

I

#### TOPICAL BREAKDOWN

# TOPIC 1: Communicable intestinal diseases and worm infections

- ✓ Definition of communicable and non-communicable diseases.
- ✓ Examples of communicable diseases

### Intestinal diseases

- ✓ Causes
- √ Signs
- √ Symptoms
- ✓ Prevention and control

### Dehydration

- ✓ Description
- ✓ Causes
- √ Signs
- ✓ Control
- ✓ Effects of dehydration

### Making ORS

- ✓ Description
- ✓ Steps followed when preparing ORS
- ✓ Materials used to make ORS
- ✓ Description of terms

# Intestinal worms

- ✓ Tape worms
- ✓ Hook worms
- ✓ Pin worms
- ✓ Thread worms

#### TOPIC 2:

- ✓ Common vectors and diseases
- ✓ Definition of vectors / germs
- ✓ Life cycle of vectors
- ✓ Diseases
- ✓ Prevention and control
- √ Examples of vector

TOPIC 3					
✓ Accidents					
✓ Definition of terms					
✓ Examples of accidents					
✓ Effects of accidents					
✓ First aid					
✓ Prevention and control					
✓ Road accidents					
Rabbit keeping					
✓ External parts of a rabbit					
✓ Types of breeds of rabbits					
✓ Characteristics of exotic breeds					
✓ Characteristics of local breeds					
✓ Examples of exotic breeds					
✓ Types of hutches					
✓ Diseases of rabbits					
√ Feeding rabbits					
✓ Keeping rabbits					
✓ Importance of keeping rabbits					
DATE					
SAMPLE HANDWRITING					
TOPIC 1: Communicable intestinal diseases	and worm infections				
SPELLING GAME					
PREDICTED WORD	CORRECTION				
TREDICT IT ONE					

#### Lesson 1: Communicable diseases

These are diseases that can be spread from one infected person to a healthy one.

### How communicable diseases spread

- ✓ Through air
- ✓ Through drinking contaminated water
- ✓ Through contaminated food
- ✓ Through insect bites
- ✓ Through body contact with an infected person

Note: All communicable diseases are caused by germs.

### Examples of communicable diseases

✓ diarrhoea ✓ Tuberculosis ✓ Scabies

√ dysentery 
√ Whooping cough 
✓ Ebola

✓ cholera
 ✓ Measles
 ✓ Malaria

√ typhoid 
√ Tetanus 
√ Yellow fever

✓ COVID-19
 ✓ Bilharziasis
 ✓ Elephantiasis etc

### Non-communicable diseases

These are diseases which cannot be spread from one infected person to a healthy one.

### What causes non-communicable diseases?

- By smoking
- ❖ By poor nutrition / poor feeding
- They are passed on from parents to their children through genes

# Examples of non-communicable diseases

- > lung cancer
- > emphysema
- > asthma
- sickle cell
- anaemia
- leukemia / blood cancer
- kwashiorkor
- marasmus
- > scurvy
- > goitre
- anaemia

4

# **ACTIVITY** What are communicable diseases? 1. State any three ways communicable diseases spread? 2. i) ii) iii) Give any three examples of communicable diseases. 3. i) \_\_\_\_\_ iii). \_\_\_\_\_ ii). What are non-communicable diseases? 4. Name any two causes of communicable diseases. 5. i) ii) Give any three examples of communicable diseases apart from lung cancer. 6. i) \_\_\_\_\_ iii). \_\_\_\_\_ ii). 7. Why is lung cancer called a non-communicable disease? CORRECTION

5

DATE		
SAMPLE HANDWRITING		
SPELLING GAME		
PREDICTED WORD	CORRECTION	
Dysentery		
Dysentery is a watery stool with bl	lood stains.	
Types of dysentery		
> Amoebic dysentery		
Bacillary dysentery		
What causes amoebic dysentery?		
Bacteria		
NB: dysentery is common in places	s with poor sanitation.	
How does dysentery spread?		
i). Through eating contaminated foo	od.	
ii). Through drinking contaminated	water.	
How dysentery can be controlled		
✓ Avoid eating contaminated food.		
✓ Avoid drinking contaminated wat		
<ul> <li>✓ By washing hands before eating</li> <li>✓ By proper disposal of faces</li> </ul>	food	
<ul><li>✓ By proper disposal of faeces.</li><li>Diarrhoea</li></ul>		
Diarrhoea is a watery stool.		

What causes diarrhoea?			
√ bacteria			
√ virus			
How diarrhoea spreads			
✓ Through drinking contaminated water.			
✓ Through eating contaminated food			
✓ Through 4Fs			
NB: 4Fs stand for			
√ Faeces			
✓ Flies			
√ Fingers			
✓ Food			
How to control diarrhoea			
✓ By covering leftover food			
✓ By washing hands before eating food			
✓ By boiling water for drinking			
✓ By proper disposal of human faeces			
✓ By proper disposal of rubbish			
✓ By washing fruits before eating			
ACTIVITY			
<ol> <li>Name any three examples of diarrhoeal diseases.</li> </ol>			
i)iii)			
ii)			
2. What is dysentery?			
3. Name one clear sign of dysentery.			
4. What causes the following types of dysentery?			
i). Amoebic dysentery			
ii). Bacillary dysentery			
<del></del>			

	How can dysentery be controlled?
	Give any two causes of diarrhoea.
	How does diarrhoea spread?
	Write 4Fs in full.
	iii)
	iv)
	Give any two ways of controlling diarrhoea.
	Name the condition when a person passes out watery stool frequently.
	Mention the vector that spreads cholera in the 4Fs.
	Give the importance of covering food.
۴	Musa passes out watery stool with blood stains. Which disease is Musa ering from?
	Give any one problem people are likely to face when there is poor disposal of
SC	es.

DATE	
SAMPLE HANDWRITING	
SPELLING GAME	
PREDICTED WORD	CORRECTION
Typhoid	
Typhoid It is caused by a germ called salmor	nella typhi
••	nella typhi
It is caused by a germ called salmor It affects intestines	nella typhi
It is caused by a germ called salmor It affects intestines How typhoid spread	nella typhi
It is caused by a germ called salmor It affects intestines	nella typhi
It is caused by a germ called salmor It affects intestines How typhoid spread  ✓ By drinking contaminated water  ✓ By eating contaminated food	
It is caused by a germ called salmor It affects intestines How typhoid spread  ✓ By drinking contaminated water  ✓ By eating contaminated food How to prevent and control typhoi	
It is caused by a germ called salmor It affects intestines How typhoid spread  ✓ By drinking contaminated water  ✓ By eating contaminated food How to prevent and control typhoi ✓ By boiling water for drinking	id
It is caused by a germ called salmor It affects intestines How typhoid spread  ✓ By drinking contaminated water  ✓ By eating contaminated food How to prevent and control typhoi	d ces

Signs of typhoid			
Diarrhoea			
Intestinal ulcers			
Severe vomiting			
Cholera			
<ul> <li>Cholera is caused by bacteria called vibrio cholera</li> <li>Cholera can kill within 24 hours</li> </ul>			
Signs of cholera			
Severe diarrhoea			
Severe vomiting			
<ul> <li>Dehydration</li> </ul>			
How cholera spreads			
By eating contaminated food			
By drinking contaminated food			
Through 4fs			
How to control the spread of cholera			
<ul> <li>Covering food</li> </ul>			
Boiling drinking water			
By washing hands with clean water and soap			
Avoid eating cold food			
ACTIVITY			
<ol> <li>Name the bacterium that causes typhoid.</li> </ol>			
2. How does typhoid spread?			
<ul><li>3. How can typhoid be controlled?</li><li>i)</li></ul>			
ii)			
4. Give any two signs of typhoid.			
i)ii)			

Which bacterium causes cholera?
Name two signs of cholera.
How does cholera spread?
How can people control the spread of cholera?
Why do people boil water for drinking?
Write one effect of diarrhoea to people.
Which disease is likely to break out due to poor disposal of faeces?
What id the danger of keeping finger nails long.
Why should people keep the environment clean?
Mention any three elements of a clean home.
How is soap important when washing clothes?
Name any two activities you can do to prevent the spread of cholera

DATE	
SAMPLE HANDWRITING	
SPELLING GAME	
PREDICTED WORD	CORRECTION
The 4Fs germ path	
-this is a path through which ger	rms pass from faeces to human body
The vector that contaminates food	d in the 4Fs germ path is a housefly.
Common diseases that are spread	d through the 4Fs include:
a). diarrhoea	
b). dysentery	
c). cholera	
d). typhoid	
The 4Fs stands for	
√ Faeces	
√ Flies	
√ Fingers	
✓ Food	

	ACTIVITY
Name	e two germs that contaminate food.
	ii)
	e any two ways in which food gets contaminated.
Writ	e 4Fs in their correct order.
	e any three diseases that spread through 4Fs.
	e the vector that contaminates food through 4Fs.
How	are houseflies able to spread germs?
Why	is it dangerous to eat food without washing hands?
 -cti	

DATE	
SAMPLE HANDWRITING	
LESSON 5	
SPELLING GAME	
PREDICTED WORD	CORRECTION
Dehydration	
<b>Dehydration</b> is the condition wher	n the body lacks enough water and mineral salts.
Causes of dehydration	
✓ Severe diarrhoea	
✓ Severe vomiting	
✓ Severe burns and scald	
Mineral salts lost during dehydro	ation
√ Sodium	
✓ Potassium	
NB: Dehydration may lead to deat	th
Effects of dehydration	
❖ Death	
Write 3Ds	
Diarrhoea, Dehydration, Dysenter	' <b>y</b>
Signs of dehydration	
✓ Sunken eyes	
✓ Dry lips	
✓ Little or no urine is passed out	of the body.
✓ Sunken fontanelle (soft spot or	n the baby's head)
✓ A pinch of the skin goes back t	o shape slowly.

