e) When do we sing the anthems?

f) Name any three school symbols which are similar to national symbols.

g) Give the general importance of school symbols.

➢ Features on a school budge.



What features do we find on our school budge?

There is

a book

crested crane

school motto

school name

The colours on the budge are

yellow

blue

white

and black

(Practical lesson)

➢ Features on a school flag.

We find the following features on our school flag:

a) Colours –

navy blue, yellow

white and light blue.



What features do we find on our school flag?
Or
Name the features we find on our school flag.

Ref: *a) Comprehensive SST bk. 2 page 23*
b) MK Standard SST bk. 1 page 72
c) Monitor SST bk. 1 page 41
d) MK Standard SST bk. 2 page 2-3

Week 3

Lesson 1

- **School Rules.**

  Why do we have school rules?

  School rules help us to have discipline, respect for others and to avoid accidents in the school.

  School Rules.

  Do not fight
  Do not shout in class
  No going out without permission.
  No stealing other people's property.
  Keep the school property safe.
  No coming to school late.

  Ref:
  Comprehensive SST bk 2 page 18
  Monitor SST bk. 1 page 40

Lesson 2

Different activities done at school.

			
reading	*sweeping*	*playing*	*dancing*
			
swimming	*digging*	*mopping*	*dusting*

-weeding
-writing
-picking rubbish
Praying
learning
-singing
-watching video
-listening to radio
teaching

Ref: Comprehensive bk. 2 page 16 - 17
Comprehensive bk. 1 page 52 - 53
Monitor SST bk. 1 page 41
Mk. Standard SST bk. 2 page 73 - 74

Lesson 3

Keeping the school clean

1.**How do we keep our school clean?**

In groups children will do the following:

-sweep the compound.
-sweep the classroom.
-weed flowers in the garden.
-mop the classroom.
-dust the chairs and tables.
-clean the chalkboard.
-Arrange the things in the classroom.

Ref: *Comprehensive bk. 1 page 54*
Understanding Pri. Sce. for Ug. page 17
Mk. Standard SST bk. 1 page 75
Sharing our World bk. 1 page 30

Lesson 4

Things we use to keep our school clean.

			
hoe	axe	broom	Slasher
			
rake	rag	water	soap

Activity:

Mention any other four things we use to clean our school?

Ref:

Mk. Standard SST bk. 1 page 75

Sharing our World bk. 1 page 30

Monitor SST bk. 1 page 28

Monitor SST bk. 2 page 20 - 21

Week 4

Lesson 1

THEME 2:

A HOME

A home is a place where people or animals live/ stay.

People in our home

Father

Mother

children

relatives

Monitor SST bk. 1 Page 1

Sharing our world bk. 1 Page 1

Mk. Standard SST bk. 1 Page 1

Comprehensive SST bk. 1 Page 1

Roles of family members.

Father

He pays our school fees.

He buys clothing for the family.

He protects family members.

He provides shelter for the family.

He provides education for the children.

mother

She cares for the family.

She buys and cooks food for the family.

She provides medical care.

She provides education for the children.

She breast feeds the children

She peels food.

Draw one role of a parent.



Cooking food

Children

Children help parents to mop, sweep, wash, cook, pound, milk, peel, grind and care for the young ones. ***(and many others]***

Lesson 2

Family:

Def: A family is a group of people related by blood or marriage.

Types of families:

a. Nuclear family

b. Extended family

Nuclear family:

Members in a nuclear family are father, mother and their own children.

father	mother	children

An extended family:

A family with father, mother their own children and other relatives.

Grandmother	grandfather	cousin	aunt	uncle

Ref:

Monitor SST bk. 1 Page 11

Sharing our world bk. 1 Page 9

Lesson 3

Needs of a family

-land	-food	-medical care
-house	-clothes	-love
-education	-water	-security

Activity:

Draw, name and colour any four needs of a family.

food	water	shelter	clothing

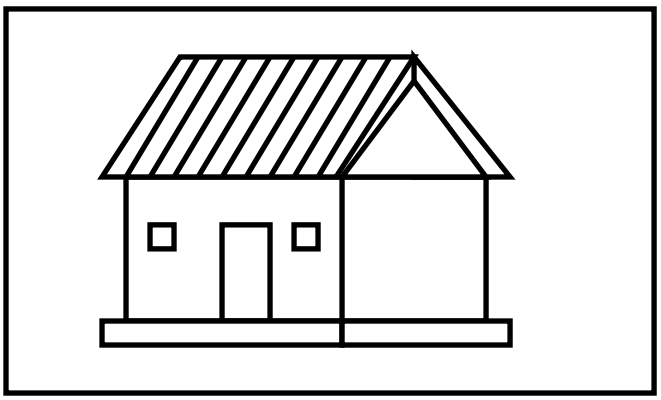
.

