TWINKLE JUNIOR SCHOOL

P.4 SCIENCE SCHEME OF WORK

TERM TWO 2024

TERM II 2024

WK	PD	тнеме	TOPIC	SUB- TOPIC	SUBJECT COMPETENCES	LANGUAGE COMPETENCES	CONTENT	ACTIVITIES	METHODS	AVA	LIFE SKILLS	REF	REM
1		Holiday work Completion of term one work			Reading and writing corrections		HOLIDAY WORK	Drawing diagrams Writing corrections	Group discussion Guided discovery				
2	1	HUMAN HEALTH	Our food	Food	 The learner; Describes sources of food Describes the different ways people get food Discusses the importance of food in the body 	 Tells stories (oral) how people get food in different locations/area s. Writes short notes about the uses and importance of food to the people 	 What food is Where food is got from Ways people get food Why we eat food (5Hs) Uses of food in the body 	• Telling stories about the different ways people get food.	Group discussions Demonstrations	• Local food store • Garden tools	 Creative thinking Effective communicati on Decision making 	Primary Four Science Syllabus pg. 11 Fountain Scie. Bk 4 Comprehensive Bk 4	
	2	HUMAN HEALTH	Our food	Classes of food	Identifies classes of food Identifies the values of food from the mentioned classes Describes the uses of food values to the body	Names the classes of food Writes and spells the words correctly Writes short notes about the classes and values of food	 CLASSES OF FOOD Carbohydrates Proteins, fats & oils Vitamins, Water, roughages Sources of proteins 	Naming different food stuffs Grouping food stuffs	Discussion Guided discovery	Posho Beans Millet Oranges Apples	Creative thinking Decision making	P.4 Scie syllabus Fountain Scie. Bk 4 Comprehensive Bk 4	
	3	HUMAN HEALTH	Our food	Classes of food	Identifies classes of food -Identifies the values of food from the mentioned classes -Describes the uses of food values to the	Names the classes of food Writes and spells the words correctly Writes short notes about the classes and values of food	 Carbohydrates and vitamins. Their sources. Their uses in the body. 	Naming different food stuffs Grouping food stuffs	Discussion Guided discovery	Posho Beans Millet Oranges Apples	Creative thinking Decision making	P.4 Scie syllabus Fountain Scie. Bk 4 Comprehensive Bk 4	

4	HUMAN	Our	Classes	body	Names the	• Types of	Naming	Discussion		Creative	P.4 Scie
And 5	HEALTH	food	of food	classes of food -Identifies the values of food from the mentioned classes -Describes the uses of food values to the body	classes of food Writes and spells the words correctly Writes short notes about the classes and values of food	vitamins • Their sources • Importance • Their deficiencies	different food stuffs Grouping food stuffs	Guided discovery	Beans Millet Oranges Apples	thinking Decision making	syllabus Fountain Scie. Bk 4 Comprehensive Bk 4

	6	HUMAN HEALTH	Our food	Classes of food	Identifies classes of food -Identifies the values of food from the mentioned classes -Describes the uses of food values to the body	Names the classes of food Writes and spells the words correctly Writes short notes about the classes and values of food	Fats and oils Their sources and use Mineral salts Their examples and uses	Naming different food stuffs Grouping food stuffs	Discussion Guided discovery	Beans Millet Oranges Apples	Creative thinking Decision making	P.4 Scie syllabus Fountain Scie. Bk 4 Comprehensive Bk 4
	7	HUMAN HEALTH	OUR FOOD	Balanced diet	Briefly explain a balanced diet List down components of a balanced diet.	Write down names of different dishes	 BALANCED DIET Meaning Components of a balanced diet Uses of water in the body . 	Sorting food stuffs	Explanations Experiments Discussions	Oranges Drinking water Fish eggs	Creative thinking Critical thinking	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4
3	1	HUMAN HEALTH	OUR FOOD	Balanced diet	Briefly explain a balanced diet List down components of a balanced diet.	Write down names of different dishes	 Roughages or fibre Meaning Uses of roughage in the body. Sources of roughage 	Sorting food stuffs	Explanations Experiments Discussions	Oranges Drinking water Fish eggs	Creative thinking Critical thinking	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4