# What is rehydration? Rehydration is the replacement of water and mineral salts in the body. **ACTIVITY** What is dehydration? 1. Name the three causes of dehydration. 2. i) ii) iii) Name two mineral salts lost through dehydration. 3. i) ii) What is the effect of dehydration? 4. Write 3Ds in full. 5. Give any three signs of dehydration. 6. i) ii) iii) What is rehydration? 7. Give any two ways the body can be rehydrated. 8. i) ii) How is dehydration different from rehydration? 9. Differentiate dehydration from rehydration. 10.

CORRECTIONS	
DATE	
SAMPLE HANDWRITING	
SPELLING GAME	
PREDICTED WORD	CORRECTION
PREPARING ORS	
ORS stands for Oral Rehydration Salts	/ Solution
Materials used to make ORS	7 301411011
/ Sugar	
✓ Salt	
✓ Boiled water	
Donoa warer	
NB: A solute is a substance that dissolute	ves in a solvent
NB: A solute is a substance that dissol	
NB: A solute is a substance that dissolutes used to make OR:	

Examples of solvents				
✓ Water				
✓ Milk				
Why is water called a universal solvent?				
Water dissolves <u>most</u> solutes				
NB: A solution is a mixture of a solute and a solvent.				
Steps taken when preparing ORS locally at home.				
<ol> <li>Wash your hands with clean water and soap</li> <li>Measure one litre of clean safe water for drinking into a clean container.</li> <li>Add one leveled tea spoonful of salt and 8 leveled tea spoonful of sugar.</li> <li>Stir the mixture to form a solution</li> </ol>				
Steps taken when preparing ORS from sachets / packets				
1. Wash your hands with clean water and soap				
2. Measure one litre of clean safe water into a clean container.				
3. Empty ORS sachets into clean safe water.				
4. Stir the mixture to form a solution				
How to prevent ORS from contamination?				
Wash your hands with clean water and soap.				
Prepare ORS in clean containers.				
Why do we wash our hands before preparing ORS?				
To prevent contamination of ORS solution				
ACTIVITY				
1. Write ORS in full.				
2. Name the three materials used to prepare ORS.				
i)				
ii)				
iii)				
3. What is a solute?				

-	Name the two solutes used in preparation of ORS.
,	What is a solvent?
-	Give any one solvent you know.
,	Why is water called a universal solvent?
,	What is a solution as used in ORS?
	In four sentences briefly describe how ORS are prepared locally at home.
-	Give two ways how contamination of ORS can be prevented.
_	Why do we wash our hands with clean water and soap before preparing ORS
,	Why is ORS given to a dehydrated person?
-	Why is ORS given to a dehydrated person?  Name the condition when the body lacks enough water and mineral salts.
-	· · · · · · · · · · · · · · · · · · ·

W	/hy is sugar used when preparing ORS?
	f one had no sugar and salt but wanted to prepare ORS, name any other ubstance that may be used instead of sugar and salt.
_ G _	ive any three causes of dehydration.
- H ?	low can dehydration be controlled apart from giving the victim ORS to
— М	/rite SSS in full.
– Fr	CTIONS
•	CITONS
· · E _	

#### LESSON 7

#### SPELLING GAME

PREDICTED WORD	CORRECTION

# INTESTINAL DISEASES

- ✓ Typhoid
- ✓ Diarrhoea
- ✓ Dysentery
- ✓ Cholera

### Intestinal worms

- ✓ Tape worms
- √ Hook worms
- ✓ Pin worms
- ✓ Thread worms

# Signs of worm infestation

- ✓ Worms in faeces
- ✓ Itching around the anus
- ✓ Diarrhoea
- ✓ Anaemia / malnutritional diseases
- ✓ Dry cough

# Hook worms

Hook worms feed on blood which leads to anaemia.

# How hook worms enter into our bodies

By wearing shoes

By drinking clean boiled water

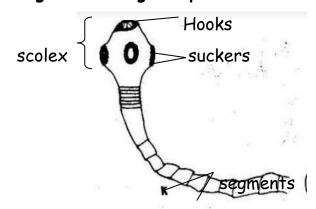
By proper disposal of human faeces

By regular deworming

	ACTIVITY
Ν	lame any three intestinal diseases.
	· · · · · · · · · · · · · · · · · · ·
S	tate any three intestinal worms.
_	
G	ive any three signs of worm infestation.
_	
۷۱	/hat do hook worms feed on?
Н	low do hook worms enter into our bodies?
G	ive any two ways of preventing hook worm infestation.
-	
N	lention any effect of hook worm infestation in the human body.
M	/here in the body are hook worms commonly found?

NATE	
DATE	
SAMPLE HANDWRITING	
LESSON 8	
SPELLING GAME	
PREDICTED WORD	CORRECTION
Tape worms	
Tape worms feed on digested food.	•
How tape worms enter into our bo	ody?
By eating under cooked pork	
How to prevent and control tape	worms?
By eating well cooked meat/pork.	
By regular deworming	
By proper disposal of human faeces	•
, , , , , , , , , , , , , , , , , , , ,	,
	•

### A diagram showing a tape worm



NB: The head of a tape worm is called scolex

NB: How are the following parts of a tape worm useful?

1. Hooks

Hooks are used for attachment on the walls of the intestines.

2. Suckers

Suckers are used for attachment on the walls of the intestines.

3. Segments

Segments are used for absorbing digested food.

# Effects of tape worms on human health

- ✓ They lead to malnutritional diseases.
- ✓ They can cause intestinal obstruction
- ✓ NB: tape worms are commonly found in the small intestines.

# Signs of tape worm infestation

Segments of tape worms in faeces

#### **ACTIVITY**

What	t do tape worms feed on?
How	do tape worms enter into our bodies?
Give	any two ways tape worms infestation can be prevented.

Use the diagram of a tape worm below to answer the following questions.
B
A
C
Name the parts marked with letters A, B and C.
A
В
C
Give the function of the following parts to a tape worm.
A
В
C
What name is given to the head of a tape worm?
Give two effects of tapeworm infestation on human health.
Where in the body are tape worms commonly found?
Give one sign of tapeworm infestation in the human body.
C 1: Communicable intestinal diseases and worm infestation
What are communicable diseases?
Name any one example of a diarrhoeal disease.

State any one way in which cholera is spread.
Identify any one way of controlling the spread of cholera in the community.
Which vector spreads diarrhoea to people?
Give any one way in which typhoid is spread.
Identify any one way of controlling the spread of typhoid in the community.
How did dysentery spread?
State any one sign of dysentery.
Why do we boil water for drinking?
SECTION B What is dehydration?
Write any two signs of a dehydrated baby.
Identify any one cause of dehydration.
Name any two solutes used to prepare ORS.

	State any one sign of worm infestation in humans.
	Give any one way in which worms enter our bodies.
	The diagram below shows a tape worm, use it to answer questions that follows the state of the st
	Name the structures marked K and M:-
	K ii). M
	Give the function of structures marked K to a tapeworm.
	How does a tapeworm enter our bodies?
-	In four sentences, briefly explain how to prepare ORS locally.
	C ONE: COMMUNICABLE INTESTINAL DISEASES AND
	WORM INFESTATION.
	efine communicable diseases.

Why is typhoid described as a communicable disease?
What term is used to describe diseases that make a person to pass out watery feaces?
Give three examples of diarrhoea diseases.
(i)(ii)
(iii)
Mention three groups of germs that may cause diarrhoea diseases.
i)ii)
iii)
How is diarrhoea different from dysentery?
Give two effects of diarrhoea to an individual  (i)
(iii)
What do the 3Ds stand for?
Name the two types of dysentery.
(i)(ii)
State one sign of dysentery in human beings.

