

TERACY 1 A (SCI) LESSON NOTES TERM ONE 2025 07/84540287//07/515657/42

PRIMARY ONE

WEEK TWO

THEME TWO

OUR HOME

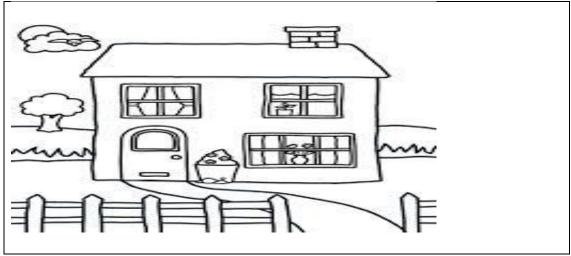
Lesson 1

New words

place where

people live

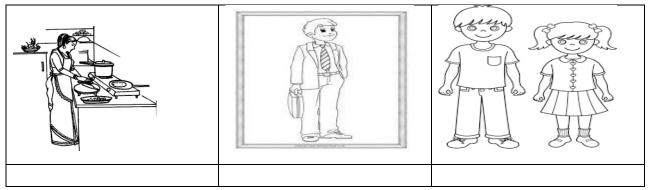
A home is a place where people or animals live or stay.



People in our home

father children

mother



Activity

Singing a song "Ihave anice family....."

Exercise				
1.Name these people we find at hor	ne.			
2.What do we call a place where pe	eople or animals live?			
REF:				
MK Standard SST. bk.21page1				
Monitor SST.bk.1 page 1				
MK Junior Literacy bk1 page 11				
Sharing our world bk.1page 1				
LESSON 2 AND 3				
NEW WORDS				
group blood rela	ated marriage			
A family				
A family is a group of people related by blood or marriage.				
A nuclear family is a family with father, mother, and their own children.				
Roles of family members				
Father pays school fees buys food provides shelter protects the family buys clothes for the family				

mother	cares for the family
	cooks food
	takes children to school
	breast feeds the baby
children	fetching water
	collecting firewood
	grinding
	pounding
	milking
	sweeping

Activity

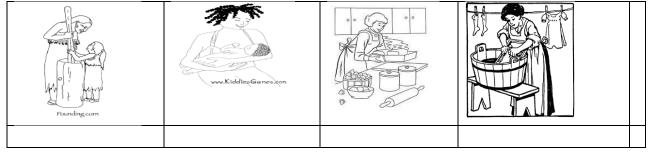
Role playing roles of family members.

Sticking pictures of different roles.

Exercise

Why is a father useful in a home?

Name these roles of people at home.



REF:

MK Junior Literacy bk. 1 pg 13-14

Monitor SST. bk. 1pg 10-12

LESSON 4			
NEW WORDS			
rack	transport	granary	kitchen
Things found in a	home and their use	? \$	
Houses-for sleepir	ng in.		
Kitchen- for cook	ing from.		
toilet- for defeca	ting and urinating ir	٦.	
Animals-			
Some animals are	e used for transport		
Some animals pro	otect us.		
Some animals giv	e us company.		
Birds- some birds	give us eggs.		
Plants-some plan	ts give us food.		
Rack-for hanging	on clean utensils.		
Granary-for storin	g harvested food c	crops.	
Mortar and Pestle	e-for pounding.		
Activity			
Observing things	found in a home fro	om MK Junior Lit	reracy bk.1 pg15
Exercise			
1.Why is a house	important to peopl	eș	
2.How are these i	tems important at h	nome?	
granary			
rack			

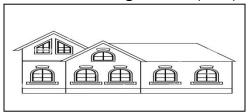
NEW WORDS

house window building wall

Parts of a house

What is a house?

A house is a building where people live.



roof wall

window ventilator

verandah door

Activity

Sticking a picture of a house

Exercise

Name the parts of a house.

REF:

MK Standard SST. bk.1pg 8

Monitor SST.bk.1 page 11

WEEK 3			
LESSON 6			
NEW WORDS			
bedroom	bathing		
dining	toilet		
Rooms found in a house an	d their uses		
sitting room - for sitting in a	nd welcoming visitors.		
Bedroom -for sleeping in.			
dining - for eating from.			
Toilet - for defecating in.			
Kitchen - for cooking from.			
Bathroom - for bathing fron	n.		
Store - for keeping our thing	gs.		
reading room - for reading from.			
Activity			
Reading about rooms in a house from text books.			
Exercise			
1.Name any two rooms fou	nd in a good house.		
2.In which room of a house	do we do the following?		
Bathing			
Cooking			

NEW WORDS

carpet radio table flower

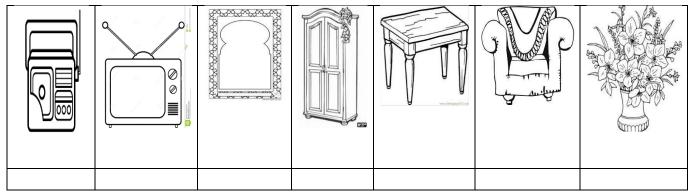
Things found in a sitting room

chair radio

table television

carpet cupboard

mat flowers



Activity

Observing things found in a sitting room from MK Junior Literacy bk.1

Exercise

Write down any three rooms found in a house

Draw and name any four things found in the sitting room.