2	HUMAN HEALTH	Our food	Deficiency diseases	List examples of deficiency diseases Suggest the signs and symptoms of deficiencies	Writes short sentences about deficiency diseases Pronounce different words correctly	DEFICIENCY DISEASES • Meaning and causes of deficiency • Kwashiorkor • Marasmus • Their signs and symptoms. • Control measures.	Listing examples of deficiency diseases Describing signs and symptoms of diseases	Group discussion Guided discovery	Text books Chart showing signs of some deficiency diseases	Effective communication Critical thinking Empathy	Fountain Scie. Bk 4 Comprehensive Bk 4
3	HUMAN HEALTH	Our food	Deficiency diseases	List examples of deficiency diseases Suggest the signs and symptoms of deficiencies	Writes short sentences about deficiency diseases Pronounce different words correctly	DEFICIENCY DISEASES • Anaemia • Goitre • Their signs and symptoms. • Control measures.	Listing examples of deficiency diseases Describing signs and symptoms of diseases	Group discussion Guided discovery	Text books Chart showing signs of some deficiency diseases	Effective communication Critical thinking Empathy	Fountain Scie Bk 4 MK Integrated Scie Bk 4
4	HUMAN HEALTH	OUR FOOD	Food handling	Identify ways of proper handling food	Recites rhymes about proper handling of food	HANDLING OF FOOD • Proper handling of food • Bad ways of food handling	Describing ways of handling food	Demonstration Discussion	Clean plates Clean sauce pans		MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4
5	HUMAN HEALTH	OUR FOOD	Food contamination	 Suggest ways food gets contaminate d. Give ways of preventing food contaminati on 	Writes notes about food contaminatio n	Food contamination • Meaning • Ways food gets contaminated. • Dangers of food contamination. • Prevention of food contamination.	Washing utensils Washing hands before handling food.	Guided discovery Group discussion	CupsPlatesSauce pans	Empathy Creative thinking	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4

6	HUMAN HEALTH	OUR FOOD	Eating habits	• Give examples of good and bad eating habits.	• Reads short sentences about eating habits	 EATING HABITS Good eating habits. Bad eating habits Dangers of bad eating habits 	Eating foodWashing hands	Demonstration Explanation	Pop corns	Decision making Empathy	Fountain Scie. Bk 4 Comprehensive Bk 4
7	HUMAN HEALTH	OUR FOOD	Food preservation	List down methods of preserving food	Writes methods of food preservation	Food preservation • Meaning • Why people preserve food • Methods of preserving food • Methods of preparing food	 Drying food under the sun Preparing simple dishes 		MaizeBeansBananas	 Critical thinking Decision making 	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4

HUMAN HEALTH FOOD Food security • Give the importance of food security. • Give the importance of food security. • Meaning • Importance of food security • Topical questions • Answering simple questions • Maize • Millet • Millet • Millet • Millet • Creative thinking • Millet • Millet • Millet • Moration of food security • Moration of food security • Topical questions • Answering simple questions • Maize • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Millet • Millet • Maize • Millet • Millet • Millet • Maize • Millet • Millet • Maize • Millet • Millet • Millet • Millet • Maize • Millet • Millet	WK	PD	ТНЕМЕ	TOPIC	SUB- TOPIC	SUBJECT COMPETENCES	LANGUAGE COMPETENCES	CONTENT	ACTIVITIES	METHODS	AVA	LIFE SKILLS	REF	REM
	4	1			Food	• Give the importance of	Write and read importance of	FOOD SECURITY • Meaning • Importance of food security	simple	• Explanations	I		Scie Bk 4 Fountain Scie. Bk 4 Comprehensive	