A house.

Def: A house is a building where people live.

Or a building in which we stay.

Parts of a house.



1) **door**
2) **wall**
3) **roof**
4) **window**
5) **verandah**
6) **ventilator**

Name parts of the house.

Ref: *a) MK Standard SST bk. 1 page 6*

b) Monitor SST bk. 1 page11

c) MK Standard SST bk. 1 page 8

Lesson 4

Rooms in the house

- sitting room/ living room
- bedroom
- dining room
- toilets
- kitchen
- bathroom
- store
- reading room

Things found in a sitting room/ dining room

			
chair	table	carpet	mat
			
radio	television	cupboard	flowers

Things found in a kitchen/store

			
plates	cups	saucepan	fork and spoon
			
charcoal	stove	knives	food

Things found in a bed room

- bed
- mattress
- pillow
- bed sheets
- net
- bed cover
- blanket

Things found in a bath room

- basin
- soap
- sponge
- water
- bath tap
- towels

Activity

Draw and name any two things found in a bathroom.

	
soap	**sponge**

Week 5

Lesson 1

Animals

Types of animals.

We have domestic animals and wild animals.

➢ Domestic animals

We keep domestic animals at home.

Examples of domestic animals are:

Cow, cat, goat, rabbit, sheep, pig, donkey, horse, duck, turkey, hen **etc**

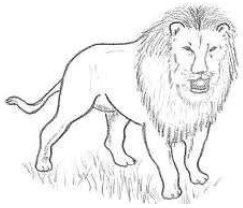
Draw these domestic animals

pig	cat	hen	rabbit

Wild animals

Wild animals stay in the bush, zoo, jungle, forest water etc.

Examples of wild animals

			
zebra	lion	snake	monkey

Other wild animals are:

leopard crocodile

cheetah frog

rhino elephant

kob lizard

Ref: Sharing our world bk. 1 page 22 – 23

Mk Standard SST bk. 1 page 57 – 59

Monitor SST bk. page 30 – 33

Lesson 2

Use of domestic animals

1) We get beef and milk from cows.
2) Cats chase and eat rats and snakes away from our homes.
3) Dogs guard our homes.
4) Donkeys are used for transport.
5) We get chicken and eggs from hens.
6) We sell domestic animals and get money.
7) An ox helps us to plough the garden. etc

Ref: Sharing our word bk. 1 page 22 – 23

Comprehensive SST bk. 1 page 42

Understanding Integrated science bk. 2 page 5 – 6

Monitor SST bk. 1 page 36

Animal homes

dog – kennel
pig – sty
lion – den
man – house
fish – water
ants – anthill
termites – anthill
bird – nest
cow – kraal
rabbit – hutch / burrow
goat – pen / shed
sheep – pen
horse – stable
bee - hive

Animals and their young ones

dog – puppy
pig – piglet
lion – cab
man – baby
fish – fry
butterfly – caterpillar
frog – tadpole
hen - chick
bird – nestling
cow – calf
rabbit – bunny
goat – kid
sheep – lamb
horse – foal
duck - duckling

Ref: Sharing our world bk. 1 page 22
Mk SST bk. 1 page 67 - 68

Animal movements.

People – walk / run
Cows – walk
Hens – walk
Fish – swim
Baby – crawls
Snake – glides
Caterpillar – wriggles
Dogs – run
Frog – jumps
Grasshopper – hops

Ref: *Fountain Primary Science bk. 1 page 18 -19.*
Understanding Integrated Science bk. 2 page 2

Lesson 3

A community.

What is a community?

A community is a group of people working together to achieve certain objectives.

Different people who help us in the community in our community.