13.	List any two signs of Cholera.  (i)
	(iii)
14.	State one way a P.4 pupil can help to control the spread of cholera, dysentery and typhoid in a home.
15.	How are the diseases cholera, dysentery and typhoid similar?
16.	What do the 4Fs stand for in germ path?
17.	Which of the 4Fs in germ path is a human body waste?
18.	Complete the 4Fs below by filling in the missing information.
	flies food
19.	List three ways of controlling intestinal communicable diseases.
	i)
	iii)
20.	How does boiling of water make it safe for drinking?
21.	Give one way a bad smell from a pit latrine can be prevented.
22.	(a) What is dehydration?
	(b) List any two causes of dehydration.
	(i)
	(ii)

	(c) State any three signs of dehydration in a child.
	(i)
	(ii)
	(iii)
23.	Give any two effects of dehydration to an individual.
24.	How is dehydration different from rehydration?
25.	How can the condition of dehydration be prevented?
26.	In four steps, explain how you can mix O.R.S locally.
	(i)
	(ii)
	(iii)
	(iv)
27.	Name the two solutes used to make O.R.S. locally.
	(i)(ii)
28.	Identify the solvent used to make O.R.S.
29.	What is the use of sugar in O.R.S. to a dehydrated person?
30.	Give the importance of salt in used to make ORS.
31.	Write SSS in full as related to the treatment of diarrhoea.
32.	Identify two mineral salts lost during diarrhoea.  (i)

34. Hov	v can one prevent contaminating ORS during preparation?
	rt from taking ORS, how else can dehydration be prevented in people with rious diarrhoea?
35. Wh	y are dehydrated people given ORS?
36. Me	ntion four examples of intestinal worms in human beings.
(i)	(ii)
36.	(iv)
37 Ha	
57. FIUI	v do tape worms enter a person's body?
 39. Wh	at kind of worms enter the body through eating unwashed fruits and tables?
39. Wh vege ——	at kind of worms enter the body through eating unwashed fruits and
39. Wh vege —— 40. (a)	at kind of worms enter the body through eating unwashed fruits and tables?
39. Wh vege —— 40. (a) —— (b)	at kind of worms enter the body through eating unwashed fruits and stables?  How do hook worms enter one's body?

41.	List any three common signs of worm infestation in human beings.
	(i)
	(ii)
	(iii)
42.	How can worm infestation be treated?
43.	Write any four possible ways of preventing intestinal worm infestation.
	(i)
	(ii)
	(iii)
	CORRECTIONS

DATE SAMPLE HANDWRITING		
SAMPLE HANDWRITING		
TOPIC 2: LESSON 1		
SPELLING GAME		
SPELLING GAME		
PREDICTED WORD	CORRECTION	

# Vectors and diseases

Vectors are living organisms that spread germs that cause diseases.

# Examples of vectors and diseases

	Vector	Disease
1.	Cockroach	<ul><li>Cholera</li><li>Typhoid</li><li>Dysentery</li><li>Diarrhoea</li></ul>
2.	Houseflies	<ul> <li>Cholera</li> <li>Typhoid</li> <li>Dysentery</li> <li>Diarrhoea</li> <li>Trachoma</li> <li>Polio</li> </ul>
3.	Tsetse fly	Sleeping sickness
4.	Female Anopheles mosquito	Malaria
5.	Female culex mosquito	Elephantiasis

6.	Female Tiger Mosquito	Yellow fever
7.	Black flies	Riverblindness
8.	Rat flies	Bubonic plague
9.	Ticks	<ul><li>Typhus fever</li><li>Relapsing fever</li></ul>
10.	Rabid dogs / cats	Rabies
11.	Water snails	Bilharziasis

# How vectors spread diseases to people

- ✓ Through bites
- ✓ Through food contamination
- ✓ Through body contact

#### Cockroaches

Cockroaches easily die when they move in flour because their spiracles are blocked by the flour.

### Ways of controlling cockroaches

- Spray cockroaches with insecticides
- Covering food to prevent contamination

# How do cockroaches spread?

By using hairy bodies

# Diseases spread by cockroaches

- Typhoid
- Diarrhoea
- Dysentery
- Cholera
- Amoebic dysentery

# The life cycle of a cockroach

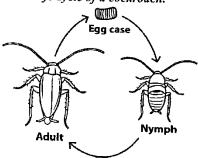
Cockroaches undergo incomplete life cycle i.e the stages of development

NB: cockroaches protect themselves by producing a bad smell.

Egg → Nymph → Adult

# A diagram showing the life cycle of a cockroach

Life cycle of a cockroach.



NB: Structural differences between an adult cockroach and a nymph

An adult cockroach has been developed wings while the Nymph has under developed wings.

#### **ACTIVITY**

1. No	Name any three diseases spread by the follo	wing vectors.
a).	Cockroaches	
i)	ii)	· <del></del>
iii). <sub>-</sub>	)	
b).	Houseflies	
i).	ii)	•
iii).	·	
2.	How do vectors spread diseases to people	e?
i)		
ii)		
iii)		<del> </del>
3.	Why do cockroaches die when they move	in maize flour?
4.	How do cockroaches spread germs?	
5.	What type of life cycle do cockroaches u	ndergo?

. How do cockroaches protect themselves from their enemies?
riow do cocki odches protect memserves from men enemies?
The diagram below shows the life cycle of a vector. Use it to answer the following questions  Life cycle of a cockroach.  Segg case  Nymph
Name the vector with the above life cycle.
Name the stages marked with letters A, B and C.  A
В
C
Name one disease spread by the above vector.
Identify the type of life cycle shown above.
Give the structural differences between an adult cockroach and the Nymph
Which stage in the life cycles of a cockroach is more dangerous to people?
How are feelers useful to a cockroach?

12.	Why are cockroaches calle	d insects?
COR	RECTIONS	
DAT		
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	APLE HANDWRITING	
SAN	APLE HANDWRITING	
SAM	SON 2	
LESS SPEL	SON 2 LLING GAME	CORRECTION
LESS SPEL	SON 2	CORRECTION
LESS SPEL	SON 2 LLING GAME	CORRECTION
LESS SPEL	SON 2 LLING GAME	CORRECTION
LESS SPEL	SON 2 LLING GAME	CORRECTION
LESS SPEL	SON 2 LLING GAME REDICTED WORD	CORRECTION
LESS SPEL PI	APLE HANDWRITING  SON 2  LLING GAME  REDICTED WORD  quitoes	CORRECTION
LESS SPEL PI Moso	APLE HANDWRITING  SON 2  LLING GAME  REDICTED WORD  quitoes es of mosquitoes	CORRECTION
LESS SPEL PI Mose Type	APLE HANDWRITING  SON 2  LLING GAME  REDICTED WORD  quitoes es of mosquitoes ulex mosquito	CORRECTION
LESS SPEL PI Mose Type	APLE HANDWRITING  SON 2  LLING GAME  REDICTED WORD  quitoes es of mosquitoes	CORRECTION

#### NB:

- Mosquitoes lay their eggs in stagnant water / still water
- The larva stage of a mosquito is called wriggler.
- The pupa stage of a mosquito is called lumber
- Female mosquitoes suck blood using a stylet.
- Male mosquitoes suck nectar from flowers
- Mosquitoes undergo complete metamorphosis / life cycle

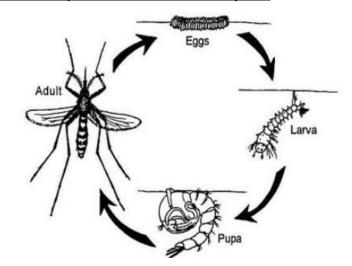
# A culex mosquito

Female culex mosquitoes spread elephantiasis

Elephantiasis is caused by filarial worms.

NB: Male mosquitoes don't spread diseases because they do not feed on human blood.

# The life cycle of a culex mosquito



#### **ACTIVITY**

hat scientific name is given to	the larva stage of a mosquite
That selectiff to harne is given to	The fair ta stage of a mosquitor
/hat scientific name is given to	the pupa stage of a mosquito?
That selection is that is given to	The paper of a mosquitor
ame three types of mosquitoes	<del></del> S.
,,	iii)

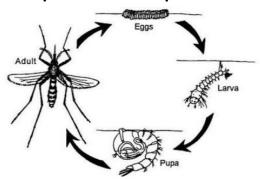
	Why can't male mosquitoes spread diseases?
	What structures do mosquitoes use to suck blood?
	Which stage of a mosquito is dangerous?
	Which part of a mosquito is used for balancing during flight?
	Name the normal stage of a mosquito.
	Which disease is spread by female culex mosquito?
,	What causes elephantiasis?
	What causes elephantiasis?  Why is a mosquito called an insect?
2	<del></del>
<b>3</b>	Why is a mosquito called an insect?
	Why is a mosquito called an insect?
	Why is a mosquito called an insect?