2 And 3	HUMAN BODY	HUMAN BODY ORGANS	Body organs	Lists the major body organs.	Reads and writes names of body organs.	MAJOR ORGANS OF THE BODY Examples of body organs Eyes Nose Ears Stomach Brain Skin Liver Lungs Heart Kidney Urinary bladder	Drawing body and showing the position of the brain.	Group discussion	Chart showing body organs	Self esteem Self awareness	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
4	HUMAN BODY	HUMAN BODY ORGANS	Brain	• State the function of the brain.	Reads and writes names of body organs.	 BRAIN Location in the head. Functions of the brain Brain disorders Brain diseases Keeping brain healthy 	Drawing body and showing the position of the brain.	Group discussion	Chart showing body organs	Self esteem Self awareness	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
5	HUMAN BODY	HUMAN BODY ORGANS	Stomach	• Suggest ways of keeping the stomach healthy.	Pronounce s the name of body organs.	 STOMACH Location in the body Functions of the stomach Disorders of the stomach Diseases of the stomach Keeping the stomach healthy 	Labeling the major body organs.	Guided discovery	Chart showing body organs	 Decision making Self esteem 	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
6	HUMAN BODY	HUMAN BODY ORGANS	Eyes	List down diseases of eyes.	Writes and reads short sentences about functions of body organs.	EYES • Location in the body • Functions of eyes • Disorders of eyes	Writing notes	Discussion	Chart showing body organs	Self esteemSelf awareness	Introduction to biology Fountain Scie. Bk 4 Comprehensive

					Diseases of eyesKeeping eyes healthy					Bk 4
7	HUMAN BODY	HUMAN BODY ORGANS	Ears	State the functions of ears.	EARS • Location in the body • Function of ears • Disorders of ears • Diseases of ears • Keeping ears healthy	Listening to sounds	Demonstration	Chart showing body organs	 Creative thinking Self esteem 	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4

5	1	HUMAN BODY	HUMAN BODY ORGANS	Liver	Give the function of the liver.	• Writes notes about the functions of the liver.	LIVER • Location in the body • Functions of the liver • Disorders of the liver • Keeping the liver healthy	Answering questions about the liver.	• Group discussion	Chart showing body organs	Self esteem Self awareness	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
	2 And 3	HUMAN BODY	HUMAN BODY ORGANS	Kidneys	State the location of the kidneys in the body.	• Reads and answers simple questions about functions of kidneys.	KIDNEYS AND THE URINARY BLADDER • Location in the body • Functions of the kidneys • Disorders of the kidneys. • Diseases of the kidneys • Keeping kidneys healthy	Draw the human body and showing positions of the kidneys.	• Experimentation	Chart showing body organs	Creative thinkingSelf esteem.	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
	4	HUMAN BODY	HUMAN BODY	Nose	Suggest ways of	Names the body	NOSE • Location in the	Breathing in and	Demonstration	Chart showing	• Critical thinking.	MK Integrated Scie Bk 4

		ORGANS		keeping the nose healthy.	organs in local language and in English	body • Functions of nose • Disorders of nose • Diseases of nose • Keeping the nose healthy	out	Guided discovery	body organs	• Self awareness.	Fountain Scie. Bk 4 Comprehensive Bk 4
5	HUMAN BODY	HUMAN BODY ORGANS	Lungs	Mention diseases of lungs	Reads and writes diseases of lungs	LUNGS Location in the body Function of lungs Disorders of lungs Diseases of lungs Keeping lungs healthy	Breathing in and out.	Discussion	Chart showing body organs	Self awarenessSelf esteem	MK Integra-ted Scie Bk Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
6	HUMAN BODY	HUMAN BODY ORGANS	The heart	• Give the function of the heart	• Reads and writes diseases of the heart	THE HEART • Location in the body • Function of heart • Disorders of heart • Diseases of the heart	• Running and feeling the heart	Discussion	Chart showing body organs	 Critical thinking Self awareness	Fountain Scie. Bk 4 Comprehensive Bk 4

7	HUMAN BODY	BODY	Respiratio n	 List down respiratory 	• Writes and reads	• Meaning	• Reading text books	• Group discussion	showing	Decision making	Introduction to	
		ORGANS		organs	short sentences	Respiratory organs	Writing notes	Guided discovery	body organs	• Self	biology	
						• The process of respiration				esteem	Fountain Scie. Bk 4	
						Importance of respiration				• Self awareness	Comprehensive Bk 4	

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7	1	HUMAN BODY	HUMAN BODY ORGANS	Blood circulatio n	State the meaning of blood circulation.	• Pronounc es the word circulation	BLOOD CIRCULATION • Meaning • Organs of blood circulation • The process of blood circulation • Importance of blood circulation	 Reading text books Writing notes. 	Group discussion Guided discovered.	Chart showing body organs	 Decision making Self esteem Self awarenes s 	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
	2	HUMAN BODY	HUMAN BODY ORGANS	Excretion	• Give the respiratory products	• Spells and writes excretory organs	EXCRETION (skin) • Meaning • Excretory organs • Process of excretion • Importance of excretion • Use of the skin • Diseases of the skin • Care for the skin.	Answering question	Explanation Group discussion	Chart showing body organs	 Creative thinking Self awarenes s 	Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
	3	HUMAN BODY	TEETH	Sets of teeth	• Identify sets of teeth	• Reads and writes words about oral health	 SETS OF TEETH Milk teeth Permanent teeth Dental formula for humans 	• Drawing teeth	Experimentation Guided discovery	Teeth	• Self awarenes s	MK Integra-ted Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4