These are:

farmers, cobblers, teachers, tailors, builders, nurses, doctors cooks , carpenters, vendors, drivers, pilots, secretary, guards, bankers, cyclists, police, cleaners, dentist etc.

Activity:

Name these people who help us in the community.

			
teacher	guard	cook	farmer

Ref: *Monitor SST bk. 2 page 42*

Lesson 4

Activities done by defferent people in the community.

1) teaching
2) making and reparing shoes

3) sawing clothes
4) farming / growing crops / keeping animals
5) building
6) treating sick people / patients
7) cooking food
8) selling things
9) driving / transporting people and goods
10) flying aeroplanes
11) typing letters and exams
12) protecting people and their property
13) reveiving, keeping and giving out money
14) keeping law and order
15) modling
16) cleaning the environment
17) shaving hair
18) treating and removing teeth etc.

Ref: *Monitor SST bk. 2 page 42*

People and their places of work.

19) police – police station

traders – shops

vendors – markets

doctor / nurse – hospital, clinic

teachers – school

carpenter – workshop

barber – saloon

farmer – farm / garden

pilot – airport

cook – kitchen

secretary - office

Ref: *Monitor SST bk. 2 page 42*

week 6

Lesson 1

Needs of people in the community.

We need the following in the community:

1) roads
2) schools
3) churches
4) mosque
5) hospitals
6) medical care
7) security
8) transport
9) education
10) clothes
11) water
12) houses
13) love
14) land
15) money

Activity:

Draw and colour these needs of people in the community.

food	clothing	water	church

Ref: *Monitor SST bk.1 page 24 – 26*

Mk SST bk. 1 page 46

Important features / places in our community.

These incluce:

schools
Hospitals
Markets
Banks
Roads
Church
Mosque
Offices
Shops
Railway stations
Clinics
Hills
Radio stations
TV stations
Post offices
Police stations
Recreation centers
etc

Name these important places found in our community.

church	mosque	school
market	Police station	shop

Ref. *sharing our world bk. 2 page 29*

Comprehensive SST bk. 2 page 3

Lesson 2

Theme 4: **<u>Human Body and Health</u>**

1. Parts of the body

head
ears
mouth
arm
knee
chest
neck
chin
toes
hands
navel
fingers

Activity: Identify the parts on your body.

Ref: Understanding integrated Science book 1 page 1
Pentagram bk 1 page 4
Mk English book 2 page 114-116

Lesson 3

<u>Main parts of the body</u>

a) Head	**Parts of the body**
	Hair Eyes Cheek Nose

	Ears Mouth Chin
b) Trunk	**Parts of the trunk**
	Neck Chest Belly Shoulder Navel breasts
c) Limbs	**Parts of the Limb**
	Elbow Palms Ankle Nails Toes Thigh Fingers

Lesson 4

<u>Senses and sense organs</u>

There are five sense organs.

These are:- eyes, nose, ears, skin, tongue.

Senses	**organ**	**use**
seeing	 eye	to see
hearing		to hear

	ear	
tasting	 tongue	to taste
smelling	 nose	to smell
feeling	 skin	to feel

Ref: Pentagram Basic Christian Religious Education book I page 6 – 7.

Week 7

Lesson 1

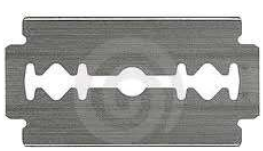
<u>Personal Hygiene</u>

Personal hygiene is the cleanliness of our body.

Items used in keeping our bodies clean.

- Sponge, comb, water, soap, basin, toothbrush, etc.

Draw and name four items used to keep our bodies clean.

soap	water	comb	razorblade

Ref: Understanding integrated Science book 2 page 12.
MK Primary English book 2 pages 16-17.

Importance of Personal Hygiene

We practice personal hygiene to:-

- -kill germs
- prevent bad body smell
- -remove dirt
- -prevent skin diseases
- to be smart
- to be healthy

Dangers of not practicing personal hygiene.

- We get tooth decay
- We get skin diseases
- We get germs and fall sick
- We get bad body

Lesson 2

Ways of keeping our bodies clean.

-We wash our face.

-We comb our hair

-We cut our nails and hair short.