Į	DATE		
\$	SAMPLE HANDWRITING		
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l	LESSON 3		
	SPELLING GAME		
	PREDICTED WORD	CORRECTION	

Anonhala	e mosquitoes

- √ Female anopheles mosquitoes spread malaria.
- ✓ Malaria is caused by plasmodia germ.
- ✓ Plasmodia germ destroys the red blood cells.
- ✓ Female anopheles mosquito uses a stylet to pierce the skin to suck blood.
- ✓ Plasmodia germ is a protozoan germ.
- ✓ Ale anopheles mosquitoes feed on nectar and other plant juices.
- ✓ Female anopheles mosquitoes suck blood which contains iron to help in the development of the eggs.
- ✓ The anopheles mosquitoes undergo a complete metamorphosis

# The life cycle of an Anopheles mosquito



	<u>ACTIVITY</u>
1.	Which blood cells are attacked by plasmodia germs?
2.	Which part do female anopheles mosquitoes use to suck blood from the host?
3.	Name the vector that spreads malaria parasites to people.
4.	Name the germ that causes malaria.
5.	State the group of germs that cause malaria.
6. plas	Name the condition that results from destruction of red blood cells by modia germs.
7.	What do male mosquitoes feed on?
8.	Why can't male anopheles mosquitoes spread malaria?
9.	How important is blood in the body of a female anopheles?\
COF	RRECTIONS

DATE		
SAMPLE HANDWRITING		
SPELLING GAME		
PREDICTED WORD	CORRECTION	

# Signs and symptoms of malaria

- √ Fever
- ✓ Rapid breathing
- √ Vomiting
- ✓ Headache and general body weakness
- ✓ Shivering
- ✓ Sweating

# Prevention and control of malaria

- ✓ By sleeping under a treated mosquito net
- ✓ Spray adult mosquitoes with insecticides
- ✓ Cutting tall grass in the compound
- ✓ Draining stagnant water
- ✓ Destroying all breeding places for mosquitoes
- ✓ Putting screens on ventilators to prevent mosquitoes from entering the house.

#### Medicine used to treat malaria

- Quinine
- Coartem

NB: How does keeping fish in ponds control malaria?

Fish feeds on the eggs and larvae of mosquitoes which spread malaria

Fever is the condition when the body temperature goes beyond normal i.e  $37^{\circ}C$ .

# NB: How does oiling stagnant water control malaria Oil prevents the larvae of mosquitoes from breathing. Why should people sleep under a treated mosquito net? 1. Give any three ways of controlling the spread of malaria. 2. i) ii) iii) Give three signs of malaria infection. 3. \_\_\_\_\_iii). \_\_\_\_\_ i) ii). How does keeping fish in ponds help to control malaria? 4. 5. What is fever? What is the normal body temperature of a person? 6. Why should screens be put on ventilators of houses? 7. 8. Where do mosquitoes lay their eggs? How does oiling stagnant water help to control malaria? 9. Name any two medicine used by health workers to treat malaria. 10. i) ii) Why should people cut tall grass in their compounds at home? 11.

COR	RECTIONS		
•••••			
•••••			•••••••••••
DAT	E		
SAN	APLE HANDWRITING		
	SON 5		
	LLING GAME	40005477011	
Pl	REDICTED WORD	CORRECTION	
Tige	r mosquitoes spread yellow fever	or dengue fever.	
Yello	ow fever is caused by virus		
_	r mosquito undergoes a complete		
	S Pupa A		
The	larva of a mosquito breathes thro	•	
4	·	CTIVITY	
1.	What name is given to the larva	stage of a mosquito?	
2.	Name the disease spread by fer	nale tiger mosquito.	
3.	What germ causes yellow fever	······································	<del></del>
J.	what germ causes yellow fever		

4.	Complete the life cycle	e of a tiger mosquito by filling in th	ne gaps.
	Eggs,	, Pupa,	, Adult
5.	Use the diagram below	to answer the questions that follo	ow.
a) .	Which mosquito dies f	irst?	
b).	Give a reason for your	answer.	
6. hous		the wire mesh which is put on the	ventilators on a
7.	Mention one way mosq	uitoes protect themselves from en	emies.
COR	RECTIONS		
 NAT	 •c		
	TE APLE HANDWRITING		
SAN			
LES	APLE HANDWRITING		

#### **Tsetseflies**

Tsetseflies undergo internal fertilization

It produces hatched larvae which develop into pupa.

NB: A tsetseflies does not lay eggs.

- ✓ The female tsetse fly feeds on blood
- ✓ Tsetse flies spread germ called trypanosomes which cause sleeping sickness to people.
- ✓ Tsetse flies spread Nagana to animals.
- ✓ Tsetse flies are commonly found in thick busy areas or forests.
- √ Tsetseflies undergo complete cycle.
- ✓ The larva grows in the abdomen and later produced into dry sand soil.

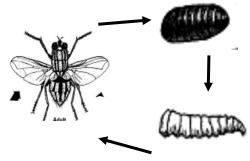
#### How to control tsetseflies

- ✓ By using tsetse fly traps.
- ✓ By spraying insecticides to kill adult tsetseflies
- ✓ By clearing bushes

# Signs of sleeping sickness

- ✓ Loss of body weight
- √ Feeling sleepy

# The diagram shows life cycle of a tsetsefly



#### **ACTIVITY**

1. What type of fertilization do tsetseflies undergo?

\_\_\_\_\_

	ife cycle do tsetseflies undergo?
Write two sign	s of sleeping sickness.
Name the ger	n that causes sleeping sickness
What disease	does a tsetsefly spread to animals?
How can tsets	flies be controlled in an area?
The diagram l the questions	elow shows the life cycle of a tsetse fly. Use it to that follow.
the questions	that follow.  C  es marked A, B, C
Name the stag	that follow B

CORRECTIONS	
DATE	
SAMPLE HANDWRITING	
LESSON 7	
SPELLING GAME	
PREDICTED WORD	CORRECTION
TREBESTED WORLD	
Diseases spread by houseflies	
<ul><li>Diarrhoea</li></ul>	
<ul><li>Dysentery</li></ul>	
• Cholera	
• Typhoid	
• Polio	
How do houseflies spread germs? Using their hairy body	
The structure of a housefly	
Proboscis Feelers Thorax	ompound eyes
Abdomen legs	

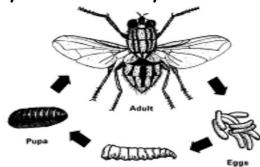
✓	The female h	nouseflies la	y their	eggs in	rotting	bodies	, manure	, heaps	and fo	ieces
---	--------------	---------------	---------	---------	---------	--------	----------	---------	--------	-------

- ✓ The larva stage of a housefly is called maggot
- ✓ The maggots help to reduce the volume of faeces in latrines

NB: Why do houseflies lay their eggs in rotting matter?

For their larvae to get foo

The life cycle of a housefly



NB: The houseflies undergo a complete metamorphosis i.e

Under goes 4 stages of development

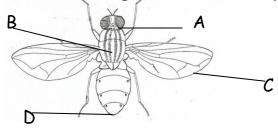
i.e Eggs Larva Pupa Adult

#### **ACTIVITY**

- 1. Why is a housefly called a vector?
- 2. Which stage in the life cycle of a housefly is dangerous to human health?
- 2. Which stage in the life cycle of a houseffy is dangerous to human hearth?
- 3. Give a reason for your answer in number 2 above.
- 4. What do houseflies use for breathing?

\_\_\_\_\_\_

5. Use the diagram of a housefly below to answer the questions that follow.



- a). Name the parts marked with A, B, C and D
- i). A \_\_\_\_\_

	nd letter y to show the part used for feeling.
How is a housefl	ly able to carry germs?
Write the 4Fs in	in their order.
	iii)
	iv)
Give the danger	of poor disposal of human faeces.
Why is it not ad	dvisable to pour Kerosene in a pit latrine?
Where are spira	acles found on the body of a housefly?
What type of lif	fe cycle do houseflies undergo?
What name is gi	iven to an adult housefly?
Name any two di	liseases spread by a housefly.
Name the vector	or that spreads trachoma to people.
What health pro	oblem is likely to break up due to lack of latrines?
Give a reason wh	hy people suffering from cholera are given ORS.
	ple with cholera be isolated?