	4 And 5	HUMAN BODY	ТЕЕТН	Types of teeth	Describes the types of teeth	• Draws different types of teeth.	TYPES OF TEETH Canine, molar, pre-molar, incisor Functions of each Adaptation of each tooth.	Matching different teeth	Experimentation Guided discovery	Teeth	Self esteemSelf awarenes s	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4
	6	HUMAN BODY	ТЕЕТН	The structure of a tooth	State the possible ways of caring for our teeth.	Draws and names parts of a tooth.	STRUCTURE OF A TOOTH • Parts of a tooth	• Drawing types of teeth	Demonstration Experimentatio n	Chart showing parts a tooth	Critical thinking Creative thinking	MK integrated Scie Bk 4 Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
	1 1	HUMAN BODY	ТЕЕТН	The structure of a tooth	State the possible ways of caring for our teeth.	Draws and names parts of a tooth.	Functions of the parts.	• Drawing types of teeth	Demonstration Experimentatio n	Chart showing parts a tooth	Critical thinkingCreative thinking	MK integrated Scie Bk 4 Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4
8		HUMAN BODY	ТЕЕТН	The structure of a tooth	State the possible ways of caring for our teeth.	Draws and names parts of a tooth.	Care for teeth Disorders of teeth Diseases of teeth	• Drawing types of teeth	Demonstration Experimentatio n	Chart showing parts a tooth	Critical thinkingCreative thinking	MK integrated Scie Bk 4 Introduction to biology Fountain Scie. Bk 4 Comprehensive Bk 4

3	HUMAN HEALTH	Sanitation	Proper sanitation	Suggest ways of promoting good sanitation	• Reads and writes sentences on good sanitation	• Meaning • Importance of good sanitation • Items used to promote sanitation • Things found in a clean healthy home • Ways of promoting good sanitation.	 Sweeping compound Picking rubbish Burning rubbish 	 Demonstration Group discussion Nature walk 	Brooms Match box Dust bins	 Effective communi cation Problem solving 	Fountain Scie Bk 4 MK integrated Scie Bk 4 & 3 Comprehensive Bk 4
4	HUMAN HEALTH	Sanitation	Germs and diseases	Briefly explain germs	• Reads and writes types of germs	GERMS AND DISEASES • Meaning of germs • Examples of germs • Where germs are found • Spread of germs.	Picking rubbish	Group discussions Guided discovery	Dust bins Brooms Food	 Decision making Self awarene ss 	Fountain Scie Bk 4 Comprehensive Bk 4
5	HUMAN HEALTH	Sanitation	Germs and diseases	Briefly explain germs	• Reads and writes types of germs	THE 4 F S CONTROL OF THE SPREAD OF GERMS.	• Picking rubbish	 Group discussions Guided discovery	Dust bins Brooms Food	Decision makingSelf awarene ss	Fountain Scie Bk 4 Comprehensive Bk 4
6	HUMAN HEALTH	Sanitation	Rotting	Explain how rotting takes place	Reading and writing sentences	ROTTING • How it takes place • Uses of rotting • Dangers of rotting	Collecting rubbish	Experimentation	Rubbis h Water Left over food	 Effective commun ication Creative thinking 	MK Integrated Scie Bk 4 Fountain Scie. Bk 4 Comprehensive Bk 4
7	HUMAN HEALTH	SANITATI ON	Diseases caused by germs	• List down some diseases caused by germs.	Reading and writing diseases.	DISEASES CAUSED BY GERMS • Eye diseases • Intestinal diseases • Skin diseases	Reading text books	Group discussion	• Text books	Critical thinkingSelf esteem	Fountain Scie Bk 4 Comprehensive Bk 4

	Respiratory diseases Disease and their vectors.							
REVISION BEGINS								