NEW WORDS

spoon knife saucepan charcoal

Things found in a kitchen and store

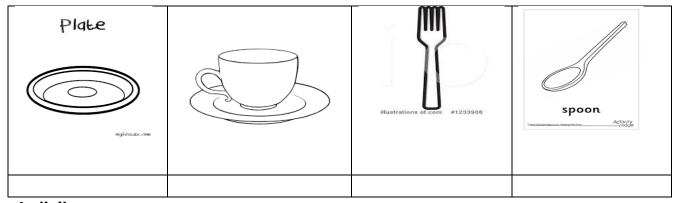
plates saucepans

cups forks

spoons charcoal

knives food

stove firewood



Activity

Sticking pictures of things found in the kitchen.

Colouring things found in the in the kitchen.

Exercise

Mention any two items found in a kitche

Why do we need these items in the kitchen?

Charcoal-----

Knife -----

LESSON 9 AND 10

new words

pillow bedroom

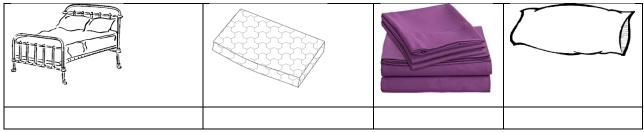
mattress blanket

Things found in a bedroom

bed bed sheets

mattress blanket

pillow mosquito net



Things found in a bathroom

basin water

soap bath tab

sponge towel

Sponge	towel	soap	basin

Activity

Sticking pictures of items found in a bathroom.

Observing things found in the bedroom from MK Junior Literacy bk.1

Exercise

Give any two problems people without a house may get.

WEEK 4

LESSON 11 AND 12

NEW WORDS

oxen mutton

donkey pork

Animals found in a home and their uses

Cows give us beef and milk.

Cats give us company.

Dogs guard our homes

Pigs give us pork.

Sheep give us mutton and wool

Camels give us milk and are used for transport.

Goats give us milk and meat.

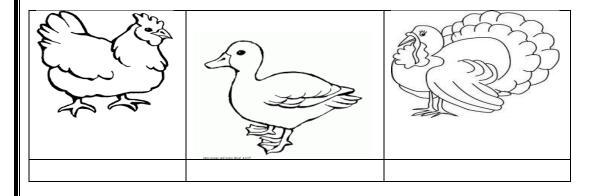
Donkeys are used for transport.

Oxen are used for ploughing and for transport.

Birds found at home

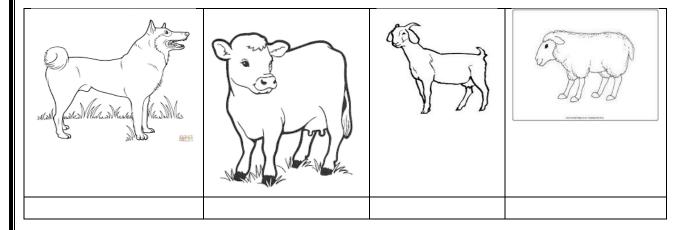
turkeys ducks

hens cocks



Activity

Observing animals found at home from the text books.



Exercise

Give any two animals used for transport.

Why is a cow important at home?

Name any two domestic birds that give us eggs.

LESSON 13 AND 14

new words

maize millet sorghum banana

Plants found in our home

maize rice

cassava sorghum

banana sweet potatoes

millet oranges

mangoes pineapple

Uses of plants	
They give us food.	
They give us medicine.	
They give us shade.	
They give us oxygen.	
They give us fire wood.	

