

# NEAR DROWNING



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# NEAR DROWNING





**This is when a person becomes unconscious due to failure to breathe because the lungs are filled up with water**



# **Places where near drowning can occur**

- **Swimming pools**
- **In lakes**
- **In rivers**
- **Wells**
- **At dams**
- **Bathtubs filled with water**
- **Uncovered tanks having water**
- **Fish ponds**

# Swimming pools





**River Pools**  
CATCH THE WAVE

# Wells



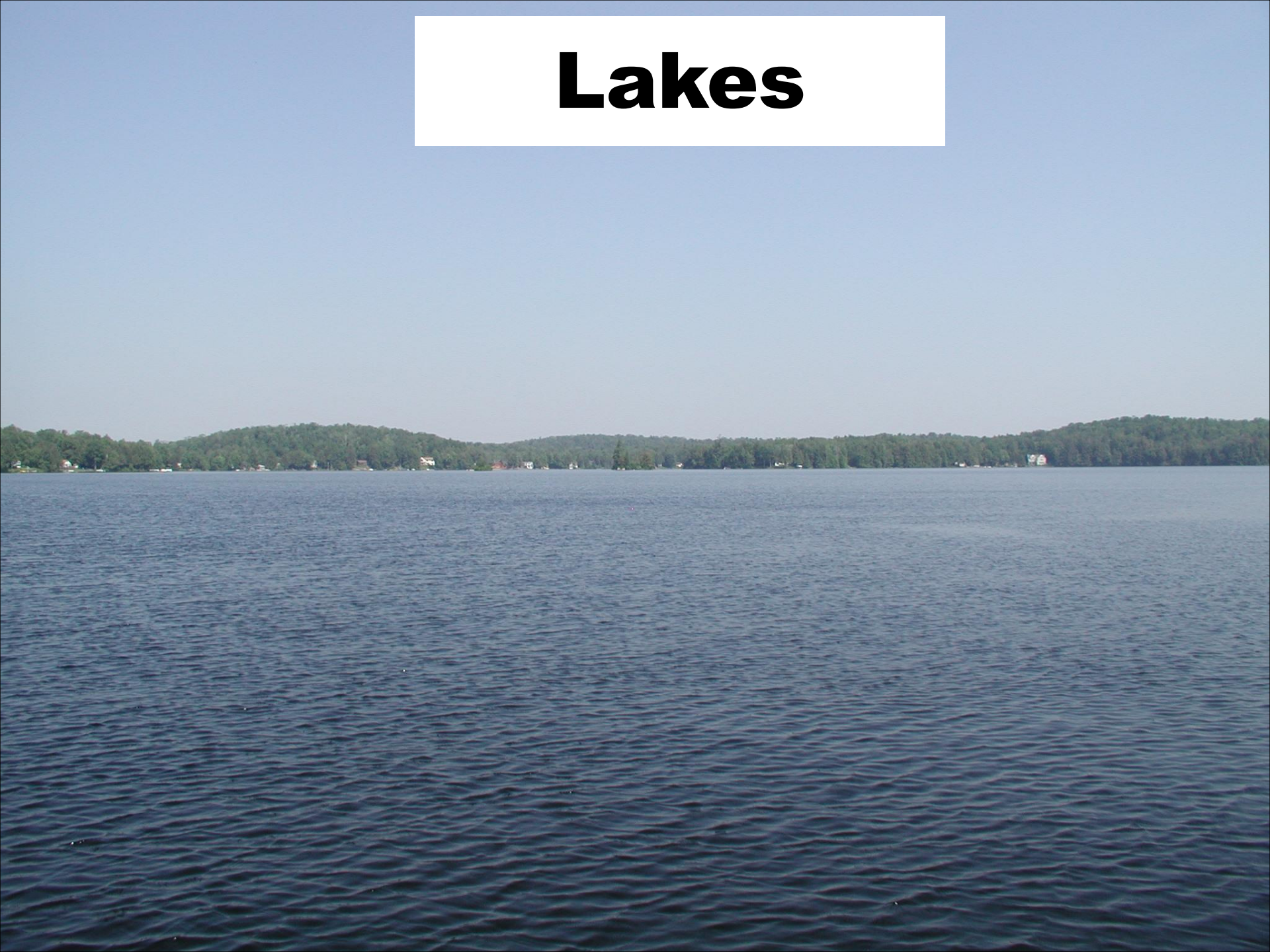


# Bathtubs

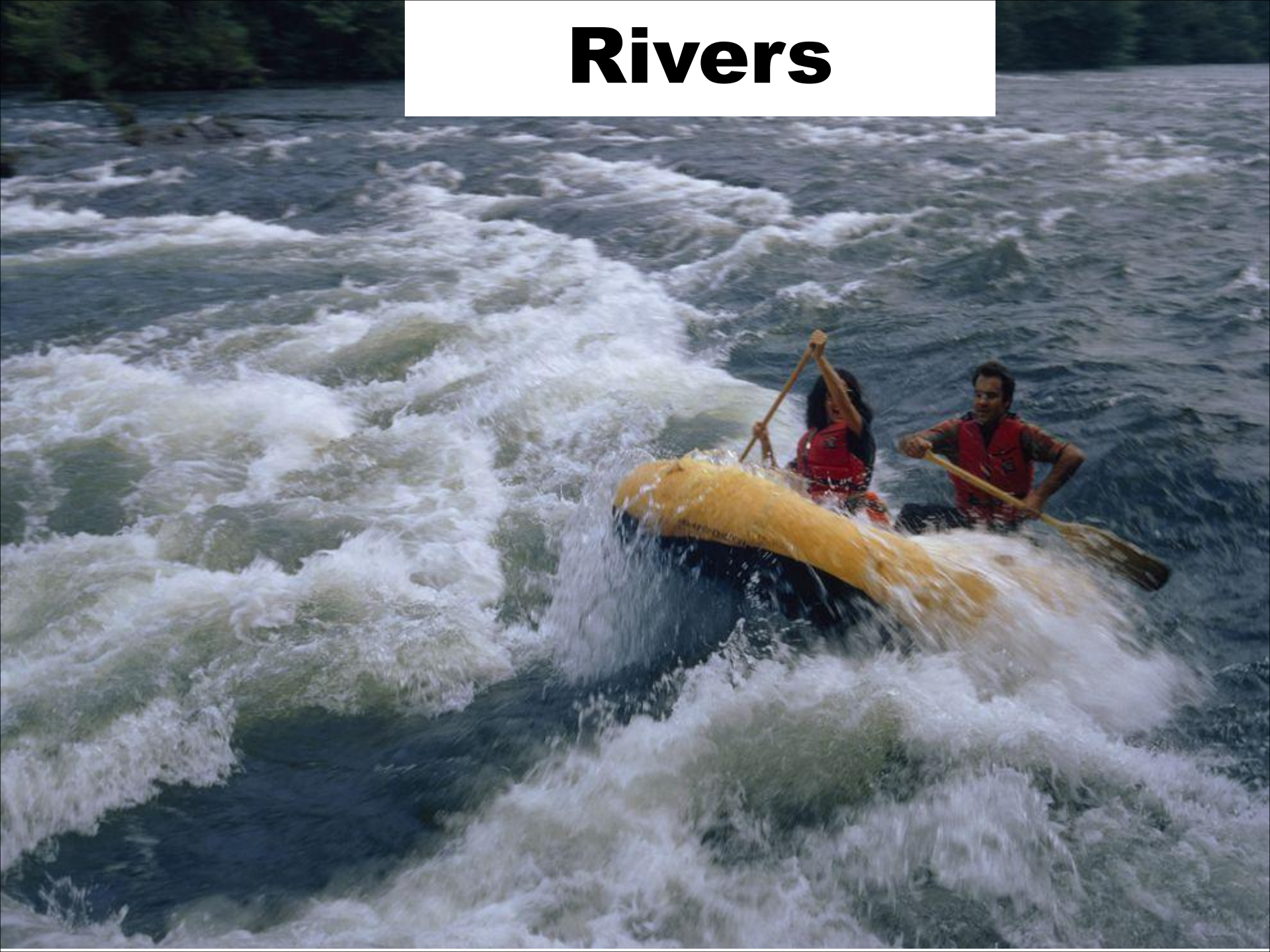




# Lakes



# Rivers



# Dams





# Water tanks



# Fish ponds



# **ACTIVITY**

- **What is near drowning?**
- **Mention any three places where near drowning may occur at home?**
- **Write in full**
  - I. ABC (as used in first aid)**
  - II. ABC (as used in family planning)**

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# **FIRST AID FOR NEAR DROWNING**

**Remove the victim from water**



**This must be done by a skilled person**



**In the absence of a skilled rescuer,  
shout for help**



# Shout for help



## **2. Lay the person on their back and perform chest compressions**



# Perform chest compressions



# 3. Perform rescue breathing



# **Rescue breathing**



**This is also referred to as a giving a  
kiss of life**



**Before giving a kiss of life, ensure that the airways are open**

## **4. Call for a medical worker or take the victim to the hospital**





# **PREVENTION OF NEAR DROWNING**



# **Prevention of near drowning**

- **By wearing a life jacket when travelling on water.**
- **By putting lifeguards around swimming pools to supervise swimming**
- **By using a lifebelt where necessary**
- **By covering water tanks properly.**
- **By joining swimming classes to acquire swimming skills.**
- **Bathtubs should not be left with water.**
- **By fencing fish ponds.**

# Swimming pools should have lifeguards





**Water tanks must be properly covered**



# Acquiring swimming skills





**By wearing a life jacket**





**By using a lifebelt**





# **By fencing fish ponds**



**Bathtubs should not be left with water after use.**



**Drowning is when a person dies due to failure to breathe because the lungs are filled up with water**



**NB**



**There is no first aid for drowning because the victim is already dead**

# **ACTIVITY**

- **Give a difference between drowning and near drowning**
- **What is the importance of the following in reference to near drowning**
  - I. A lifebelt**
  - II. A lifeguard**
  - III. A kiss of life**
- **Why isn't it necessary to give first aid to a drowned victim?**

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