DATE	
SAMPLE HANDWRITING	
LESSON 8	
SPELLING GAME	
PREDICTED WORD	CORRECTION
Black fly	
Black flies are commonly found along	g fast flowing river banks.
Black flies breed in fast flowing rive	er water.
Black flies undergo complete metamo	orphosis i.e
Eggs Larva Pupa A	Adult
NB: Black flies are also known as sin	nulium flies or Jinja flies
✓ Black flies spread river blindness	
✓ The germ that causes riverblindr	
	ng rivers normally get river blindness
	ACTIVITY
1. What name is given to the dise	ease spread by black fly?

2.	Where does a black fly lay its eggs?		
3.	What type of metamorphosis do black flies undergo?		
4.	What helps the eggs of a Jinja fly to hatch into Larva?		
5.	How can black flies be controlled?		
6.	Complete the life cycle of a black fly correctly.		<del></del>
	Egg,, I	Pupa,	
7.	Name the germ that causes		
COF	RRE <i>C</i> TIONS		
			•••••
 DAT	TE		
	TE		
SAI			
S <i>AI</i>	MPLE HANDWRITING		
S <i>AI</i>	MPLE HANDWRITING  SSON 9	CORRECTION	
S <i>AI</i>	MPLE HANDWRITING  SSON 9  ELLING GAME	CORRECTION	
S <i>AI</i>	MPLE HANDWRITING  SSON 9  ELLING GAME	CORRECTION	
SAI LES	MPLE HANDWRITING  SSON 9  ELLING GAME	CORRECTION	
S <i>AI</i>	MPLE HANDWRITING  SSON 9  ELLING GAME	CORRECTION	
S <i>AI</i>	MPLE HANDWRITING  SSON 9  ELLING GAME	CORRECTION	

✓ They suck blood of their host			
✓ They are external parasites			
Diseases spread by ticks to people			
✓ Typhus fever			
✓ Relapsing fever			
NB: Rickettsia is the germ that causes typhus fever			
Diseases spread by ticks to animals.			
✓ Heart water			
✓ East coast fever			
✓ Anaplasmasis			
✓ Red water			
Method of controlling ticks			
✓ By spraying animals			
✓ By paddocking			
✓ By dipping			
✓ By dipping animals			
Itch mites			
✓ Itch mites spread worms which cause scabies.			
✓ Itch mites live under the skin of animals.			
✓ They can spread through direct body contact, with sharing beddings and clothes			
ACTIVITY			
1. What do ticks feed on?			
2. Name the two diseases spread by ticks to people.			
i)			
ii)			
<ol> <li>Mention three diseases spread by ticks to animals.</li> </ol>			
i)			
ii)			
,			
iii)			

	How can people control ticks?		
	Name the disease spread by itch mites.		
	How can scabies be controlled?		
	Apart from dogs, name two other hosts for ticks.		
	Name the germs that cause typhus fever.		
	Why do farmers dip their cows?		
).	How can itch mites be controlled among people?		
•	Why is it not good to share a house with domestic animals?		
ORI	RECTIONS		
,	TOPIC TWO: VECTORS AND DISEASES. What are vectors?		
	Mention any four examples of vectors.		
	(i)(ii)		
	(iii)		

5.	List any two diseases spread by cockroaches.
	(i) (ii)
6.	Why is a cockroach called a true insect?
7.	State two ways of controlling diseases spread by cockroaches.  (i)
8.	What is the second stage of development in a cockroach called?
9.	How is a nymph different from an adult cockroach?
40	Draw the egg structure of a cockroach.
10.	
10.	
	growth.
11.	growth.
11. 12.	growth.  (i)(ii)
11. 12.	growth.  (i)
11. 12.	growth.  (i)
11. 12.	growth.  (i)
11. 12. 13.	growth.  (i)

16. How is the larva of a	housefly useful to people with pit latrines?
17. List any three diseas	ses spread by houseflies.
(i)	(ii)
(iii)	
18. In which three ways	can diseases spread by a housefly be prevented?
(i)	
(ii)	
(iii)	
9. Name the vector tha	nt spreads scabies.
20. State two ways thro	ugh which scabies spread.
(i)	
(ii)	
21. Give any two ways sc	abies can be prevented.
(i)	
(ii)	
22. Mosquitoes feed on l people.	blood, what do they use to suck blood from the bodies of
23. Where do mosquitoe	s lay their eggs?
24. Identify the mosquit	to that spreads germs which cause each of these diseases
(i) Malaria :	
(ii)Elephantiansis:	
(iii) Yellow fever :	
25. Name the germ that	causes each of these diseases
(a) Malaria	;
(b)Elephantiasis:	
(c) Yellow fever	;

28.	List four ways that can be used to control the spread of malaria in our
СО	mmunities
(i)	
(ii)	
(iii)	
(iv)	
29. Hov	v does the draining of stagnant water help to control the spread of
	laria?
Μα	
	<del>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</del>
30. Wh	y are people advised to sleep under mosquito nets?
30. Wh	y are people advised to sleep under mosquito nets?
	y are people advised to sleep under mosquito nets?  v does pouring oil on stagnant water kill mosquito larva?
	· · · · · · · · · · · · · · · · · · ·
 31. Hov 	v does pouring oil on stagnant water kill mosquito larva?
 31. Hov 	v does pouring oil on stagnant water kill mosquito larva?
31. Hov —— 32. Hov	v does pouring oil on stagnant water kill mosquito larva? v does sleeping under a mosquito net help to control the spread of malaria?
31. Hov 32. Hov —— 33.	v does pouring oil on stagnant water kill mosquito larva?
31. Hov 32. Hov 33. (i)	v does pouring oil on stagnant water kill mosquito larva? v does sleeping under a mosquito net help to control the spread of malaria?
31. Hov 32. Hov —— 33.	v does pouring oil on stagnant water kill mosquito larva? v does sleeping under a mosquito net help to control the spread of malaria?
31. Hov 32. Hov 33. (i)	v does pouring oil on stagnant water kill mosquito larva? v does sleeping under a mosquito net help to control the spread of malaria?
31. Hov 32. Hov 33. (i) (ii)	v does pouring oil on stagnant water kill mosquito larva? v does sleeping under a mosquito net help to control the spread of malaria?

(i)	
(ii)	
6. Match the diseases in list A with t	the vectors that spread them in list B.
List A	List B
<u>Diseases</u>	<u>Vectors</u>
i). River blindness	rat fleas
ii). Rabies	water snail
iii). Relapsing fever	blackfly
iii). Bubonic plaque	mad dog
v). Bilharziasis	tricks
7. What does a tick use for breathin	g?
38. Name the three types of li	ce.
(i)	
(ii)	
(iii)	
9. How does the closing of doors and	windows early in the evening help to reduc
on the spread of Malaria?	

CORRECTIONS	
DATE	
SAMPLE HANDWRITING	
TOPIC 3: LESSON 1	
SPELLING GAME	
PREDICTED WORD	CORRECTION
ACCIDENT, POISONING AND F	FIRST AID
<u>ACCIDENTS</u>	
An accident is a sudden happening	g that causes harm or injury to the body.
Causes of accidents at home / s	<u>school</u>
✓ Playing rough games	
✓ Fells	
✓ Handling sharp objects without	t care
/ T 1.5	. 53. 5
✓ Taking expired drugs	

Com	mon accidents at school / hor	ne and on the road
✓ E	Burns	✓ Animal bites
√ 5	Scald	✓ Sprains
✓ (	iuts	√ Strains
✓ F	ractions	✓ Nose bleeding
✓ [	Dislocations	✓ Fainting
✓ E	lectric shocks	
NB:	A casualty is a person who ha	s got an accident
		ACTIVITY
1.	What is an accident?	
2.	Give any one cause of accider	its at school.
3.	Give any two common acciden	ts at school.
i) ,	<del></del>	<del> </del>
ii) 4	Montion any two assidents at	homo
4. i)	Mention any two accidents at	nome.
ii)		
5.	What name is given to a pers	on who has got an accident?
COF	RECTIONS	
		·············
DAT	TE	
SA	APLE HANDWRITING	

# LESSON 2 SPELLING GAME CORRECTION PREDICTED WORD First Aid First Aid is the immediate help given to a casualty. Reasons why we give First Aid ❖ To save life To stop bleeding if any To prevent further injury To promote quick recovery ❖ To reduce pain Qualities of a good first aider Should be knowledgeable Should be empathetic Should be quick Should be gentle Should be observant **ACTIVITY** What is meant by the term First Aid? 1. 2. Give two reasons why casualties are given first aid. i) ii) State any two qualities of a good first aider. 3. i)

ii)