-We brush our teeth

-We bathe our body

(Practical lesson about ways of keeping our bodies clean)

Ref: Understanding Integrate Science book I pages 5-13.
MK Integrated Primary school book

Lesson 3

CHILDHOOD DISEASES (IMMUNISATION)

1. What is immunization?

Immunization is the giving of vaccine to a person to protect or prevent certain diseases.

Immunisable diseases

 polio	measles
Whooping cough	diphtheria

tetanus	tuberculosis

Lesson 4

Signs and symptoms of immunisable diseases

Tetanus	Stiff muscles all over the body, Spasms when touched New born baby stops sucking mother's breasts
Tuberculosis Whooping cough(pertussis)	Cough lasts long Difficulty in breathing Loss of weight Runny nose Vomiting Cough that lasts long Gasp for breath
Polio	Lame legs or hands (become thin)
Diphtheria	Swollen neck Sore throat Difficulty in breathing

Ref: Understanding Integrated Science book 2 pages 28 – 31.

Fountain Primary Science book 2 page 71

Week 8

Lesson 1

<u>Other immunisable diseases</u>

-rabies

-typhoid

-yellow fever

-Hepatitis B

-Haemephilius influenza b

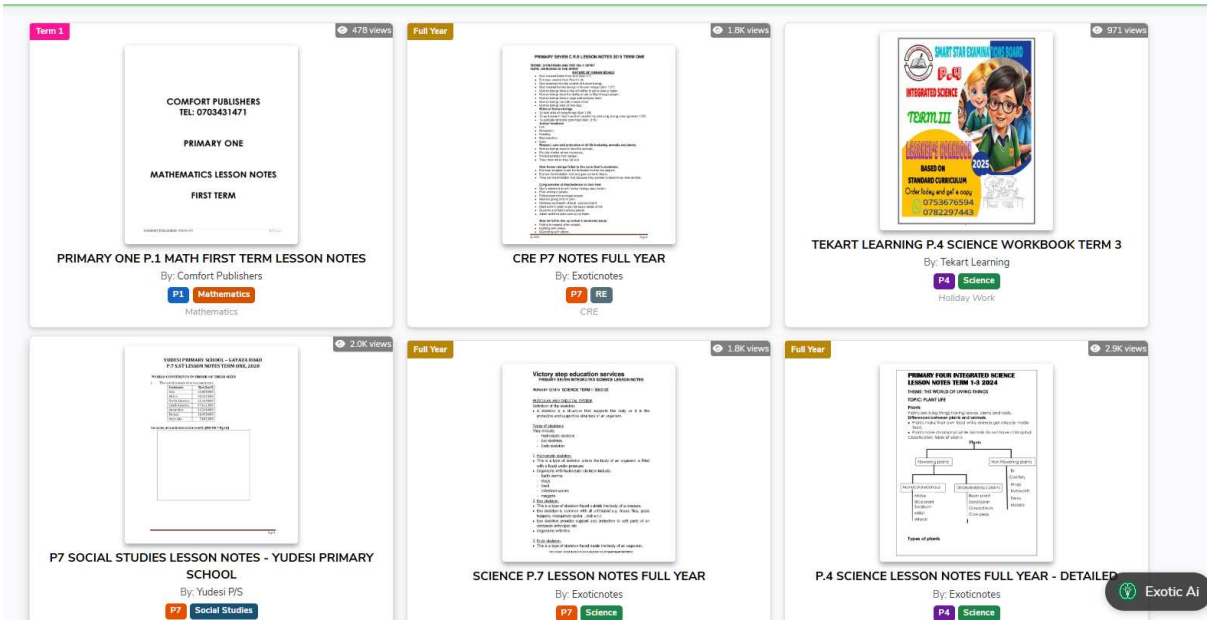
<u>Importance of Immunisation</u>

-It reduces infant mortality rate.

-It promotes good health.

-It controls childhood diseases.

This document was downloaded from https://exoticnotes.com



Do you need more LESSON NOTES for Primary (All classes)?

Click
https://exoticnotes.com/notes/primary/

If you need LESSON NOTES for SCIENCE (P.1 – P.7)
Click
https://exoticnotes.com/notes/primary/science/

If you need LESSON NOTES for English (P.1 – P.7)
Click
https://exoticnotes.com/notes/primary/english/

If you need LESSON NOTES for Mathematics (P.1 – P.7)
Click
https://exoticnotes.com/notes/primary/mathematics/