

P.2 P.E SCHEME OF WORK FOR PRIMARY TWO TERM TWO

E.L.O: The child understands and appreciates the importance of common animals / insects

WK	PD	THEME	SUBTHEME	SKILLS	CONTENT	COMPETENCES	METHOD / TECHINIC	ACTIVITIES	INDICATORS OF LIFE SKILLS AND VALUES	L/AIDS	REF	REM
1	1	Our environment	Common animal and birds	Running Catching Singing	Catch your friend's tail **Warm ups** -running on the spot Overhead clapping **Skill teaching** Pupils form a circle, individuals are chosen and given strings to position them for tails -another group is chosen to run and catch the tail while others sing the frog lost its tail '	Learners should be able to -play the game as instructed	Demonstration Explanation	Running Catching Singing	Friendship formation	Strings Whistles	Tr's collection	

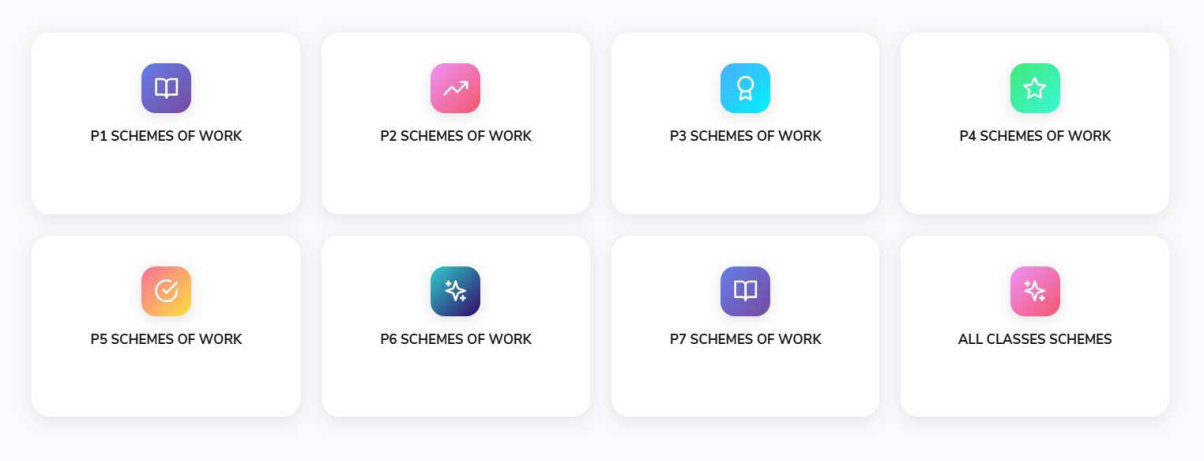
					Cool down Breath in and out							
2	1	Our environment	Common animal and birds	Running and chasing game	The cat and the rat **Warm ups** Frog jumping, aim swimming and keep the basket full **Skill teaching** The cat chases the rat for food. **Cool down** Walking like an old woman Meke- meke- meketa	Learners will perform the skills of the game	Explanation Demonstration	Running Chasing	Self awareness	Whistle	Cultural education Bk 2 page 263	
3	1	Our environment	Common animal and birds	singing clapping	warm ups back to back running away from a snake skill teaching -move around while singing and clapping Cool down Walk like a blind man	Learners will -sing the song -plays and enjoys the game	Explanation Demonstration	Singing Clapping	Cooperation Sharing	Whistle	Teachers collection	
4	1	Our environment	Common animal and birds	Skipping	Rope skipping in pairs warms -under leg clapping -apart together Skill teaching -they pair up and swing the rope as	Learners will -preform the skill for the game	Demonstration Instruction	Skipping		Rope whistles		

					one jumps when steps on the rope she loses Cool down Looking for a lost coin							
E.L.O: The child understands and appreciates the importance of nature and use it creatively in a variety of artistic form												
5	1	Things we make	Things we make at home	Running Hiding Seeking Taping	Hopping races from a point to another and back **<u>Warm ups</u>** Bending to kiss the knee Skill teaching Form two line, hope from one line to the opponents **<u>Cool down</u>** -walking like a boss	Appreciation Participate in the game effectively	Guidance Demonstration		Whistle			
6	1	Things we make	Things we make at home	Running Hiding Seeking Taping	Hide and seek "oh little bow peep" **<u>Warm up</u>** -back to back lift -running away from the burning house Skill teaching Pupils hide, an individual closes eyes and counts to ten and does seeking Cool down	Learners will enjoy the game and participate effectively	Demonstration Explanation	Running Hiding Seeking		Whistle		

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7	1			Making a bridge body	Wheelbarrow race Warm ups -running after a thief -jumping to catch the sky Skill teaching -form pairs, one leg down leaving the leg held by the partner as one uses the arms to move Cool down Walking like a chameleon	Learners will maintain body balance	Demonstration Explanation	Balancing the body	Sharing Cooperation	Whistle	Teachers collection	
E.***L.O: the child shows awareness of things that cause accidents and ways of managing them***												
8	1	Accidents and safety	Causes of common accidents	Fetching water with hands	Warm up Clapping while jumping Skill teaching -form two groups, each participant stands near water and fetch to fill the bottle Cool down Crawl like a baby	Learners will -enjoy the game and practice the skill	Instruction Demonstration Explanation	Fetching the water using hands	creativity care	water bucket bottle	teachers collection	
9	1	Accidents and safet	Causes of common accide	stopping running tapping	warm ups back to back skill teaching pupils form a circle -a player starts the	Learners will be able to practice the skills learnt	Demonstration	Running Tapping	Liove Respect	Whistle	P.E hand book	

		y	nts		game runs around circle and taps a person, they both run competing cool down breath in and out						page 19	
10	1	Accidents and safety	Causes of common accidents	Carrying a baby	Warm ups Running while carrying arms Skill teaching -pupils pain up according to size -one carries the other on the back and them compete Cool down Breath in and out	Learners will -carry and move around carefully	Explanation Demonstration	Carrying Running	Care Friendship formation	Whistles	Tr's collection	
11	1			Rolling Throwing	Warm ups -over head clapping -frog jump Skill teaching -pupils form 2 groups/ teams -they line up parallel, bend with legs apart -The first person roll the ball through the leg to the last person. Cool down Crawling like a baby	Learners will Perform basic skills for the games	Instructions Explanation	Rolling Throwing	Appreciation Co-operation	Ball whistle	Tr's collection	

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