Activit	V					
Nature	e walk around t	he school	to see p	plants.		
Exerci	Exercise					
Give c	any two uses of	plants to p	people.			
REF:						
MK Ju	nior Literacy bk	. 1 pg 21				
WEEK	5					
LESSO	N; 15					
THEM	E; Human body ar	nd health				
SUB -T	HEME; parts of t	he body				
New wo	ords					
nose t	high mouth	navel				
Parts of	the body					
head	ears	arm	neck			
elbow	shoulders	nose	belly			
Foot	tongue	navel	toes			
Fingers	thigh	mo	uth	hair		
ACTIV	ITY					
-Stickin	g pictures of parts o	f the body.				
-Singing	songs					
EXERC	CISE					
1. 1	Name and draw thes	se parts of the	e body.			
			—— Pa	ge 14		

2. How many fingers do you have?				
3.I have Hands.				
REF; MK integrated cscibk 1 pg 1				
LESSON;16				
New words				
Trunk limbs chest head				
The main parts of the body				
There are three main parts of the bo	ody			
Head Trunk Limbs				
Parts found on the head				
Eyes ears nose hair cheel	k chin lips			
Parts found on the trunk				
Neck chest breas	st navel	belly	shoulders	
Back				
Parts found on the limbs				
Elbow palm ankle	e nails	toes	thigh fingers	
ACTIVITY				
Singing a song "God thought of m	naking man''			
EXERCISE				
Draw a human head and name the	parts found on it.			
REF;MK INTEGRATED PRIMAI	 RY SCI BK I PG 1.2.3	3.		

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LESSON;17				
New words				
Tasting ankle	touching fingers			
Uses of each part of the boo	dy			
Eyes for seeing				
Legs for walking /running /k	cicking.			
Hands for touching/writing				
Tongue for tasting				
Nose for smelling				
Skin for feeling				
Teeth for chewing/grinding/l	biting.			
Senses and sense organs				
There are five sense organs r	namely;			
Eyes nose ears skin	tongue			
Sense	organ	use		
Seeing	eyes	to see		
Hearing	ears	to hear		
Tasting	tongue	to taste		
Smeling	nose	to smell		
Feeling	skin	to feel		
ACTIVITY				
Singing a song 'oh be careful my eyes what you see'				
Practical lesson using the sense organs.				
EXERCISE				
1. Which sense organ s do we use to;				
a.see	b.hear			

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2. Match the s	senses to their organ	s correctly.		
Eye	smelling			
Ear	feeling			
Nose	seeing			
Tongue	hea	ring		
Skin	tasting			
REF; pentagr	ram basic cre bk1 pg	g6-7.		
LESSON 18				
New words				
Hygiene	razorblade	cleanliness	personal	
Ways of keep	ing the body clean.			
-by bathing da	aily			
-by brushing	teeth			
-by combing	hair			
-cutting the hair short.				
-by cutting nails short.				
ACTIVITY				
Practical lesson; children will bring items used for personal hygiene.				
EXERCISE				
1.How do we	keep these body par	rts clean;		
a.finger nails-				
b.teeth-				
c.hair				
Write the items used to clean the teeth.				
REF ;mk integrated scibk 1 pg 5.				
Mk junio	or literacy bkpg 36.			

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LESSON 19					
New words					
Sponge	toothbrush	razorblade	toothpaste		
Items used for keeping	ng the body clean				
Sponge	water to	oothpaste			
Toothbrush comb	nail cutte	er			
Ear buds soap	basin				
ACTIVITY					
-children will observ	e and identify iten	ns used to clean the body.			
EXERCISE					
1. What do we call the	ne general cleanlin	ess of the bodt?			
2. Draw these items	used to clean our b	oodies.			
Comb	toothl	orush	razorblade		
REF; MK Junior Lit	teracy bk1 pg 37.				
LESSON;20					
New words					
Germs diseases prevent remove					
Importance of personal hygiene					
-We practice personal hygiene to;					
Prevent germs.	Prevent germs.				
Prevent bad breath					
Prevent bad body smell					
Be healthy					
		——— Page 18 ———			

Prevent some skin diseases	
Remove dirt	

ACTIVITY

Oral reading about the importance of personal hygiene from MK junior literacy pg114.

EXERCISE

- 1. Why do people bathe daily?
- 2. Mention any one danger of poor personal hygiene.

REF; MKJunior Literacy bk1 pg37.

WEEK 6

LESSON;21

New words

-tooth decay diseases

-germs ring worm

Dangers of not practical personal hygiene

You get tooth decay

Bad body smell

You get skin diseases like; ring worms, scabies, athletes foot etc.

ACTIVITY

Observing pictures of people with poor personal hygiene from the text book

EXERCISE

- 1.identify any one skin disease which comes from poor personal hygiene.
- 2. Give two dangers of not keeping the mouth clean.

Fill in the missing letters

t—th dis-ases d-cay b-dy

REF;

LESSON;22	
New words	
Sanitation, place ,broom ,clo	ean
Sanitation	
What is sanitation?	
Sanitation is the way of keep	ping a place clean.
Ways of keeping places clea	an
By sweeping	by srubbing
By dusting	by mopping
By picking rubbish	by flushing the toilet
By spraying	by smoking latrines
By slashing compound	
ACTIVITY	
Practicle lesson children will	l practically carry out activities of keeping places clean.
EXERCISE	
Draw and name any two acti	ivities done to keep our environment clean
is a way of k	eeping a place clean.
REF ; MK Juniorliteracy bk	3 pg 42.