First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations	CORRECTIONS	
LESSON 3 SPELLING GAME  PREDICTED WORD  CORRECTION  First Aid kit / box First Aid box A first aid box is a container where first aid tools are kept. First aid kit A first aid kit is a set of materials for giving first aid. Places where first aid boxes are commonly found  Homes  Schools  Taxis Offices Hospitals Petrol stations		
LESSON 3 SPELLING GAME  PREDICTED WORD  CORRECTION  First Aid kit / box First Aid box A first aid box is a container where first aid tools are kept. First aid kit A first aid kit is a set of materials for giving first aid. Places where first aid boxes are commonly found  Homes  Schools  Taxis Offices Hospitals Petrol stations		
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LESSON 3 SPELLING GAME  PREDICTED WORD  CORRECTION  First Aid kit / box First Aid box A first aid box is a container where first aid tools are kept. First aid kit A first aid kit is a set of materials for giving first aid. Places where first aid boxes are commonly found Homes Schools Taxis Offices Hospitals		
First Aid kit / box  First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations		
First Aid kit / box  First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations		
First Aid kit / box  First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations	LESSON 3	
PREDICTED WORD  CORRECTION  First Aid kit / box  First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations		
First Aid kit / box  First Aid box  A first aid box is a container where first aid tools are kept.  First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations		CORRECTION
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First aid kit  A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations	First Aid box	
A first aid kit is a set of materials for giving first aid.  Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations	A first aid box is a container who	ere first aid tools are kept.
Places where first aid boxes are commonly found  Homes  Schools  Taxis  Offices  Hospitals  Petrol stations	First aid kit	
<ul> <li>Homes</li> <li>Schools</li> <li>Taxis</li> <li>Offices</li> <li>Hospitals</li> <li>Petrol stations</li> </ul>	A first aid kit is a set of materic	als for giving first aid.
<ul> <li>Schools</li> <li>Taxis</li> <li>Offices</li> <li>Hospitals</li> <li>Petrol stations</li> </ul>	Places where first aid boxes ar	re commonly found
<ul> <li>Taxis</li> <li>Offices</li> <li>Hospitals</li> <li>Petrol stations</li> </ul>	❖ Homes	
<ul> <li>Offices</li> <li>Hospitals</li> <li>Petrol stations</li> </ul>	Schools	
<ul><li>❖ Hospitals</li><li>❖ Petrol stations</li></ul>	Taxis	
❖ Petrol stations	Offices	
	Hospitals	
Items found in a first aid box		
	Items found in a first aid box	

Cotton wool	<ul> <li>For cleaning wounds</li> </ul>
Gauze	- For dressing wounds
Surgical spirit-	For cleaning wounds
Razor blades	- for cutting bandage
Pain killers -	For relieving pain
Bandages -	For dressing wounds
	For tying around broken bones
Gloves -	For protection while dressing wounds
Liniment -	For relieving pain
A first aid box is	painted with bright colours for easy identification.
	ACTIVITY
Explain the mea	ning of the following terms.
First aid box	
First aid kit	
Name any two pl	aces where a first aid box is found.
Mention any two	items found in a first aid box.
	items found in a first aid box.  ence between a first aid box and a first aid kit.
Give the differe	

b). Cotton wool.	
c). Gauze	
CORRECTIONS	
DATE	
SAMPLE HANDWRITING	
LESSON 4	
SPELLING GAME	
PREDICTED WORD	CORRECTION
PREDICTED WORD	
ACCIDENTS	
ACCIDENTS Fractures	
<u>Fractures</u>	
Fractures  A fracture is a broken bone in the body.	
Fractures  A fracture is a broken bone in the body.  Types of fractures	
Fractures  A fracture is a broken bone in the body.  Types of fractures  ✓ Simple fracture	
Fractures  A fracture is a broken bone in the body.  Types of fractures  ✓ Simple fracture  ✓ Compound fracture	
Fractures  A fracture is a broken bone in the body.  Types of fractures <ul> <li>Simple fracture</li> <li>Compound fracture</li> <li>Green stick fracture</li> </ul>	
Fractures  A fracture is a broken bone in the body.  Types of fractures  ✓ Simple fracture  ✓ Compound fracture	

A diagram showing a compound fracture



# Simple fracture

The broken bone remains inside the skin

A diagram showing a simple fracture



#### Green stick fracture

The bone cracks or bends but remains inside the skin

NB: Green stick fracture is common in children because they have weak bones.

A diagram showing a green stick fracture



### Comminuted fraction

The bone breaks into many small pieces.

# First aid for fractures

Apply splints around the broken bone.

NB: Splints hold the broken bone in one position / right position

**ACTIVITY** 

1. Briefly explain the term fracture.

	Which type of fracture is common in children?
	Why are splints tied around broken bones?
	State the first aid for fractures.
	ECTIONS
 ГЕ	LE HANDWRITING
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5	

## Causes of burn

- ✓ Skin contact with hot objects
- ✓ Skin contact with naked live wires
- ✓ Skin contact with fire
- ✓ Skin contact with acids

#### Scalds

A scald is an injury on the skin caused by wet heat.

#### Causes of scalds

- ✓ Skin contact with steam
- ✓ Skin contact with hot water
- ✓ Skin contact with hot milk
- ✓ Skin contact with hot cooking oil

#### First aid for burns and scalds

Dip the injured part in clean water.

#### Prevention and control of burns and scald

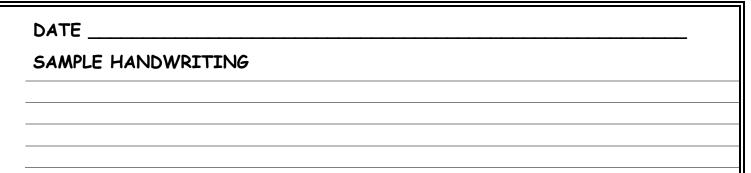
- √ Keep sources of heat away from children's reach
- ✓ Avoid touching red hot objects with bare hands
- ✓ Avoid keeping petrol in the house.
- ✓ Avoid using children to cook or boil water.
- ✓ Cook food from raised places

#### **ACTIVITY**

1.	What is meant by the term:-
a).	burn
b).	scald
2.	Give any one cause of burns at home.
3.	State the first aid for burns.

4.	State the difference betwee	en burns and scalds.	
5. i)	Give any two ways of prevent	ing burns at home	
ii) 6.	Give the cause of scalds.	<del></del>	
COR	RRECTIONS		
•••••			•••••
••••••	ΓE		
DAT			
	MPLE HANDWRITING		
SAN	MPLE HANDWRITING		
LES	SON 6		
LES	SON 6	CORRECTION	
LES	SON 6	CORRECTION	
LES	SON 6	CORRECTION	
LES	SON 6	CORRECTION	
LES:	SON 6	CORRECTION	
LESS SPEI	SON 6 ELLING GAME PREDICTED WORD	CORRECTION	
LESS SPEI	SON 6	CORRECTION	
SAN  LESS SPEI	APLE HANDWRITING  SON 6  ELLING GAME  PREDICTED WORD  ains and strains	CORRECTION	
SAN  LESS SPEI	APLE HANDWRITING  SON 6  SLLING GAME  REDICTED WORD  ains and strains  AIN  brain is a torn ligament.	CORRECTION	

# Signs and symptoms of strains/sprain ✓ Pain at the injured part ✓ Swelling around the injured part First aid for sprain and strain Apply ice cubes around the injured part NB: A dislocation is when the bone moves from its normal position. **ACTIVITY** What is a sprain? 1. Give any one sign of a sprain. 2. Give the meaning of a strain. 3. Mention the first aid you would give someone with a strain / sprain. 4. What is a dislocation? 5. How is a strain different from a a sprain? 6. CORRECTIONS



#### LESSON 70

## **Poisoning**

Poisoning is the accident of taking poison in the body

## How poison enters the body

- ✓ Through food
- ✓ Through animal bites
- ✓ Through air we breathe in

# First aid for poisoning

- ✓ By drinking plenty of milk
- ✓ By drinking plenty of water

NB: Water and milk dilute the poison

#### SAFETY ON THE ROAD

# Causes of road accidents

- ✓ Speeding vehicles
- ✓ Playing on roads
- ✓ Overloading vehicles
- √ Bad roads
- ✓ Driving under the influence of alcohol
- ✓ Driving vehicles under poor mechanical condition
- ✓ Bad weather

# How to prevent road accidents

- ✓ Putting road signs on roads
- ✓ Crossing busy roads at a zebra crossing point
- ✓ Avoid over loading vehicles
- ✓ Avoid speeding vehicles
- ✓ Avoid playing near the road
- ✓ Repairing damaged roads

	ACTIVITY
(	Give the meaning of poisoning.
	Mention the fits aid for poisoning.
	Why is water given to a person who has drunk poison?
	Mention one way poison can enter the body.
	State one way of controlling poisoning at home.
	Give any two causes of road accidents.
	State any two ways road accidents can be controlled.
	Why is it dangerous to drive vehicles in poor mechanical condition?
ا:	ECTIONS
•	
•	
	TOPIC THREE: ACCIDENTS, POISONING AND FIRST AID
	efine an accident.

	o is a casualty?
4. Me	ention any three places where accidents occur.
(i)	(ii)
(iii)	
5. Lis	t any four causes of accidents.
(i)	(ii)
(iii)	(iv)
	ntify the accident that can be caused by bad eating habits like eating riedly.
7. Me	ention at least four common accidents that can occur at home.
(i)	
. ,	
(ii)	
(ii)	
(ii) (iii) (iv)	
(ii) (iii) (iv) . Who	
(ii) (iii) (iv) . Who	at is first aid?
(ii) (iii) (iv) . Who	at is first aid? te the major reason for giving first aid.
(ii) (iii) (iv) . Who . Sta	at is first aid? te the major reason for giving first aid.
(ii) (iv) . Who . Star 10.Lis	at is first aid? te the major reason for giving first aid.

