Class	Date	Time	No. pupils

Theme: Basic body movement, experiences and space awareness

Subtheme: experience body and space

Content: zig – zag race

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will go out of class and make a file. The teacher will make the heath check up	* **********
2.	Warm – up	Singing a part together as they jump	* **********
3.	Skill – teaching	Two teachers will demonstrate the zig – zag rows as children are observing	* **********
4.	Skill – practice	learners will practice the games in groups as guided by the teacher	* **********
	Cool - down	Singing " Alibabbabba as they do different gestures. Learners will make a file and I go back in class.	* **********

Class	Date	Time	No. pupils

Theme: Games for lower primary

Subtheme: Ball games and contest games

Content: Bounce the ball

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will make a line outside and make a health check –up	* **********
2.	Warm – up	Singing "Abaana b'omukulu tukole omukulu kyakola" as they do different actions.	* **********
3.	Skill – teaching	The teacher guides the learners to make a circle and demonstrates to them how to bounce the ball.	* **********
4.	Skill – practice	Learners will practice the game as guided by the teacher	* **********
	Cool - down	Learners will breathe in and out as they prepare themselves for going back to class	* **********

Class	Date	Time	No. pupils

Theme: Games for lower primary

Subtheme: Ball games and contest games

Content: Sack race

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will remove the sweaters and go out to make line.	* **********
2.	Warm – up	The teacher guide the learners to do "Apart together……."	* **********
3.	Skill – teaching	Two teachers put on the sacks and begin running to see who reaches first as learners are observing	* **********
4.	Skill – practice	Learners will try to run in sacks as guided by their teacher For learners will run in sacks and get the winner	* **********
	Cool - down	The teacher guides the learners to sing "Nkola nti ……." After they will make a file and match to class.	* **********

Class	Date	Time	No. pupils

Theme: Games for lower primary

Subtheme: Ball games and contest games

Content: Tunnel race

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Earners will go out of the class and the teacher makes a health check – up	* **********
2.	Warm – up	The teacher together with the learners will do "Apart together……"	* **********
3.	Skill – teaching	The teacher will guide the learners on how to hold the tunnels. The teacher will guide the learners on how to pass through the tunnels.	* **********
4.	Skill – practice	Learners will try the game as the teacher guided them.	* **********
	Cool - down	Learners will breathe in and out. After they will make a file and go back to class.	* **********

Class	Date	Time	No. pupils

Theme: Games for lower primary

Subtheme: Ball games and contest games

Content: Bounce the ball

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will match out of class and move to he pitch.	* **********
2.	Warm – up	The lesson will begin with "Yuuyo yuuyo….." as they run and after stops	* **********
3.	Skill – teaching	The teacher will guide the learners to make a circle in groups and bounce the ball to each other and don't allow it to roll down.	* **********
4.	Skill – practice	Learners will make two circles and begin bouncing the ball as the teacher guided them	* **********
	Cool - down	Learners will breathe in and out and after go to class.	* **********

Class	Date	Time	No. pupils

Theme: Traditional games

Subtheme: Partner work and co – operative games

Content: Cat chases a rat

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will go out of class and make a line and move to the field.	* **********
2.	Warm – up	The teacher will do "Nkola nti….." as the do different actions	* **********
3.	Skill – teaching	Two teachers will demonstrate the game to the learners after explaining to them how the game is supposed to be done.	* **********
4.	Skill – practice	Learners will practice the game in pairs as others are in the circle.	* **********
	Cool - down	Learners will breathe in and out and after go back to class	* **********

Class	Date	Time	No. pupils

Theme: Traditional games

Subtheme: Partner work and co – operative games

Content: Rounder's

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners will remove their sweaters and make a line out side, after move to the field.	* **********
2.	Warm – up	The teacher together with the learners will do "Apart together……" as they get ready for the game	* **********
3.	Skill – teaching	The teacher will explain to the learners how to play rounder's The teacher with some learners will demonstrate the game	* **********
4.	Skill – practice	The learners will practice the game as guided by their teacher.	* **********
	Cool - down	Learners will do "Alibbabba……" as they do different gestures. Learners will match to class.	* **********

Class	Date	Time	No. pupils

Theme: Traditional games

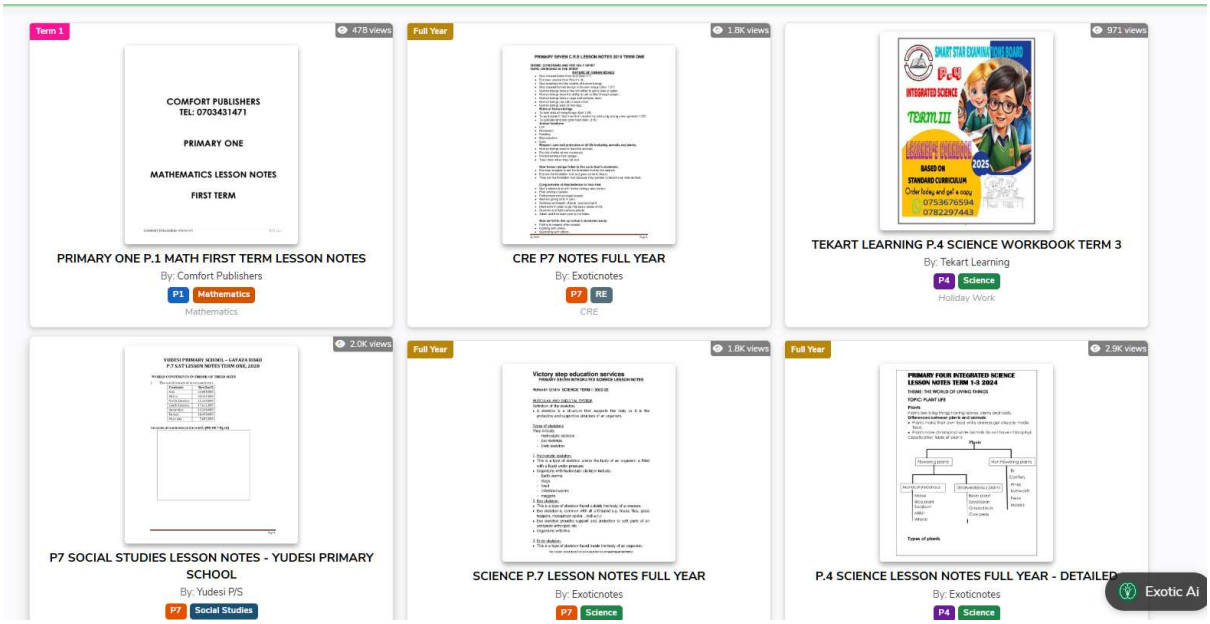
Subtheme: Reaction games

Content: Button exchange

Teaching procedure

Steps	**Phase**	**Activity**	**class organization**
1.	Preparation	Learners move out of class and move in a line to the field.	* **********
2.	Warm – up	The teacher will guide the learners to sing "Abaana b'omukulu mukole omukulu kyakola"	* **********
3.	Skill – teaching	The teacher will group the learners in four groups and demonstrate the game t them.	* **********
4.	Skill – practice	Learners will practice the game in their groups as guided by the teacher. After the teacher will announce the winning group.	* **********
	Cool - down	Learners will breathe in and out after match to class.	* **********

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