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LESSON;2	3					
New words						
gloves ,dustbin ,toilet ,latrine						
Things used	d to keep plces	clean				
water,	soap	slasher	rake			
mop/rag	dustbin	broom	hoe			
axe	scrubbing	waste paper	r basket			
ACTIVITY						
Sticking pictures of materials used for sanitation						
Observing r	eal items for sar	nitation				
EXERCISI	Ε					
1.How do w	e keep these pla	aces clean?				
a. toilet		b. c	b. classroom			
c.latrine		d.co	d.compoud			
2.Draw and name any two things used to clean toilets.						
DEE 3477		~ 1				
REF; MKjunior literacy pg 51						

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LESSON;24 New words germs housefly faecal sanitation Importance of good sanitation -To keep away germs -To control houseflies -To make our environment look beautiful -To prevent bad smell

ACTIVITY

-To control faecal diseases

To promote good health

Children will read the importance of good sanitation.

EXERCISE

1. Why is it good to keep the toilets clean?

REF; MKintegrated primary sci bk3 pg 43

LESSON;25

New words

rubbish disposal burning burying

Rubbish disposal

It is the proper way of putting rubbish where it should be.

How to dispose rubbish

.By burying by putting it in rubbish pits

.By putting itin dustbins .by burning

ACTIVITY

- .Children will practically wash their hands
- .Moving out to observe the rubbish pit.

EXERCISE

- 1. Mention any two ways of disposing rubbish.
- 2. Draw and name any four things used to dispose rubbish.

REF; Understanding Integrated Science book 1 page 78.

WEEK 7

LESSON 26

New words

malaria diarrhoea mumps trachoma

Common diseases

malaria mumps chickenpox cancer

diarrhoea influenza scabies diabetes

trachoma ringworms cholera dysentery

ACTIVITY

Reading about common diseases from mk junior literacy pg 39

EXERCISE

Tick the curable diseases only.

AIDS, mumps, diabetes, diarrhoea, malaria

REF; MK Junior Literacy bk 1 pg 39.

LESSON 27

New words

Cockroach mosquito housefly worms

How common diseases are spread

Malaria	Female anopheles mosquito
Flu	Air/dust
Trachoma	housefly
Diarrhea	Coackroach/housefly
Dysentery	Housefly, coackroach
Typhoid	Unboiled water

Other things that spread diseases

- -sharing sharp objects
- -sharing things for personal hygiene
- -dust
- -poor rubbish disposal
- -failure to use toilets /latrines well.
- -eating dirty food

ACTIVITY

Children will read the things that spread diseases from Mk junior literacy bk1 pg39

EXERCISE

- 1.what spreads malaria?
- 2. How is diarrhea spread?

REF; MKliteracyjJuniorbk 1 pg 39

LESSON 28

New words

diarrhoea malaria dysentery treated mosquito

Prevention of common diseases

Disease	prevention
Malaria	Sleeping under a treated mosquito net
AIDS	Not sharing sharp objects
Diarrhoea	Eating clean food
Dysentery	Drinking boiled water

Other ways of preventing common diseases

- -by cleaning bushes around our homes
- -by using the toilets well
- -by covering our food
- -by washing hands before eating food
- -by keeping our homes clean

ACTIVITY								
Children will read the prevention from mk junior literacy bk 1 pg 40-41.								
EXERCISE								
Mention the ways of preventing these diseases;								
a. AIDS-b. Dysentery-c. Malaria-								
REF ; MK literacy junior bk1 pg 40 -41.								
LESSON 29								
New words								
Immunization measles polio tetanus								
Childhood Diseases[immunization]								
Immunisation is the giving of a vaccine to a person to prevent certain diseases.								
Immunisable diseases								
polio whooping cough								
measles tuberculosis[TB]								
diphtheria tetanus								
ACTIVITY								
Observing pictures of people suffering from immunization								
Sticking pictures of people suffering from immunisable diseases								
EXERCISE								
Name these immunisable diseases								
REF ; MK Junior Literacy bk 1 pg42.								

Page 25

New words

typhoid rabies polio measles

Other immunisable diseases

rabies yellow fever

typhoid hepatitis B

haemopheilus influenza b

Importance of immunization

It promotes infant good health

It controls childhood diseases

ACTIVITY

Oral reading and observing pictures of immunisable diseases.

EXERCISE

Why do parents immunize their children?

REF;Mk Junior Literacy bk 1 pg 42.

END