)
State the first aid you would give to a person with:
.State the first aid you would give to a person with:
· · · · · · · · · · · · · · · · · · ·
Simple cut:
Simple cut:
)Deep cut :
low is a sprain different from a strain?
Give one sign of a sprain on an individual.
Why do people apply a cold compress on the sprained joint as first aid?
Define a fracture.
.Mention the two types of fractures.
)
low can you tell that a person has got a compound fracture?
Babies below six months don't get fractures but get a green stick. Why is this
State one sign of a fracture.
Write any one symptom of a fractured limb.
How are splints useful in giving first aid for a fractured limb?

25.	Draw the types of fro	actures drawn below.
	broken bone	broken bone
	should the burnt or scale t aid?	ded part of the body be placed in cold water as
27. Who	it is the use of an arm slir	ng to a person with a fractured arm?
28. List	three accidents that can	happen on the way to and from school.
(i)		
(iii)		<del></del>
29.Ment	ion three bodies that cau	ise traffic accidents.
(i)	<del> </del>	
(ii)		
(iii)		
30.Writ	e any four causes of traf	fic accidents.
(i)		
(iii)		
(iv)		
	e any three ways of avoidi	ing accidents.
	•	
<b>/···</b> \		
(iii)		

33.	What does the highway code state?
34.	Who are pedestrians?
	5. Give any three safety rules on the road.
	i) ii)
	ii)iii)iii)
36.	Give one similarity between an arm string and a splint.
27	
3/.	(a) What is a poison?
(	(b) Give any three causes of body poisoning.
()	(b) Give any three causes of body poisoning.  i)ii)ii
(	(b) Give any three causes of body poisoning.
( ( (338.	(b) Give any three causes of body poisoning.  ii)  iii)  State the first aid you can give to a person who has been poisoned by
( ( (338.	(b) Give any three causes of body poisoning.  ii)  State the first aid you can give to a person who has been poisoned by insecticide or rat poison.  Why should a person who has drunk paraffin, petrol or bleach be given a lot or

43. List three w	ays of prever	nting poisoning.
(i)	•	
(ii)		
(iii)		
What is the danger	of keeping p	oisonous chemicals in soda bottle?
How is a first aid b	ox different	from a first aid Kit?
<del></del>		
46 – List anv tau	· (OMODONEMIS	tot a tirst aid box
•	•	of a first aid box.
(i)	•	(ii)
(i) (iii)	·	(ii)
(i) (iii)	·	(ii)
(i) (iii) 47. Complete th	·	(ii)
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use  (i)
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use
(i) (iii) 47. Complete the box components.	e table below	(ii)  by giving the name and use of these first  Use  (i)
(i) (iii) 47. Complete the box components.	e table below	(ii) (iv) by giving the name and use of these first Use

8.	Identify the following	types of fro	actures	
	A	В		
	A			
).	В	<del></del>	-	
).	•	ho has drunk	paraffin be given plenty of drink	ing
ite	r?			
	<del> </del>			
	State one Sign of poise	oning		
		<del> </del>		
ΑT	E			
	PLE HANDWRITING			
~/V\	ILCC LIVIADANTITIAG			
OP]	I <i>C</i> : <u>KEEPING RABBI</u>	TS		
PEL	LING GAME			
PF	REDICTED WORD		CORRECTION	

## TERMS RELATED TO RABBITS

1. Rabbitary - Is the rearing of domestic rabbits.

2. Buck - A male rabbit

3. Doe - A female rabbit

4. Kit/Kitten - The young one of a rabbit

5. Litter - A group of rabbits born at the same time by the

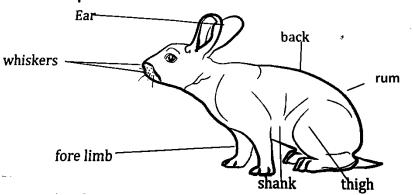
same mother.

6. Kindling - is the act of giving birth in rabbits.

#### **ACTIVITY**

- 1. Briefly explain the meaning of the following terms.
- a). Rabittary
- b). Hutch
- c). Kindling
- d). Litter
- 2. What name is given to the:-
- a). a male rabbit
- b). a female rabbit
- c). a kit

## External parts of rabbits



Reas	ons why people keep rabbits
✓ F	or meat
√ F	or fur
√ F	or income
✓ Pe	eople keep rabbits as pets
✓ T	heir droppings are used to make manure
Prod	ucts for from rabbits
✓ M	eat
✓ F	ur
√ S	kins
√ D	roppings
√ U	rine
	ACTIVITY
1.	Give the use of ears to rabbits.
2.	How is fur useful to the bodies of rabbits?
3.	Give any two reasons why people keep rabbits.
i)	
ii)	
4.	Mention any one edible product of rabbits.
5.	State ne reason why people prefer keeping rabbits to goats.
6.	Which rabbit product improves soil fertility?
COR	RECTIONS
•••••	
•••••	

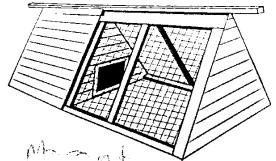
DATE		
SAMPLE HANDWRITING		
BREEDS OF RABBITS		
SPELLING GAME		
PREDICTED WORD	CORRECTION	
	1	
A breed is a group of animals wit	h similar characteristics.	
Types of breeds of rabbits		
1. Local breeds		
2. Exotic breeds		
Characteristics of local breeds	of rabbits	
✓ They have different body cold	ours	
✓ They mature slowly		
✓ They are small in size		
✓ They produce poor quality med		
Characteristics of exotic breed	s of rabbits	
√ They mature faster		
✓ They are of the same colour		
✓ They are big in size		

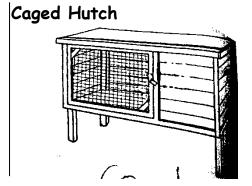
- ✓ Chinchilla rabbits
- ✓ Angora rabbits
- ✓ Ear lop rabbit

	emish giant
	ACTIVITY
	What is meant by a breed of rabbits?
	State one characteristic of local breeds of rabbits.
	Write any one characteristic of exotic breeds of rabbit.
	Why do people prefer keeping exotic breeds of rabbits to local breeds?
	Mention two exotic breeds of rabbits kept in Uganda.
	Name the two types of breeds of rabbits.
<b>₹</b>	RECTIONS
••••	
••••	<u>Housing rabbits</u>
 u1	Housing rabbits tch is a house for domestic rabbits.

## Diagrams showing different types of hutches

# Morant hutch





NB: The hutch should be raised above the ground to protect rabbits from predators

The wire mesh allows free air circulation.

## Feeding rabbits

## Examples of rabbit feeds

Green grass

Cabbage leaves

Sweet potatoes leaves

Green leafy vegetables

Maize brain

Rabbit

Fish meals

NB: Rabbits needs a block of salt to click to give them mineral slats

The gestation period of a rabbit is 30 days.

#### **ACTIVITY**

- 1. Give one importance of housing rabbits.
- 2. Name any two types of hutches.
- i) \_\_\_\_\_
- ii) \_\_\_\_\_

State the reason why a hutch is made using wire mesh.  Name one material used to make a rabbit hutch.  State one reason why rabbits should be fed well.  Name any two examples of rabbit feeds.  Of what importance is a block of salt in a rabbit diet?  What is the gestation period of a rabbit?  ECTIONS  ELE HANDWRITING		Why should a hutch be raised from the ground??
State one reason why rabbits should be fed well.  Name any two examples of rabbit feeds.  Of what importance is a block of salt in a rabbit diet?  What is the gestation period of a rabbit?  ECTIONS		State the reason why a hutch is made using wire mesh.
Name any two examples of rabbit feeds.  Of what importance is a block of salt in a rabbit diet?  What is the gestation period of a rabbit?  ECTIONS		Name one material used to make a rabbit hutch.
Of what importance is a block of salt in a rabbit diet?  What is the gestation period of a rabbit?  ECTIONS		State one reason why rabbits should be fed well.
Of what importance is a block of salt in a rabbit diet?  What is the gestation period of a rabbit?  ECTIONS		
ECTIONS		
	-	What is the gestation period of a rabbit?
	:1	ECTIONS
	•	

### SPELLING GAME

PREDICTED WORD	CORRECTION

### Diseases in rabbits

- ✓ Ear canker
- √ Snuffles
- ✓ Pneuomonia
- √ Coccidiosis
- ✓ Colds
- √ Scours

### Parasites of rabbits

- √ Fleas
- ✓ Mites
- √ Ticks
- ✓ Lice
- ✓ Tape worms
- √ Hook worms

# Ways of controlling diseases in rabbits

- ✓ Isolate sick rabbits
- ✓ Keep the hutch clean and dry
- ✓ Regular vaccination

# How to control parasites

Regular spraying

Regular deworming

	<del></del>
_	ention any three external parasites that affect rabbits.
_ Н	ow do farmers control external parasites in rabbits?
— Н	ow can internal parasites be controlled in rabbit?
- G	ive any two ways a farmer can control diseases in rabbits.
— N	lame any two breeds of rabbits.
  F	CTIONS

	MPLE HANDWRITING		
3 <i>P</i>	AMPLE HAINDWRITING		
	CORD KEEPING ON A RABBIT FORM		
SP	ELLING GAME		
	PREDICTED WORD	CORRECTION	
Тy	pes of farm records		
✓	Breeding records		
✓	Inventory records		
✓	Health records		
✓	Production records		
✓	Feeding records		
✓	Marketing records		
Re	asons why farmers keep records		
✓	To easily get loans from banks		
✓	To know the profit and losses		
✓	To plan for the farm		
✓	To be taxed fairly by the government		
✓	To know the history of the farm		
	ACTIV	TTY	
1.	Give any three types of farm records	<b>3.</b>	
i)			
i)			

What name is given to the rearing of domestic rabbits?
Give any one reason why people keep rabbits.
Name any one product got from rabbits.
What name is given to a young one of a rabbit?
What is kindling in rabbit keeping?
Give any one advantage of keeping rabbits over other domestic animals
Why should rabbit hutches be raised from the ground?
How important is it to deworm rabbits?
What rabbit disease attacks human beings as well?
What name is given to a male rabbit?
SECTION B  Jame any two types of rabbits.
Mention any two breeds of rabbits.

State any two parasites for rabbits.  How can farmers control parasites in rabbits?  Mention any two types of farm records.  Give any two importance of keeping farm records.  Name any two types of rabbit hutches.  Why should rabbit hutches have wire mesh>  Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  /rite three external parts of a rabbit apart from ears and eyes.		
State any two parasites for rabbits.  How can farmers control parasites in rabbits?  Mention any two types of farm records.  Sive any two importance of keeping farm records.  Name any two types of rabbit hutches.  Why should rabbit hutches have wire mesh>  Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  Trite three external parts of a rabbit apart from ears and eyes.		low can diseases in rabbits be controlled?
How can farmers control parasites in rabbits?  Mention any two types of farm records.  Give any two importance of keeping farm records.  Name any two types of rabbit hutches.  Why should rabbit hutches have wire mesh>  Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  Trite three external parts of a rabbit apart from ears and eyes.		State any two parasites for rabbits.
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Cive any two importance of keeping farm records.  Name any two types of rabbit hutches.  Why should rabbit hutches have wire mesh>  Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  Vrite three external parts of a rabbit apart from ears and eyes.	-	Mention any two types of farm records.
Why should rabbit hutches have wire mesh>  Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  /rite three external parts of a rabbit apart from ears and eyes.	-	Give any two importance of keeping farm records.
Why should the hutches be kept clean and dry?  TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS)  /rite three external parts of a rabbit apart from ears and eyes.	1	
TOPIC FOUR: ANIMAL LIFE (KEEPING RABBITS) /rite three external parts of a rabbit apart from ears and eyes.	\	Vhy should rabbit hutches have wire mesh>
/rite three external parts of a rabbit apart from ears and eyes.	١	Why should the hutches be kept clean and dry?
·	_	
	/	rite three external parts of a rabbit apart from ears and eyes.

ate the name given to the foll	owing.	
(a) Male rabbit	:	
(b)Female rabbit	:	
(c)Young ones of rabbit	:	
(d)House of domestic rabbits	3:	
3. Write any four uses of rat	obits.	
(i)		
(ii)		
(iii)		
(iv)	<del> </del>	
4. Give three advantages of I	keeping r	rabbits over other domestic animals.
(i)		
<b>/::</b> \		
(ii)		
(iii)		
(iii)	at of a w	
(iii)	at of a w	
(iii)	at of a w	vild rabbit ?
(iii)	at of a w	vild rabbit ?
What do we call the habita  6. State the two breeds of r  (i)  7. Write two characteristics	at of a w abbits.	vild rabbit ?(ii) of the following.
(iii)	at of a w abbits.	vild rabbit?(ii) of the following.
(iii)	at of a w abbits.	vild rabbit?(ii) of the following.
What do we call the habita  6. State the two breeds of r (i)	at of a w	of the following.
What do we call the habita  6. State the two breeds of r (i)	at of a w	of the following.
What do we call the habita  6. State the two breeds of r (i)	at of a w	vild rabbit? (ii) of the following.

10.	Give any four qualities of a good rabbit hutch.
i)	
(ii)	
(iii)	
(iv)	
11.	How can you protect the rabbits from dampness?
12.	Why should a rabbit hutch be raised on poles?
13.	State three reasons for constructing hutches for rabbits.
i)	
(ii)	
(iii)	
14.	Write three enemies of rabbits.
	Write three enemies of rabbits.
(i)	
14. (i) (ii) (iii)	
(i) (ii) (iii)	
(i) (ii) (iii)	
(i) (ii) (iii) 15. (i)	Name three types of rabbit hutches.
(i) (ii) (iii) 15. (i) (iii)	Name three types of rabbit hutches.

a) Na	me the types of rabbit hutches shown by letters K and L.
	(i) K (ii) L
b)Wł	ny should the biggest part of a rabbit hutch be made of wire mesh?
17.	Define the following terms as used in rabbit keeping.
(a)	Kindling:
(b)	Litter:
18.	List four signs of a doe on heat.
(i)	
(ii)	
(iii)	
(iv)	
19.	Why should a doe be separated from a buck towards the time of kindling
20	. State the gestation period of a doe.
21.	Define the term breeding.
22	. Mention any five materials that can be used to feed rabbits?
(i)	(ii)
(iii)	(iv)
(v)	
23	. What are pellets?
24	. Why should rabbits be fed on salt?
25	. Give three signs of diseases in rabbits.
(i)	
(ii)	
26	. List any four diseases that attach rabbits.
	(ii)
(iu)	(iv)
27	. Identify two diseases that attack both rabbits and poultry.
(i)	(ii)
28	. What rabbit disease attacks human beings as well?
29	. Which disease makes rabbits to sneeze a lot, pass out mucus from the

Name the rabbits disease that makes their ears itch, develop wounds 30. and bend downwards. 31. Write any four ways of controlling rabbit diseases. (i) (ii) ..... (iii) ..... (iv) ..... Why should sick rabbits be separated from healthy ones? 32. What do we call the doctor who treats sick animals? 33. 34. Define a parasite. 35. Mention three examples of external parasites for rabbits. (i) ......(ii) ..... (iii) ...... (iv) ..... 36. What are the commonest internal parasites in rabbits? (i) ......(ii) ..... 37. State three ways of controlling parasites in rabbits. (i) ..... (ii) ..... (iii) ..... 38. Give three examples of worms that affect rabbits. (i) ......(ii) ..... (iii) ..... What is the importance of spraying rabbits with chemicals? 39. How is deworming important in rabbits? 40. 41.(a) What are farm records? (b) List three examples of records kept on a rabbit farm. (i) (ii) ..... (iii) .....

nose and die suddenly?

42. Under what kind of records would you put the following.
(i) Amount of food given to rabbits
(ii)Number of rabbits born by the doe
(iii) Treatment done on sick rabbits
43. State any three importance of keeping records on the farm.
(i)
(ii)
(iii)